

Analysis of Total Food Intake and Composition of Individual's Diet Based on USDA's 1994–1996, 1998 Continuing Survey of Food Intakes by Individuals (CSFII)





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> National Center for Environmental Assessment Office of Research and Development U.S. Environmental Protection Agency Washington, DC 20460

DISCLAIMER

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ABSTRACT

The American food supply is generally considered to be one of the safest in the world. The U.S. Department of Agriculture has been protecting the nation's food supply for over a century through a number of food safety programs that monitor chemical and biological contaminants and rank the quality of various food items. Nevertheless, contamination of foods may occur through environmental pollution of air, water, and soil or through intentional use of chemicals such as pesticides or other agrochemical products. To assess chemical exposure through this pathway, information on food ingestion rates is needed. The National Center for Environmental Assessment (NCEA) conducted an analysis to provide an updated characterization of food consumption habits of individuals in the United States. The analysis was conducted using the data from the U.S. Department of Agriculture's 1994–96 Continuing Survey of Food Intakes by Individuals (CSFII) and its 1998 Supplemental Children's Survey and the EPA's Food Commodity Intake Database (FCID). Distributions were derived to characterize (1) total food intake among various groups in the U.S. population, subdivided by age, race, geographic region, and urbanization; (2) intake of various food categories (e.g., meats, grains, and vegetables) by different age groups within the U.S. population; and (3) intake of various food categories of individuals exhibiting high end consumption patterns of one specific food category (e.g., individuals above the 90th percentile for meat consumption).

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CONTENTS

| LIST C | F TAB | LES | iv |
|-----------|---------|---|------|
| LIST C | F FIGU | URES | ciii |
| PREFA | ACE | | xiv |
| AUTH | ORS, C | CONTRIBUTORS, AND REVIEWERS | XV |
| | | | |
| 1. | INTRO | ODUCTION | . 1 |
| | | | |
| 2. | | CES OF FOOD CONSUMPTION AND FAT CONTENT DATA | |
| | 2.1. | FOOD CONSUMPTION SURVEYS | |
| | 2.2. | SAMPLE WEIGHTS | |
| | 2.3. | CONVERSION OF USDA FOOD CODES TO EPA COMMODITY CODES . | |
| | 2.4. | IDENTIFICATION OF FOOD CATEGORIES | . 5 |
| | | | |
| 3. | DATA | ANALYSIS | 12 |
| | 3.1. | PREPARATION OF DATA | |
| | 3.2. | IDENTIFICATION OF DEMOGRAPHIC COHORTS | 15 |
| | 3.3. | USE OF WEIGHTING FACTORS | 17 |
| | | | |
| 4. | | LTS | 18 |
| | 4.1. | TOTAL DIETARY INTAKE: WHOLE POPULATION AND POPULATION | |
| | | SUBGROUPS | |
| | 4.2. | INTAKE OF INDIVIDUAL FOOD GROUPS, CATEGORIZED BY AGE \dots | 18 |
| | 4.3. | IDENTIFICATION OF HIGH-END, MID-RANGE, AND LOW-END | |
| | | DECILES OF FOOD INTAKE | 18 |
| DEFEE | DENICE | S | 72 |
| KEFEN | CENCE | S | 12 |
| | | | |
| A tto ala | mant 1 | Degumentation for the Continuing Survey of Food Inteless by Individuals (CSE | TT\ |
| | | Documentation for the Continuing Survey of Food Intakes by Individuals (CSF EPA Food Commodity Vocabulary | 11) |
| Auacm | ment 2. | EFA FOOD COMMODITY | |
| | | | |

Note: Included with this document is a CD that contains files for the document and supplemental information (Attachments 1 and 2).

LIST OF TABLES

| Table 1. | Hypothetical Example of the Effect of Weighting Factors |
|-----------|---|
| Table 2. | EPA Commodity Codes, by Food Category |
| Table 3. | Listing of Food Consumption Events in Database |
| Table 4. | Definition and Size of Demographic Cohorts |
| Table 5A. | Per Capita Total Dietary Intake (g/kg/day) |
| Table 5B. | Per Capita Total Dietary Intake (g/day) |
| Table 6. | Table Numbers for Each Age Group and Type of Intake |
| Table 7A. | Per Capita Intake of Major Food Groups, All Ages Combined (g/kg/day) 22 |
| Table 7B. | Per Capita Intake of Major Food Groups, All Ages Combined (g/day)22 |
| Table 7C. | Per Capita Intake of Major Food Groups, Age 20+ Years (g/kg/day) 23 |
| Table 7D. | Per Capita Intake of Major Food Groups, Age 20+ Years (g/day) 23 |
| Table 7E. | Per Capita Intake of Major Food Groups, Age <1 Year (g/kg/day)24 |
| Table 7F. | Per Capita Intake of Major Food Groups, Age <1 Year (g/day) |
| Table 7G. | Per Capita Intake of Major Food Groups, Ages 1-2 Years (g/kg/day)25 |
| Table 7H. | Per Capita Intake of Major Food Groups, Ages 1-2 Years (g/day) |
| Table 7I. | Per Capita Intake of Major Food Groups, Ages 3-5 Years (g/kg/day) 26 |
| Table 7J. | Per Capita Intake of Major Food Groups, Ages 3-5 Years (g/day) 26 |
| Table 7K. | Per Capita Intake of Major Food Groups, Ages 6-11 Years (g/kg/day)27 |
| Table 7L. | Per Capita Intake of Major Food Groups, Ages 6-11 Years (g/day) 27 |
| Table 7M. | Per Capita Intake of Major Food Groups, Ages 12-19 Years (g/kg/day)28 |
| Table 7N. | Per Capita Intake of Major Food Groups, Ages 12-19 Years (g/day) 28 |
| Table 8. | Guide to Table Numbers |

