

Spatiotemporally-Resolved Air Exchange Rate as a Modifier of Acute Air Pollution-Related Morbidity in Atlanta

Jeremy A. Sarnat, ScD¹
Stefanie Ebel Sarnat, ScD¹
W. Dana Flanders, PhD¹
Howard H. Chang, PhD¹
James Mulholland, PhD²
Lisa Baxter, ScD³
Vlad Isakov, PhD³
Halûk Özkaynak, PhD³

¹Emory University, Atlanta, GA

²Georgia Institute of Technology, Atlanta, GA

³National Exposure Research Laboratory, US Environmental Protection Agency, RTP, NC

Corresponding Author:

Jeremy A. Sarnat
Department of Environmental Health
Rollins School of Public Health - Emory University
1518 Clifton Road, NE - Rm 2035
Atlanta, GA 30322
Tel: 404-712-9725
Fax: 404-727-8744
jsarnat@emory.edu

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36

37 **ABSTRACT**

38 Epidemiological studies frequently use central site concentrations as surrogates of exposure to air
39 pollutants. Variability in air pollutant infiltration due to differential air exchange rates (AERs) is
40 potentially a major factor affecting the relationship between central site concentrations and actual
41 exposure, and may thus influence observed health risk estimates. In this analysis, we examined AER as
42 an effect modifier of associations between several urban air pollutants and corresponding emergency
43 department (ED) visits for asthma and wheeze during a four-year study period (January 1999- December
44 2002) for a 186 ZIP code area in metro Atlanta. We found positive associations for the interaction
45 between AER and pollution on asthma ED visits for both CO and NO_x indicating significant or near-
46 significant effect modification by AER on the pollutant risk ratio estimates. In contrast, the interaction
47 term between PM_{2.5} and AER on asthma ED visits was negative and significant. However, alternative
48 distributional tertile analyses showed PM_{2.5} and AER epidemiological model results to be similar to those
49 found for NO_x and CO (namely, increasing RRs with increasing AERs when ambient PM_{2.5}
50 concentrations were below the highest tertile of their distribution). Despite the fact that O₃ was a
51 strong independent predictor of asthma ED visits in our main analysis, we found no O₃ - AER effect
52 modification. To our knowledge, our findings for CO, NO_x, and PM_{2.5}, are the first to provide an
53 indication of short-term (i.e., daily) effect modification of multiple air pollution-related risk associations
54 with daily changes in AER. While limited to one outcome category in a single large urban locale, the
55 findings suggest that the use of relatively simple and easy-to-derive AER surrogates may reflect
56 intraurban differences in short-term exposures to pollutants of ambient origin.

INTRODUCTION

Previous air pollution exposure panel studies have investigated the relationships between ambient concentrations and personal exposures with the goal of validating the use of ambient concentrations as surrogates of population exposures {Ebelt, 2005 #32;Janssen, 2002 #29;Meng, 2005 #6;Sarnat, 2000 #31}. Among the findings from these studies has been that the fraction of ambient pollution penetrating and remaining airborne indoors (i.e., infiltration factor) can vary considerably by home and pollutant. Estimates of infiltration for fine particulate matter ($PM_{2.5}$), for example, have been shown to range from approximately 0.3 to 1.0 {Özkaynak, 1996 #12}. Results from the RIOPA study of over 250 measurements in New Jersey, Texas, and California showed that, on average, approximately 60% of indoor $PM_{2.5}$ levels were comprised of $PM_{2.5}$ that infiltrated from outdoors {Hodas, 2012 #90;Meng, 2005 #6}. These findings are noteworthy since most individuals spend the majority (~90%) of their time indoors and, consequently, exposures to ambient air pollutants occur for many people while indoors {Klepeis, 2001 #89}. Understanding the infiltration characteristics of ambient pollutants, therefore, is a necessary step for accurately assessing personal exposures to ambient pollutants.

Studies conducted under controlled conditions highlight the importance of home ventilation as a central determinant of the fraction of pollution infiltrating indoors {Liu, 2001 #35;Liu, 2003 #36;Long, 2001 #37;Thatcher, 1995 #23}. Ventilation is commonly expressed as the air exchange rate (AER), or the number of times an indoor air volume is replaced with outdoor air within an hour, and is related to several factors including building envelope construction, building age, and specific meteorological conditions {Chan, 2003 #4;Persily, 2010 #34;Sherman, 2004 #21}. Previous indoor and personal exposure assessment panel studies have observed considerable seasonal, between-home and between-city variability in residential pollutant infiltration {Baxter, 2006 #39;Long, 2004 #38;Meng, 2005 #6;Zota, 2005 #27}, likely as a result of differences in home ventilation, or AER, across the homes within each panel.

Variability in home ventilation and pollutant infiltration patterns across a locale may contribute to intraurban exposure variability, and thus have considerable implications for epidemiologic studies that use ambient monitors as surrogates of personal exposures. For studies of acute health effects, for example, day-to-day or seasonal differences in the fractional contribution of ambient concentrations to personal exposures may lead to increased exposure error in studies that use ambient monitoring sites as surrogate for exposure. Evidence of error can be seen in inflated standard error estimates, reduced model power or biased estimates of risk depending on the distribution of this component of exposure variability {Meng, 2005 #7;Zeger, 2000 #26}. Similarly, in chronic epidemiology, the use of ambient monitor surrogates may introduce bias into the observed risk estimates if the average exposure–surrogate relationship varies by city. Several epidemiologic studies that have modeled pollutant spatial heterogeneity have demonstrated the importance of characterizing sources of long-term intraurban exposure variability {Hoek, 2002 #41;Jerrett, 2005 #28;Poulstrup, 2004 #15}. In some of these analyses, the use of spatially-resolved exposure estimates resulted in improved analytical power over the use of a single ambient monitor, attributed to a reduction in exposure misclassification.

To date, only a few studies have examined whether variability in residential ventilation conditions may modify observed acute air pollution-mediated health risk {Chen, 2012 #1;Chen, 2012 #99;Hodas, 2012 #90;Levy, 2005 #5}. In a meta-analysis examining ozone exposures and daily mortality over 27 cities, for example, we found a modest inverse relationship between health effect estimates and city-specific air-conditioning prevalence, a surrogate of ventilation {Baxter, 2006 #39;Levy, 2005 #5}. Differences in residential AER within a city may be comparable to those between cities, and may thus be equally, or more important to consider as a source of exposure variability in single-city epidemiologic studies. For acute single-city studies (e.g., time-series studies without intra-urban characterization), temporal variations in AER, driven primarily by changes in several meteorological factors that affect indoor-outdoor air mass movement, adds further complexity to AER as a source of exposure variability.

To examine these issues, we estimated spatiotemporal variability in residential AER within the metropolitan Atlanta area with the goal of testing the hypothesis that geographical and temporal sources of exposure variability explain heterogeneity in estimated epidemiologic associations between air pollution and acute asthma emergency department visits.

METHODS

We examined associations between several urban air pollutants and corresponding emergency department (ED) visits for asthma and wheeze ('asthma'; International Classification of Diseases 9th revision codes: 493, 786.07) during a four-year study period (January 1999- December 2002) for a 186 ZIP code area in metro Atlanta. For this analysis, we selected asthma visits exclusively, since associations between several pollutants and this outcome category have been previously shown to exhibit robustly positive and significant epidemiologic associations in Atlanta {Peel, 2005 #14; Strickland, 2010 #30}. As such, these models were optimal for an initial assessment of potential effect measure modification.

