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Fetal programming and environmental exposures: implications for prenatal care and preterm birth

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Sponsored by the New York Academy of Sciences and Cincinnati Children's Hospital Medical Center, with support from the National Institute of Environmental Health Sciences (NIEHS), the National Institute on Drug Abuse (NIDA), and Life Technologies, "Fetal Programming and Environmental Exposures: Implications for Prenatal Care and Preterm Birth" was held on June 11–12, 2012 at the New York Academy of Sciences in New York City. The meeting, comprising individual talks and panel discussions, highlighted basic, clinical, and translational research approaches, and highlighted the need for specialized testing of drugs, consumer products, and industrial chemicals, with a view to the unique impacts these can have during gestation. Speakers went on to discuss many other factors that affect prenatal development, from genetics to parental diet, revealing the extraordinary sensitivity of the developing fetus.

Keywords: genetic and epigenetic programming; fetal development; toxicity

Background and perspectives

*Keynote address: Frederick S. vom Saal
(University of Missouri–Columbia)*

Fetal programming is an enormously complex process that relies on numerous environmental inputs from uterine tissue, the placenta, the maternal blood supply, and other sources. Recent evidence has made clear that the process is not based entirely on genetics, but rather on a delicate series of interactions between genes and the environment. It is likely that epigenetic ("above the genome") changes are responsible for modifying gene expression in the developing fetus, and these modifications can have long-lasting health impacts. Determining which epigenetic regulators are most vital in embryonic development will improve pregnancy out-

comes and our ability to treat and prevent disorders that emerge later in life.

"Fetal Programming and Environmental Exposures: Implications for Prenatal Care and Preterm Birth" began with a keynote address by Frederick vom Saal, who explained that low-level exposure to endocrine disrupting chemicals (EDCs) perturbs hormone systems *in utero* and can have negative effects on fetal development. vom Saal presented data on the EDC bisphenol A (BPA), an estrogen-mimicking compound found in many plastics. He suggested that low-dose exposure to EDCs can alter the development process and enhance chances of acquiring adult diseases, such as breast cancer, diabetes, and even developmental disorders such as attention deficit disorder (ADHD).¹ vom Saal noted that conventional risk-assessment