| Table 9A. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, All Age Groups Combined (g/kg/day) |
|-----------|---|
| Table 9B. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, All Age Groups Combined (g/day) |
| Table 9C. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, Age 20+ Years (g/kg/day) |
| Table 9D. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, Age 20+ Years (g/day) |
| Table 9E. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, Age <1 Year (g/kg/day) |
| Table 9F. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, Age <1 Year (g/day) |
| Table 9G. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, Ages 1-2 Years (g/kg/day) |
| Table 9H. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, Ages 1-2 Years (g/day) |
| Table 9I. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, Ages 3-5 Years (g/kg/day) |
| Table 9J. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, Ages 3-5 Years (g/day) |
| Table 9K. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, Ages 6-11 Years (g/kg/day) |

| Table 9L. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, Ages 6-11 Years (g/day) |
|------------|---|
| Table 9M. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, Ages 12-19 Years (g/kg/day) |
| Table 9N. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Food Intake, Ages 12-19 Years (g/day) |
| Table 10A. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Meat Intake, All Age Groups Combined (g/kg/day) |
| Table 10B. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Meat Intake, All Age Groups Combined (g/day) |
| Table 10C. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake, Age 20+ Years (g/kg/day) |
| Table 10D. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake, Age 20+ Years (g/day) |
| Table 10E. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake, Age <1 Year (g/kg/day) |
| Table 10F. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake, Age <1 Year (g/day) |
| Table 10G. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake, Ages 1-2 Years (g/kg/day) |
| Table 10H. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake, Ages 1-2 Years (g/day) |

| Table 10I. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake, Ages 3-5 Years (g/kg/day) |
|------------|---|
| Table 10J. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake, Ages 3-5 Years (g/day) |
| Table 10K. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake, Ages 6-11 Years (g/kg/day) |
| Table 10L. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake, Ages 6-11 Years (g/day) |
| Table 10M. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake, Ages 12-19 Years (g/kg/day) |
| Table 10N. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake, Ages 12-19 Years (g/day) |
| Table 11A. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Meat and Dairy Intake, All Age Groups Combined (g/kg/day) |
| Table 11B. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Meat and Dairy Intake, All Age Groups Combined (g/day) |
| Table 11C. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Meat and Dairy Intake, Age 20+ Years (g/kg/day) |
| Table 11D. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Meat and Dairy Intake, Age 20+ Years (g/day) |
| Table 11E. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake, Age <1 Year (g/kg/day) |

| Table 11F. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake, Age <1 Year (g/day) |
|------------|---|
| Table 11G. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Meat and Dairy Intake, Ages 1-2 Years (g/kg/day) |
| Table 11H. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Meat and Dairy Intake, Ages 1-2 Years (g/day) |
| Table 11I. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake, Ages 3-5 Years (g/kg/day) |
| Table 11J. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake, Ages 3-5 Years (g/day) |
| Table 11K. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake, Ages 6-11 Years (g/kg/day) |
| Table 11L. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake, Ages 6-11 Years (g/day) |
| Table 11M. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake, Ages 12-19 Years (g/kg/day) 50 |
| Table 11N. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake, Ages 12-19 Years (g/day) |
| Table 12A. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fish Intake, All Age Groups Combined (g/kg/day) |
| Table 12B. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fish Intake, All Age Groups Combined (g/day) |

| Table 12C. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake, Age 20+ Years (g/kg/day) |
|------------|--|
| Table 12D. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake, Age 20+ Years (g/day) |
| Table 12E. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake, Age <1 Year (g/kg/day) |
| Table 12F. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake, Age <1 Year (g/day) |
| Table 12G. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake, Ages 1-2 Years (g/kg/day) |
| Table 12H. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake, Ages 1-2 Years (g/day) |
| Table 12I. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake, Ages 3-5 Years (g/kg/day) |
| Table 12J. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake, Ages 3-5 Years (g/day) |
| Table 12K. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake, Ages 6-11 Years (g/kg/day) |
| Table 12L. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake, Ages 6-11 Years (g/day) |
| Table 12M. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake, Ages 12-19 Years (g/kg/day) |