The pollutants of interest were carbon monoxide (CO) and nitrogen oxides (NO_x), which we believe are primarily surrogates of local, traffic pollutant sources in Atlanta; ozone (O₃), a regional pollutant with typically elevated annual concentrations in the southeast; and fine particulate matter (PM_{2.5}), which for Atlanta is comprised of a mixture of both regional pollutants (i.e., sulfate) as well as local source contributions (i.e., elemental carbon). A spatial surface of daily ambient pollutant concentrations for the geographic study domain was generated using a hybrid modeling approach that fused spatially-interpolated background pollutant concentrations and the local-scale air quality model AERMOD output for the 186 ZIP code centroids. AERMOD is a Gaussian plume dispersion model that utilizes information on local emission sources (from the 2002 National Emissions Inventory) and local meteorological conditions (from the Atlanta Hartsfield International Airport and ambient monitoring sites) to estimate

spatially-resolved daily pollutant concentrations. Thus, for every day during the time-series, we generated a pollutant estimate for each ZIP code centroid, used in the health effect models as the exposure metric for subjects living within the ZIP code. For Atlanta, we found that output from this model was more representative of pollutant spatial distributions observed from the multisite network than stationary ambient monitoring alone, while providing complete coverage for the modeling domain. Details of this modeling approach and comparisons with alternative methods for assigning population exposures for Atlanta are presented in a companion paper (Sarnat SE et al 2012).

Estimating AER. For this analysis, we used a relatively simple AER estimation technique based on publicly accessible data (e.g., Census records, meteorological station measurements) which could increase its use broadly in epidemiologic settings as compared to more time- and field-intensive approaches. Specifically, we modified a method derived from surveys assessing US building ventilation and leakage characteristics {Breen, 2010 #33;Chan, 2005 #3;Chan, 2003 #4}. This method is based on empirical relationships between direct and indirect predictors of AER collected from field surveys, and includes parameters that can vary spatially- and temporally across a geographic area {Baxter, 2006 #39;Chan, 2003 #4;Murray, 1995 #10;Pandian, 1993 #13;Sherman, 2004 #21;Sherman, 2002 #22;Weisel, 2005 #87}. Spatially-varying AER predictors that do not exhibit daily changes for a given home include the year a structure was built, as well as its size {Chan, 2003 #4;Sherman, 2002 #22}. Newer homes are generally more tightly sealed with lower AERs due to modern methods for constructing and sealing building envelopes {Chan, 2005 #3;Persily, 2010 #34}. Similarly, larger houses typically have higher AERs compared to smaller houses, since they contain a greater surface area for leaks to develop {Chan, 2003 #4}. A second component of AER consists of factors that exhibit variation over time. These include opening and closing windows and ambient-indoor temperature gradients {Wallace, 2005 #86;Weisel, 2005 #87}, which induce movement across building envelopes via the ‘stack effect’, and wind speed {Haghighat, 2000 #106}.

Spatially, we estimated AERs at the ZIP code level to correspond to the spatial resolution of the ED visit data. For the 186 ZIP codes in the Atlanta study area, we first estimated mean ‘normalized leakage area’ for homes. Normalized leakage (NL) is a unitless value that describes leakage area per exposed envelope area for different building types. Most single-family homes have NL values between 0.2 – 2 {Chan, 2003 #4}. We used empirically-derived regression equations to estimate the NL values in the study domain {Chan, 2003 #4}. These equations are based on relationships between home size (in m²) and age (in year built) and differ according to whether a residence is classified as either a conventional or low income home and expressed as:

$$\text{Normalized Leakage for Low Income Homes} = e^{11.4 + (-0.0007 * \text{Median Year Built}) + (-0.0002 * m^2)} \quad (1)$$

$$\text{Normalized Leakage for Conventional Homes} = e^{10.5 + (-0.0007 * \text{Median Year Built}) + (-0.0002 * m^2)} \quad (2)$$

The weighted contribution of Eq 1 and 2 to total ZIP code NL was based on the fraction of low income residences within a given ZIP code, using 1999 Census data on median household incomes. Households with a 1999 Median Household Income less than one half the median (median: \$41,994) were classified as low income {Krieger, 2003 #88}. Information for ‘Median Year Built’ by ZIP code was also obtained from 1999 Census data.

Median home size by ZIP code is not published in the US Census. To address the limitation, we used data from the 2004 American Housing Survey (AHS) for metropolitan Atlanta pertaining to the distribution of ZIP code-resolved median rooms per residence, along with empirical values for mean area per room to estimate median household area by ZIP code (U.S. Department of Commerce, 2004). For residences with fewer than three rooms, interpolated values were estimated using linear regression.

Predictors of AER that may vary temporally include indoor-outdoor temperature differences, which can induce infiltration via stack effect air movement and wind speed {Sherman, 1986 #92}. After estimating NL, we estimated daily AERs by ZIP code as {Chan, 2003 #4}:

$$176 \quad AER = \frac{NL}{1000H} \left[\frac{2H}{H} \right]^{0.3} s \quad (3)$$

177

178 where NL is the normalized leakage values estimated using Equations 1 and 2; H is building height (in m).

179 For floor areas $> 92 \text{ m}^2$, H was estimated at 3 m, as has been the convention used in other published

180 analyses using this algorithm {Chan, 2005 #3}. For these models, 's' is an infiltration rate defined as

181 function of various physical factors:

182

$$183 \quad s = \sqrt{f_s^2 * (T_{in} - T_{out}) + f_w^2 * u^2} \quad (4)$$

184 where ' T_{in} ' is an assumed constant indoor temp of 290 degrees K; ' T_{out} ' is a mean daily ambient

185 temperature reading obtained from Hartsfield-Jackson Airport (in K); ' u ' is the mean 24h wind speed (in

186 m/sec) also obtained from Hartsfield-Jackson; ' f_s ' is a stack coefficient estimated as:

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$$188 \quad f_s = \sqrt{\frac{1 + \frac{R_{fac}}{2}}{2} * \left(\frac{1 - X_{fac}}{2 - R_{fac}} \right)^{\frac{2}{3}} * grav * \frac{H}{T_{ref}}} \quad (5)$$

189

190 where ' R_{fac} ' is the fraction of total leakage from floors and ceilings and assumed to be 0.5 for these

191 analyses; ' X_{fac} ' is the difference between the leakage from a ceiling compared to that from a floor and

192 assumed to be 0.25; ' $grav$ ' is the Earth's gravitational force = 9.8 m/sec²; and ' T_{ref} ' is a reference

193 temperature of 298 K); and ' f_w ' is a wind coefficient estimated as:

$$C_{fac} * (1 - R_{fac})^{1/3} * A_{fac} * \left(\frac{H}{10} \right)^{2f_{ac}} \quad (6)$$

1 where ' C_{fac} ' is a parameter developed by the Lawrence Berkeley National Laboratory related to wind

2 shielding from obstructions around a home. Values for C_{fac} range from 0.11 for homes with large

3 obstructions around its perimeter, to 0.34 for residences with no surrounding obstructions. Here, we

assumed a C_{fac} value of 0.19. A_{fac} and B_{fac} represent the geophysical terrain around a residence. For the current analyses, we assumed a terrain consistent with urban, industrial, or forest areas and A_{fac} and B_{fac} values of 0.67 and 0.25, respectively.

Twenty-four hour average daily wind speed measurements and ambient temperatures were obtained from a meteorological station located at Hartsfield-Jackson airport and applied across all study homes. Therefore, the temporal variability across ZIP codes in their respective daily AER estimates (i.e., expressed as ZIP code-specific coefficients of variation [CVs]) are identical. Moreover, our use of this simplifying assumption likely resulted in lower spatiotemporal variability in the data than truly exists, where spatial changes in temperature and true wind speed on individual homes is undoubtedly more variable.

Health effect analyses. Epidemiologic analyses of the ED data were conducted using a spatially-resolved time-series approach. The association between daily measures of air pollution and daily counts of asthma ED visits in each ZIP code was modeled using Poisson generalized linear models (GLM).

$$\log(E(Y_{kt})) = \alpha + \beta pollution_{kt} + \sum_k \lambda_k ZIP_{kt} + \sum_m \lambda_m DOW_{kt} + \sum_n \nu_n hospital_{nt} + g(\gamma_1, \dots, \gamma_N; time_t) + \sum_o \xi_o I0temp_{ot} + \eta_1 dewpt_t + \eta_2 dewpt_t^2 + \eta_3 dewpt_t^3 + \delta_1 temp_t + \delta_2 temp_t^2 + \delta_3 temp_t^3 + \gamma_1 spring + \gamma_2 summer + \gamma_3 autumn \quad (7)$$

where Y_{kt} is the count of asthma related ED visits in ZIP code k on day t . For each pollutant (*pollution*), a three-day moving average (of 0-, 1-, and 2-day lags) was used as the *a priori* lag structure. Each model included the daily, modeled ZIP code-specific pollutant concentrations derived using the hybrid modeling approach described above. The geographical area (*ZIP*), from which ED counts were spatially aggregated, was represented by indicator variables and modeled as fixed effects. The models included dummy variables for season (*spring*, *summer*, *autumn*), day of week and holidays (*DOW*). Hospital dummy variables (*hospital*) accounted for the entry and exit of hospitals during the study period. Long-term trends and seasonality in case presentation rates (*time*) were controlled with

parametric cubic splines, $g(\gamma_1, \dots, \gamma_N; x)$, with monthly knots. Meteorological effects were modeled using indicator variables for lag 0 maximum temperature (for each degree Celsius) and a cubic term for the moving average of dew point (lags 0, 1, and 2). Cubic terms for the moving average of minimum temperature (lags 1 and 2) were also included for meteorological control.

Both daily- and long-term trends in AER may influence exposures to ambient pollution and subsequent health risk. Correspondingly, we examined the potential effect of AER on the pollutant-specific epidemiologic associations using models: a) stratifying by median AERs; b) including AER-pollutant product terms; and c) through tertile analyses based on both the pollutant and AER distributions.

Stratified analyses. As an assessment of the potential influence of spatial differences in AERs on the overall model results, we conducted stratified analyses by categorizing ZIP codes as being ‘Low’ or ‘High’ AER areas (defined by the ZIP code specific median AER being above or below the 50th percentile) (*‘stratified models’*). For these models, ZIPs with median AERs $< 0.247 \text{ hr}^{-1}$ were categorized as being ‘Low AER’ ZIPs, as those with median AERs $> 0.247 \text{ hr}^{-1}$ were ‘High AER’ ZIPs. We then ran separate timeseries models (Eq 1) for each of the AER strata. Since these strata reflect central tendencies and include no daily indicators of change in AERs, heterogeneity among the strata in RRs can be interpreted as representing longer term differences in pollutant risks by AERs.

The AER estimates contain several parameters that may serve as surrogates of other potential confounders (i.e., home size as a surrogate of socioeconomic status [SES]). To address this potential bias, we conducted analyses further stratifying low and high AER ZIP codes into low and high poverty sub-strata. From Census 2000 data, we used % below poverty as our primary indicator of aggregate-level SES in the AER analyses, based on previous research in this field {Krieger, 2003 #88}. Using this approach, we might expect that potential confounding of AER by SES would be minimized within a given poverty-AER strata.

Interaction term analyses. As our primary analytical approach examining potential AER effect modification, we supplemented Eq 1 with an AER main effect as well as a pollutant*AER interaction term along with all other covariates. For these analyses, since the models included ZIP code as a fixed effect, model coefficients functionally describe effect modification due to within-ZIP code temporal trends in air pollution solely. As such, the results controlled for potential confounding in baseline risks from spatially-varying factors (e.g., between-ZIP differences in SES).

Tertile analyses. Finally, to further examine the direction and strength of association in the exposure-response relationships across the range of observed values, we estimated the joint effects of AER and pollution by their tertiles. For these models, we classified each day during the four year timeseries as being either a low, moderate or high pollutant day based on the distribution of the respective pollutants; as well as a low, moderate or high AER day. Thus, each day and the corresponding asthma ED visits fell into a 3 x 3 pollutant-AER matrix. We then included nine indicator terms for each of the pollutant and AER tertiles combinations along with the other covariates as independent variables in Eq 1.

RESULTS

Between 1999 and 2002, the grand median AER across 186 ZIP codes in the metropolitan Atlanta area was 0.25 hr^{-1} and ranged from 0.168 hr^{-1} to 0.371 hr^{-1} for individual ZIP codes (Figure 1). Daily pollutant concentrations and variability were typical during this four year period for Atlanta (Table 1). The within-ZIP code coefficient of variation (CV) in AERs due to temporal changes was 36.7%, compared to a between-ZIP code CV in median daily AERs of 17%. Each of the pollutant distributions were weakly, yet negatively temporally correlated with corresponding AER (Table 2), which was expected due to the joint countervailing effects of wind speed on increasing AERs (Eq 5), while also increasing horizontal dispersion and atmospheric dilution leading to reduced ambient pollutant concentrations. As expected

given their shared primary emission sources, NO_x and CO were strongly correlated with each other (mean $r_s = 0.93$)(Table 2). O₃ was also moderately and positively correlated with PM_{2.5} (mean $r_s = 0.51$).

We examined correlations between several ambient temperature metrics and corresponding daily AER to assess the potential that observed variability in AERs may be truly reflecting variability in this potential confounder of air pollution health effects. Despite the inclusion of ambient temperature as an input parameter within the AER estimation algorithm (Eq 5), observed AERs were generally weakly and negatively correlated with three-day moving averages, maximum and minimum temperatures (Spearman's $r (r_s) = -0.16, -0.29, \text{ and } -0.19$, respectively). The inverse correlations suggest that as ambient temperature extremes deviated from our assumed indoor temperature constant (20 degrees C), AERs decreased. This finding is not consistent with our *a priori* expectations of enhanced stack effect-induced infiltration occurring when $T_{in} - T_{out}$ is presumably maximized during the summer months. Since these correlations were generally weak, however, it is unlikely that the AER estimates were serving as direct surrogates of ambient temperature.

Epidemiologic Results

Models including only univariate pollutant terms and the other covariates ('overall models') without any AER estimates (Eq 1), showed positive associations between each of the four pollutants and asthma ED visits with RRs ranging from 1.008 (for CO) to 1.046 (for O₃)(Table 3). These results are consistent with our previous findings of significant associations between numerous pollutant metrics and asthma ED visits in Atlanta {Peel, 2005 #14;Strickland, 2010 #30}.

Typically, stratified analysis results showed that magnitudes of association were higher for ZIP codes with higher AERs than those with low AERs for all the pollutants with the exception of O₃ (Table 3). For CO and NO_x, there were significant associations for ZIP codes with high AER, and null findings for low

AER ZIPs. For O_3 , in contrast, the observed RR for the low AER strata was also significant and nearly three times that of the RR for ZIP codes in the high AER strata (RRs = 1.066 and 1.028, respectively).

Correlation analyses examining the linear association between median AERs by ZIP code and ZIP code-level percent below poverty showed strong, positive correlations ($r_s = 0.76$; $N = 186$ ZIP codes, Figure 2) suggesting that one of these terms may potentially serve as a confounder of the other in the stratified analyses, given their strength of covariance. This was expected since the empirical estimates of ZIP code resolved NL were derived using median income data (Eqs 2 and 3). RRs between each of the pollutants and asthma ED visits were consistently higher for the low AER ZIPs compared to the high AER ZIPs, for strata characterized as having high poverty levels. In contrast, there was not a uniform trend in the magnitudes of association for the low poverty ZIPs. For CO and NOx, RRs in these low poverty ZIPs were higher for the high AER strata compared to the low strata. For O_3 and $PM_{2.5}$, there was an inverse trend, with slightly higher RRs observed for the low AER ZIP codes.

In contrast to the stratified models, the interaction term models included ZIP code as a fixed effect with model coefficients functionally describing temporally trends solely. Potential confounding from spatially-varying SES, which appears to be a realistic concern for the spatially-stratified models, is thus minimized using this modeling approach. There were positive associations for the interaction between AER and pollution on asthma ED visits for both CO and NOx (interaction term p-value = 0.07 and 0.04, respectively) indicating significant or near-significant effect modification by AER on the pollutant risk ratio estimates (Table 4). In contrast, the interaction term between $PM_{2.5}$ and AER on asthma ED visits was negative and significant (p-value = 0.012), with significant, positive main effects for both $PM_{2.5}$ and AER. Finally, O_3 was strongly associated with asthma ED visits in models including AERs ($p = 0.002$), although we observed no associations between asthma and either an AER main effect or the interaction term between O_3 and AER.