| Table 12N. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake, Ages 12-19 Years (g/day) |
|------------|--|
| Table 13A. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, All Age Groups Combined (g/kg/day) |
| Table 13B. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, All Age Groups Combined (g/day) |
| Table 13C. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, Age 20+ Years (g/kg/day) |
| Table 13D. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, Age 20+ Years (g/day) |
| Table 13E. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, Age <1 Year (g/kg/day) 60 |
| Table 13F. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, Age <1 Year (g/day) |
| Table 13G. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, Ages 1-2 Years (g/kg/day) 61 |
| Table 13H. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, Ages 1-2 Years (g/day) 61 |
| Table 13I. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, Ages 3-5 Years (g/kg/day) |
| Table 13J. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, Ages 3-5 Years (g/day) |

| Table 13K. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, Ages 6-11 Years (g/kg/day) 63 |
|------------|--|
| Table 13L. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, Ages 6-11 Years (g/day) 63 |
| Table 13M. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, Ages 12-19 Years (g/kg/day) 64 |
| Table 13N. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Fruit and Vegetable Intake, Ages 12-19 Years (g/day) |
| Table 14A. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Dairy Intake, All Age Groups Combined (g/kg/day) 65 |
| Table 14B. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Dairy Intake, All Age Groups Combined (g/day) |
| Table 14C. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Dairy Intake, Age 20+ Years (g/kg/day) |
| Table 14D. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Dairy Intake, Age 20+ Years (g/day) |
| Table 14E. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Dairy Intake, Age <1 Year (g/kg/day) |
| Table 14F. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Dairy Intake, Age <1 Year (g/day) |
| Table 14G. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Dairy Intake, Ages 1-2 Years (g/kg/day) |

| Table 14H. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Dairy Intake, Ages 1-2 Years (g/day) | | | | |
|------------|---|--|--|--|--|
| Table 14I. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Dairy Intake, Ages 3-5 Years (g/kg/day) | | | | |
| Table 14J. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Dairy Intake, Ages 3-5 Years (g/day) | | | | |
| Table 14K. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake, Ages 6-11 Years (g/kg/day) | | | | |
| Table 14L. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake, Ages 6-11 Years (g/day) | | | | |
| Table 14M. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Dairy Intake, Ages 12-19 Years (g/kg/day) | | | | |
| Table 14N. | Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-End Total Dairy Intake, Ages 12-19 Years (g/day) | | | | |

LIST OF FIGURES

| Figure 1. | Geographic regions as defined by CSFII | |
|-----------|--|--|
| | | |

PREFACE

The Exposure Factors Program of the National Center for Environmental Assessment (NCEA) of the U.S. Environmental Protection Agency's (EPA's) Office of Research and Development (ORD) has three main goals: (1) provide updates to the *Exposure Factors Handbook* (U.S. EPA, 1997) and the *Child-Specific Exposure Factors Handbook* (U.S. EPA, 2002); (2) identify exposure factors data gaps and needs in consultation with clients; and (3) develop companion documents to assist clients in the use of exposure factors data. The activities under each goal are supported by and respond to the needs of the various program offices.

Although the American food supply is generally considered to be one of the safest in the world, contamination of foods may occur through environmental pollution. To assess chemical exposure through this pathway, information on food ingestion rates is needed. For this reason, a thorough analysis of the dietary habits of the American public would aid in the identification of potential exposure pathways. Data on food consumption rates reported in the *Exposure Factors Handbook* and the *Child-Specific Exposure Factors Handbook* were collected by the U.S. Department of Agriculture through national surveys. These surveys are conducted periodically. Updating food consumption data in the handbooks is necessary to reflect changes in people's diets. To that end, EPA developed per capita food intake rates for various food item and food categories using databases developed by the U.S. Department of Agriculture (USDA). These intake rates were published in *CSFII Analysis of Food Intake Distributions* (U.S. EPA, 2003).

EPA has expanded the analysis of food intake in order to examine the food consumption habits of individuals in greater detail. This report presents the results of an analysis of the total food intake using data from the USDA's 1994–1996, 1998 Continuing Survey of Food Intakes by Individuals (CSFII) and EPA's Food Commodity Intake Database (FCID) (U.S. EPA, 2000). This analysis will assist exposure and risk assessors in identifying target populations for intensive study and food-specific exposure pathways for the general population or for individual groups. However, this analysis was conducted before EPA published the guidance document entitled *Selecting Age Groups for Monitoring and Assessing Childhood Exposures to Environmental Contaminants* (U.S. EPA, 2005). Therefore, the age groups used for children in this analysis are not entirely consistent with the age groups recommended in the 2005 guidance document. Some of the data will be reanalyzed in the future update to the *Child-Specific Exposure Factors Handbook* to conform with EPA's recommended age groups for children.