Results from the tertile analyses showed that RRs for NO_x and CO were consistently highest when daily AERs were within the highest tertile of their distribution and lowest when AERs fell within the lowest tertile, across each of the pollutant concentration tertiles (Figure 3). As expected from the overall model results, RRs for these pollutants, while holding AERs constant, were also highest on days when pollutant concentrations were highest. In contrast, and consistent with the previous interaction term model results, the tertile analyses did not indicate effect modification by AER for O₃. For a given tertile in O₃ concentrations, RRs did not vary by AER but did increase substantially, within AER tertile, with increasing O₃ concentration. We note, however, that these results may have been influenced by much reduced sample size when the full data set was partitioned into nine different sub categories for this analysis.

The PM_{2.5} and AER model results were mixed and exhibited similar trends as NO_x and CO (i.e., increasing RRs with increasing AERs while holding PM_{2.5} concentrations constant) within the low and moderate PM_{2.5} tertiles only. Conversely, observed RRs increased with decreasing AERs for days binned within the highest tertile of PM_{2.5} concentrations. The RR on days when PM_{2.5} concentrations were typically highest ($> 19.2 \mu\text{g}/\text{m}^3$) and AERs lowest ($< 0.23 \text{ hr}^{-1}$), for example, was twice as high that compared to days with high PM_{2.5} and high AERs ($> 0.31 \text{ hr}^{-1}$) (RR = 1.056, CI: 1.019 -1.095; and 1.021, CI: 0.98 - 1.063, respectively).

We examined frequency distribution patterns within the pollutant-AER tertiles to provide an initial graphical assessment of the potential of seasonal confounding within the tertile analysis epidemiologic results (Figures 4 – 6, CO not shown). As expected, distinct seasonal differences in pollutant levels existed for O₃ and NO_x, with the highest O₃ and lowest NO_x days typically occurring during the warmer summer months. For most of the pollutants, however, monthly frequencies for specific pollutant-AER pairings did not vary substantially by AER tertile. For example, high NO_x and high AER observations

occurred during roughly the same months throughout the year (i.e., at greater frequencies during cooler months) as did high NO_x and low AER days (Figure 4).

DISCUSSION

Our results provide an initial indication that accounting for daily variability in AER within a single-city timeseries model may explain heterogeneity in longitudinal asthma ED risk associated with several common urban pollutants. While limited to one outcome category in a single urban locale, the findings suggest that the use of relatively simple and easy-to-derive AER surrogates reflect intraurban differences in short-term exposures to some pollutants with ambient origins. For the spatially heterogeneous, predominantly traffic-related pollutants CO and especially NO_x, ZIP codes with typically higher AERs were generally found to have higher RRs for asthma ED visits. Moreover, assessed temporally across ZIP codes, NO_x- and CO-related asthma ED visits tended to be significantly higher on days when AERs were also higher. Tertile analyses for NO_x and CO showed that this apparent effect modification occurred across all concentrations of the observed NO_x and CO distributions.

There was also general concordance in the interpretation of the NO_x and CO results between the stratified and interaction term epidemiological models, despite the fact that these modeling approaches describe different aspects of AER and its potential influence on exposure and health risk with varying sample size. For both models, higher AER was associated with greater pollutant effects and is a finding that is consistent with our *a priori* hypotheses that higher AER values result in greater infiltration of outdoor air indoors and thus leading to higher personal exposures to pollutants of ambient origin. ZIP code stratification by median AER over several years may reflect longer term AER spatial pattern, whereas the interaction term models reflect temporal changes in within-ZIP code AERs primarily. Despite the general consistency, however, the stratified epidemiologic results should be interpreted cautiously since median AERs were shown to be highly correlated with poverty indices. Differences

ostensibly associated with AER strata, therefore, may in fact be due to SES differences. Even after we conducted sub-stratification to address this by accounting for within-ZIP code percent-below-poverty values, it is likely that residual confounding in these models may still exist. A visual examination of Figure 2, for example, reveals apparent patterns of correlation between % below poverty and median AER even within some of the stratified quadrants, indicating that further control for SES may be necessary.

To our knowledge, the interaction term findings for CO and NO_x, and to a lesser degree PM_{2.5}, are the first to provide an indication of short-term (i.e., daily) effect modification of gaseous and PM pollution-related risks associated with daily changes in AER. As such, the results are broadly similar to previous studies that have hypothesized and reported higher mean air pollution risks for locations with higher overall AERs or pollutant infiltration efficiencies {Bell, 2008 #2;Chen, 2012 #1;Chen, 2012 #99;Hodas, 2012 #90;Levy, 2005 #5;Janssen, 2002 #29;Medina-Ramon, 2006 #82}. In contrast to our findings, for these previous studies differences in infiltration and AERs were inferred from broad surrogate indicators of these processes. Janssen *et al.* (2002){Janssen, 2002 #29}, for example, found that city-specific air conditioning prevalence estimates in 14 U.S. locations were inversely associated with city-specific effect estimates of PM₁₀ on hospital admissions for chronic obstructive pulmonary disease and cardiovascular disease. Cities with a greater percentage of homes with central air conditioning had significantly lower relative risks than cities with less central air conditioning. For this study, the authors assumed that homes with central air conditioning had lower AERs as compared to homes that used open windows for ventilation. A more recent analysis included actual estimates of city-specific AERs to examine modification of short term O₃ mortality risk {Chen, 2012 #1}. AER-adjusted O₃ exposure coefficients were strongly-correlated with observed mortality rates, which suggest that between-city differences in AER, which was greater than seen within our multi-ZIP code Atlanta study domain, partially explained corresponding differences in actual exposures to O₃. The AERs used were

derived using results from a probabilistic survey of 209 US homes, where hourly pollutant infiltration rates were measured and frequency distributions calculated for 80% of the US housing stock {Persily, 2010 #34}. Daily and within-city variability in AER, however, was not directly examined as a predictor of heterogeneity in risk.

In contrast to these previous studies as well as our *a priori* expectations, we observed no evidence suggestive of O₃ - AER effect modification, despite the fact that O₃ was a strong independent predictor of asthma ED visits in our analysis. Weschler (2006) recently hypothesized that ambient O₃ is closely associated with by-products (e.g., carbonyls and dicarbonyls) of O₃-initiated chemistry occurring indoors {Weschler, 2006 #98}. These by-products vary directly with outdoor O₃, yet are weakly associated with AER. Thus, assuming a causal role in the link between the by-products and asthma ED visits, it is possible that our null results for O₃-AER modification reflect this or some other indirect exposure-response pathway.

While unexpected, a more plausible explanation for the O₃ findings may be that the relatively small within-ZIP code range of the estimated AERs in Atlanta during this study period was not sufficiently variable to elicit measurable differences in O₃ fate and transport, infiltration and subsequent exposure. Correspondingly, epidemiologic models including interactions involving AERs would be no more parsimonious than models without this interaction term. The differential impact of AER on pollutant-specific penetration efficiency is well supported in theory and practice {Long, 2001 #37; Long, 2004 #38; Özkaynak, 1996 #12; Thatcher, 1995 #23; Weschler, 2000 #100}, and based on the steady-state solution to the pollutant mass balance equation positing ambient pollutant infiltration, and subsequent exposures, to be a function of AER and a series of pollutant-specific removal and decay constants. Thus, the impact of the observed intertertile increase in AERs ($\sim 0.1 \text{ hr}^{-1}$) on highly reactive indoor O₃ may have been limited, since even at the high range of observed AERs during this study, O₃ infiltration within an indoor microenvironment may be low relative to other pollutants. Conversely, the variability of AERs

within this range could have led to biologically meaningful differences in exposures to less reactive pollutants, such as NO_x, CO and PM_{2.5}. It is also plausible that, for most people, exposures to O₃ specifically occur while outdoors (Brauer and Brook, 1997), and range from 24-57% of total daily exposures {Weschler, 2006 #98}. Therefore, variability in AERs affecting exposures to O₃ while indoors may have minimal influence on total daily exposures to this pollutant. Replicating this analysis in cities known to have greater ranges in AERs throughout the year may provide greater power to detect potential AER effect modification for pollutants like O₃ than our Atlanta results.

Our overall pollutant-AER interaction term models also indicated opposite effect modification trends for PM_{2.5} as compared to NO_x and CO, with generally higher risks seen for days with lower AERs. While somewhat anomalous, however, this finding was consistent with the tertile analysis results which showed that this divergent finding was largely driven by strong inverse effect modification trends on days when ambient PM_{2.5} concentrations were highest. In particular, on days when PM_{2.5} concentrations were below the upper tertile of its distribution (i.e., < 19.2 µg/m³), similar positive trends associated with AER existed as those observed for NO_x and CO.

No compelling explanation for these countervailing trends exists at the highest PM_{2.5} concentrations, however, it is worth noting that there was a difference in the monthly frequency pattern between the high and both moderate and low AERs tertiles across this highest PM_{2.5} tertile (Figure 5). Generally, there was a greater prevalence of high PM_{2.5} - low AER days occurring during the non-summer months compared to the other tertile pairings, which could indicate unspecified seasonal confounding in the tertile analyses for high PM_{2.5} days. It has been suggested, for example, that differences in ambient PM_{2.5} across the different New Jersey cities may lead to differential infiltration efficiencies which, in turn, may account for differences in observed epidemiologic risk ratios {Hodas, 2012 #90}. Alternatively, it is possible that the mean time spent outdoors is greater in Atlanta during these non-summer months leading to reductions in measurement error associated with the use of outdoor monitors as surrogates

of population exposures in timeseries epidemiologic analyses. It follows that during these months we might expect to see RRs that were less attenuated to the null than results affected by a greater degree of measurement error {Zeger, 2000 #26}. Importantly, the monthly frequency distribution patterns for the other PM_{2.5} tertiles, as well as for NO_x and O₃ were similar across the AER strata (Figures 4 and 6, respectively), suggesting that effect modification attributed to AER is unlikely confounded by other seasonal factors within these models.

In the interaction term models, we also examined the potential for confounding from meteorology. In acute air pollution timeseries studies, meteorological confounding is a common concern given the temporal covariance patterns between many pollutants and weather-related factors, such as ambient temperature. Although the method we used to estimate AER does include ambient temperature, we showed that the correlation between temperature and AER was weak. This is not surprising since temperature was one of several terms used to characterize AER and it was expressed as a non-linear term within the algorithm. Similarly, these findings do not appear to be biased by other unspecified seasonal confounding. Temperature and relative humidity terms were also included as covariates within our standard epidemiologic models as a general means of controlling for potential confounding of air pollution related effect estimates.

A key limitation to the current analysis lies in the use of estimated, rather than actual AERs, and we did not validate this estimation approach within the current study scope. The central tendency of the estimated AERs we used in the current analysis while possible (median AER = 0.25 hr⁻¹), is substantially lower than AER estimates from other US locations and for analyses that predict Atlanta AERs specifically {Chan, 2005 #3;Chen, 2012 #1;Murray, 1995 #10;Persily, 2010 #34}. Persily et al (2010), for example, estimated annual mean AERs for Atlanta to be 0.43 hr⁻¹, which did not factor in fraction of time when windows are open{Persily, 2010 #34}. Chen et al (2012a) assumed a default estimate of the difference in AERs when windows are open compared to when closed to be 1.5 hr⁻¹ in modifying the Persily et al

(2010) estimate to derive an average annual air exchange rate for residences in Atlanta of 0.48 h^{-1} {Chen, 2012 #1;Persily, 2010 #34}. Notably, the authors acknowledge that this estimate is difficult to ascertain. For the purposes of our epidemiologic analyses, however, discrepancies in the absolute AERs are less important than whether the modeled spatiotemporal variability within and between ZIP codes is accurate from a relative sense. If the current method accurately expresses day-to-day variability of AERs within a given ZIP code, then epidemiologic models examining the strengths of associations for the main effects, covariates and effect modification terms within the model are also likely to be unbiased.

Other factors which may have led to low overall AER estimates were several simplifying assumptions. These assumptions include fraction of low income vs. conventional housing stock within a ZIP code. The empirical function for calculating NL (Eq 2,3) is heavily dependent on this assumption, with overestimates of low income housing stock resulting in substantially attenuated AERs. We do not have any prior reason to believe that the fractional contribution used in the current analysis is inaccurate; however, alternative methods for quantifying the presence of low income stock within a given ZIP code may provide a more precise indicator of housing stock composition and, perhaps, lead to revised total estimates of AER throughout the modeling domain. Similarly, for this empirical-statistical method of AER estimation, NL was based on associations that were collected on homes throughout the US that may not necessarily be representative of the Atlanta housing stock. Analyses simulating the robustness of our results to functions derived using alternate values can clarify the suitability of this approach for use in cities like Atlanta and the need to derive alternative functions.

Finally, we used uniform values for the model meteorological and terrain type terms, which is unquestionably a broad simplification. Temperature gradients throughout the city, including those induced via urban heat islands, were not included in this model and may lead to greater between-ZIP code variability in AERs as well as increased AERs for ZIP codes affected by microscale elevations in ambient temperature. As with the lack of information regarding open windows status, it is difficult to

both model and predict the distribution of this source of variability, as well as estimate how this may have affected the epidemiologic model results. For our main, within-ZIP temporal modeling approach (Eq 1), however, we believe that the impact of errors associated with this assumption is likely minimal.

In conclusion, we believe that these results provide an initial indication that the use of short-term indicators of changes in daily AER may explain heterogeneity in observed short-term risk from air pollution. Admittedly, our approach and resulting findings may not be generalizable to other locations or other pollutant-outcome associations. We specifically used AER indicators based on data that were relatively easy to obtain and include within an established analytical framework, thereby facilitating replication of this approach in other settings. Collectively, our results contribute to a growing understanding of the role of AER as a factor affecting ambient pollutant infiltration, intraurban exposure variability and possible exposure misclassification in health risk estimates in acute single-city time series studies of air pollution.

DISCLAIMER

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TABLES

Table 1. Summary of daily AER values and pollutant concentrations in Atlanta between January 1999 and December 2002 across 186 ZIP codes.

	N obs	Units	Mean	Std Dev	5 th Pctl	25 th Pctl	50 th Pctl	75 th Pctl	95 th Pctl	Min	Max	Inter- Quartile Range
AER	271,746	hr ⁻¹	0.265	0.108	0.128	0.188	0.245	0.321	0.474	0.027	1.040	0.132
CO	270,816	ppm	0.46	0.39	0.16	0.22	0.33	0.55	1.20	0.07	7.48	0.33
NO_x	271,374	ppb	30.1	33.5	3.1	8.0	18.5	40.1	94.4	0.7	517.8	32.1
PM_{2.5}	229,896	µg/m ³	15.2	7.1	6.6	10.0	13.6	18.7	28.7	2.5	78.2	8.7
O₃	270,816	ppb	41.9	18.6	16.4	27.7	39.3	53.8	76.2	3.5	132.7	26.1

Table 2. Mean Spearman's Correlation Coefficients among Pollutant Concentrations and AERs. Mean values averaged across 186 ZIP codes.

	CO	NO _x	PM _{2.5}	O ₃	AER
CO		0.93	0.44	-0.03	-0.26
NO _x			0.40	-0.03	-0.25
PM _{2.5}				0.51	-0.26
O ₃					-0.19

Table 3. Associations between pollutant concentrations and asthma ED visits, overall and stratified by ZIP code level air exchange rate and poverty status in Atlanta: 1999-2002

		Overall			Low Poverty			High Poverty		
		N	RR	(95% CI)	N	RR	(95% CI)	N	RR	(95% CI)
CO (IQR=0.33 ppm)	<u>Overall</u>	270,816	1.008	(1.000-1.016)	136,864	1.002	(0.990-1.014)	133,952	1.012	(1.001-1.022)
	<i>Low AER</i>	135,408	1.004	(0.991-1.016)	106,288	0.999	(0.985-1.013)	29,120	1.026	(0.997-1.055)
	<i>High AER</i>	135,408	1.010	(0.999-1.020)	30,576	1.014	(0.986-1.043)	104,832	1.009	(0.998-1.021)
NO_x (IQR=32 ppb)	<u>Overall</u>	271,374	1.010	(1.000-1.019)	137,146	1.002	(0.988-1.016)	134,228	1.015	(1.002-1.027)
	<i>Low AER</i>	135,687	1.003	(0.989-1.017)	106,507	0.997	(0.981-1.013)	29,180	1.032	(0.999-1.066)
	<i>High AER</i>	135,687	1.013	(1.001-1.026)	30,639	1.024	(0.991-1.058)	105,048	1.012	(0.998-1.025)
O₃ (IQR=26 ppb)	<u>Overall</u>	270,816	1.050	(1.024-1.075)	136,864	1.068	(1.030-1.107)	133,952	1.032	(0.998-1.067)
	<i>Low AER</i>	135,408	1.069	(1.031-1.108)	106,288	1.068	(1.026-1.112)	29,120	1.054	(0.971-1.145)
	<i>High AER</i>	135,408	1.033	(0.999-1.068)	30,576	1.063	(0.977-1.157)	104,832	1.029	(0.993-1.068)
PM_{2.5} (IQR=8.7 µg/m ³)	<u>Overall</u>	229,896	1.018	(1.003-1.033)	116,184	1.010	(0.989-1.031)	113,712	1.019	(0.999-1.039)
	<i>Low AER</i>	114,948	1.013	(0.992-1.035)	90,228	1.011	(0.987-1.035)	24,720	1.026	(0.978-1.078)
	<i>High AER</i>	114,948	1.018	(0.998-1.039)	25,956	1.007	(0.958-1.059)	88,992	1.016	(0.995-1.038)

Table 4. Associations between pollutant concentrations and asthma ED visits including interaction terms with air exchange rates in Atlanta: 1999-2002.

	Estimate	95% LCL	95% UCL	χ^2	p-value
CO	-0.0071	-0.0501	0.0358	0.11	0.75
AER	-0.0406	-0.163	0.0817	0.42	0.52
CO*AER	0.1419	-0.0099	0.2936	3.36	0.07
NOx	-0.1084	-0.6203	0.4034	0.17	0.68
AER	-0.0348	-0.1486	0.079	0.36	0.55
NOx*AER	1.9055	0.0797	3.7312	4.18	0.04
PM_{2.5}	0.0058	0.0025	0.0091	11.87	0.0006
AER	0.281	0.093	0.469	8.59	0.003
PM_{2.5}*AER	-0.0145	-0.0259	-0.0032	6.27	0.012
O₃	2.2561	0.8176	3.6946	9.45	0.002
AER	0.0597	-0.1111	0.2304	0.47	0.49
O₃*AER	-1.511	-5.5843	2.5624	0.53	0.47

FIGURES

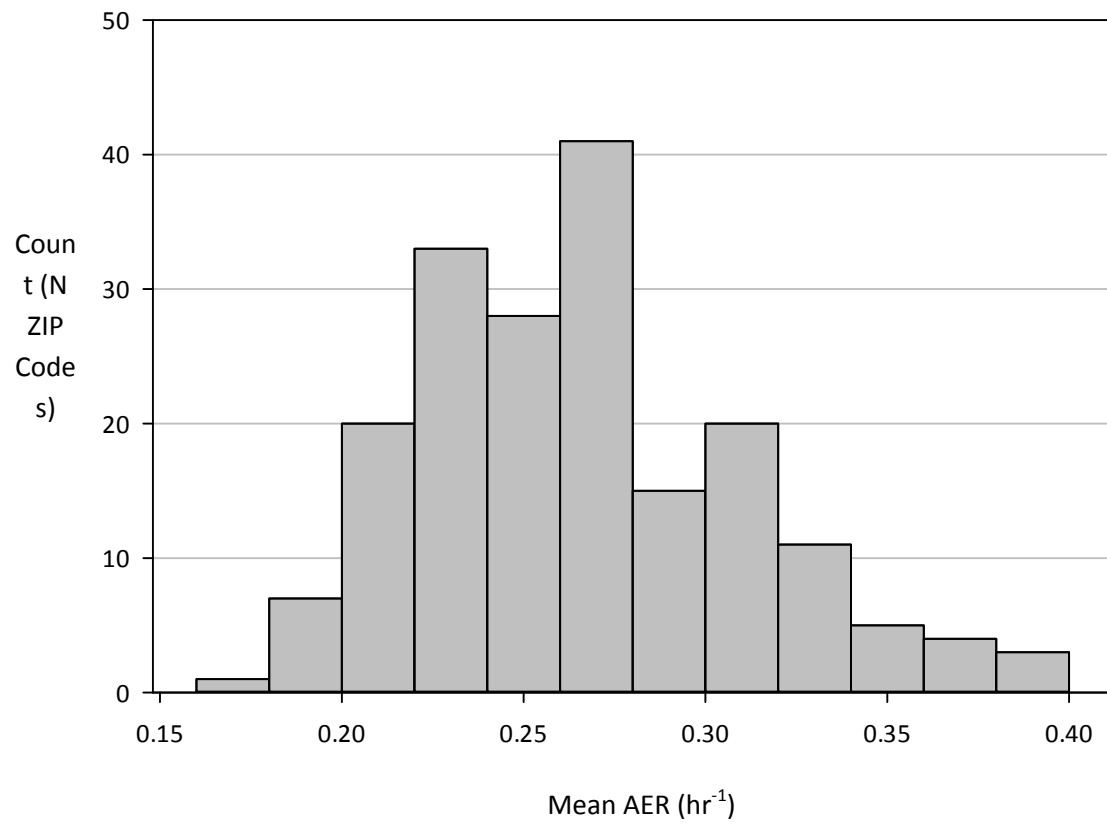


Figure 1. Histogram of the estimated median AERs across the 186 ZIP codes.

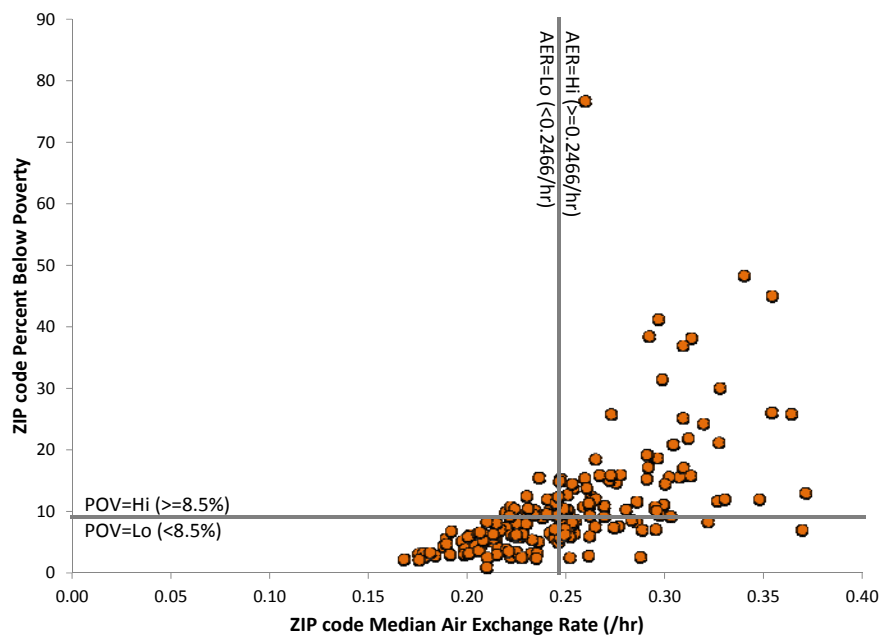


Figure 2. Scatterplot of ZIP code level median AERs and % below poverty, with lines denoting 50th percentile strata cut-points

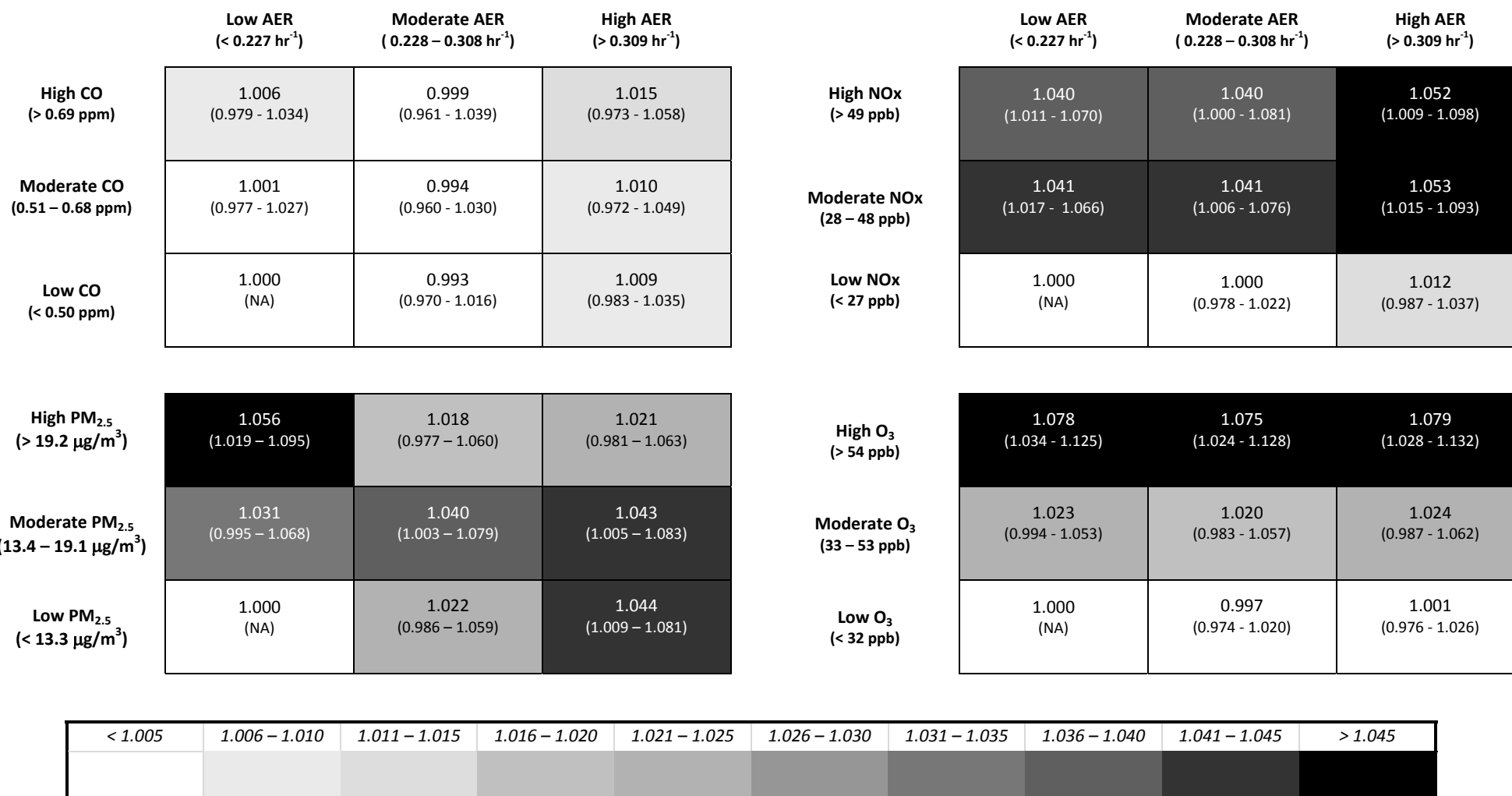


Figure 3. Associations between pollutant concentrations and asthma ED visits by tertile of pollutant concentration and AER values in Atlanta: 1999-2002. Shading indicates magnitude of association corresponding to the values listed in the legend.

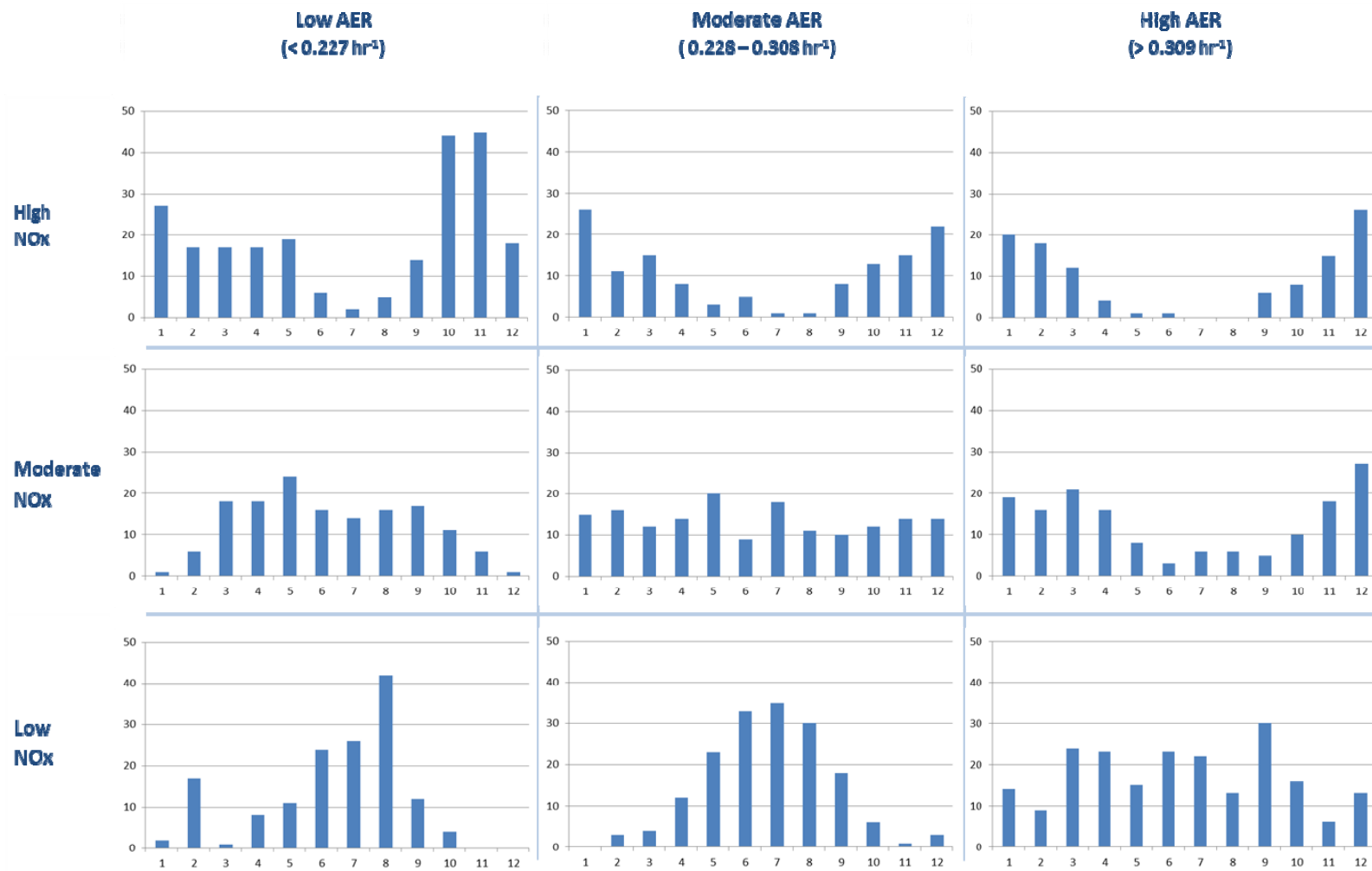


Figure 4. Monthly distribution of observations (i.e., days) for each NOx-AER tertile pairing in Atlanta: 1999-2002.

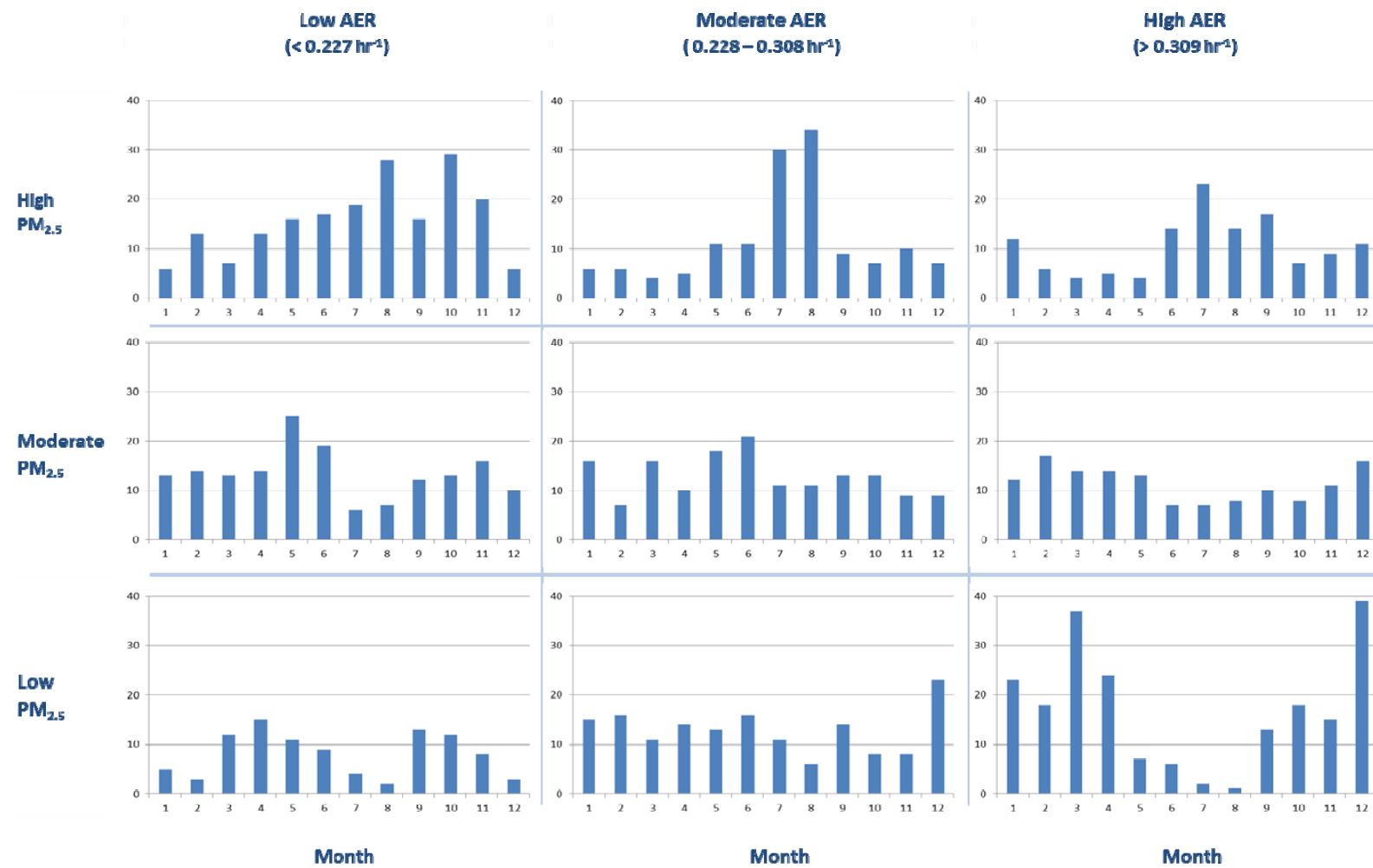


Figure 5. Monthly distribution of observations (i.e., days) for each $PM_{2.5}$ -AER tertile pairing in Atlanta: 1999-2002.

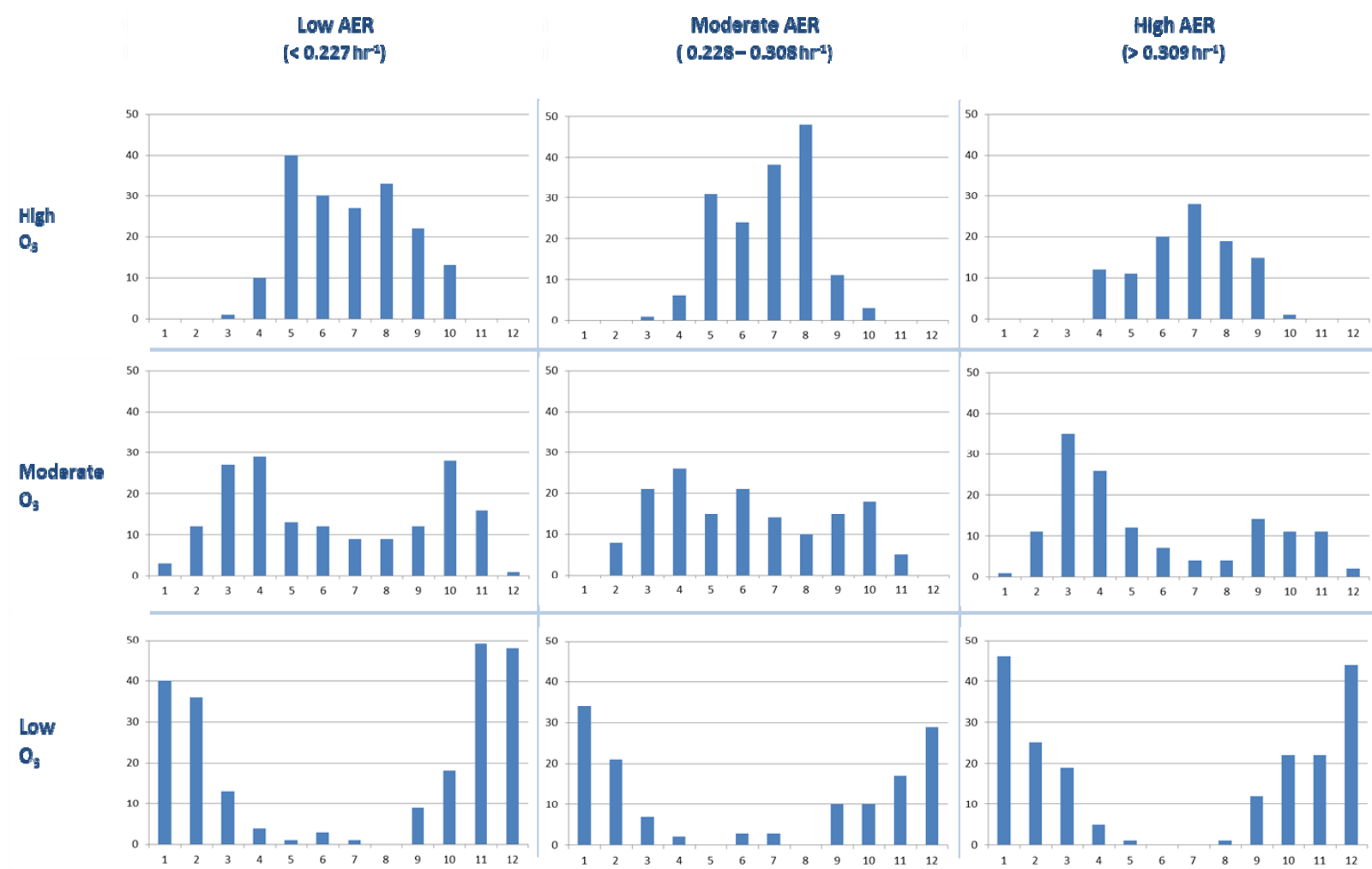


Figure 6. Monthly distribution of observations (i.e., days) for each O_3 -AER tertile pairing in Atlanta: 1999-2002.