AUTHORS, CONTRIBUTORS, AND REVIEWERS

The National Center for Environmental Assessment (NCEA) of EPA's Office of Research and Development was responsible for preparing this report. The report was compiled by the Exposure Assessment Division of Versar, Inc., in Springfield, Virginia, under EPA Contract No. 68-D5-0051. Jacqueline Moya served as the EPA Work Assignment Manager, providing overall direction and technical assistance, as well as Contributing Author.

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1. INTRODUCTION

The American food supply is generally considered to be one of the safest in the world. The U.S. Department of Agriculture has been protecting the nation's food supply for over a century through a number of food safety programs that monitor chemical and biological contaminants and rank the quality of various food items. However, contamination of foods may occur through environmental pollution of air, water, and soil or through intentional use of chemicals such as pesticides or other agrochemical products. A thorough analysis of the dietary habits of the American public would aid in identifying potential exposure pathways. To this end, the U.S. Environmental Protection Agency (EPA) developed per capita food intake rates for various food items and food categories using databases developed by the U. S. Department of Agriculture (USDA). These intake rates were incorporated into EPA's 1997 *Exposure Factors Handbook* (U.S. EPA, 1997). EPA has since recommended that the food intake study be updated and expanded. Thus, a more comprehensive analysis is presented in this document.

The purpose of this study was to characterize the consumption of food by the people of the United States. This characterization includes the quantification of (1) total food intake among various subgroups of the U.S. population, subdivided on the basis of age, race, geographic region, and urbanization; (2) the consumption of various food categories (e.g., meats, grains, and vegetables) by different age groups within the U.S. population; and (3) the consumption of various food categories of individuals exhibiting unusual consumption patterns of one specific food category, e.g., consumption behavior of individuals above the 90th percentile for meat consumption.

The results of the analysis, presented in a series of tables, provide a tool for examining food consumption at a high level of detail. They allow exposure assessors and risk analysts to identify target populations for intensive study and to identify food-specific exposure pathways for the general population or for individual groups. Please note that, due to their size, all the tables mentioned in this report are presented at the end of the text.

2. SOURCES OF FOOD CONSUMPTION DATA

2.1. FOOD CONSUMPTION SURVEYS

Food consumption data were acquired from two separate surveys of food intake conducted by USDA's Agricultural Research Service (USDA, 2000): the 1994–96 Continuing Survey of Food Intakes by Individuals (CSFII) and its 1998 Supplemental Children's Survey. These two surveys were designed to obtain data from a statistically representative sample of noninstitutionalized persons living in the United States. Survey participants were selected using a multistage process described in Attachment 1, Appendix B, Section 3.1.1 which contains documentation provided with the CSFII databases. The 1998 Supplemental Children's Survey was conducted in order to expand the number of children in the database for the purpose of conducting child- and infant-specific exposure studies. It was carried out using a multistage process similar to that of the 1994–96 study (see Attachment 1, Appendix B, Section 3.1.1). The two surveys are hereinafter referred to jointly as CSFII 1994–96, 1998.

Respondents to CSFII 1994–96, 1998 were contacted multiple times to obtain a wide range of demographic information, including physical (gender, age, weight), economic (income, household size), cultural (race, ethnicity), and geographical (urban, regional) data. The respondents were interviewed twice to collect information on food consumption during two nonconsecutive days. The Day 1 interviews were conducted in person. Day 2 interviews typically took place 3 to 10 days after Day 1 interviews, but not on the same day of the week. Five percent of the Day 2 interviews were conducted via telephone; 95% were conducted in person in a manner similar to the Day 1 interviews. Interview days were chosen in such a way that, across the sample population, each day of the week was represented in at least 10% of the interviews. For further discussion on how the survey was conducted, refer to Attachment 1, Appendix B, Section 3.1.1.

On the first interview day, respondents were asked to recall all food and drink consumed between midnight and midnight on the previous day. Following the respondent's initial listing of food consumption, he or she was asked to add any additional items forgotten during the first listing and to identify the eating occasion (e.g., lunch, snack, breakfast) and approximate time associated with each food consumed. Interviewers also asked for details such as brand names of foods, cooking methods, seasonings added to cooked food, and ingredients included in food

mixtures such as salads and casseroles. The quantity of food consumed was estimated by the survey respondent; interviewers carried measurement guides such as bowls, measuring cups, and pictures of fish and chicken parts to assist in the estimation.

2.2. SAMPLE WEIGHTS

Each individual in the CSFII 1994–96, 1998 was assigned a personal weighting factor. These weighting factors vary from person to person due to demographic differences between the sampled population and the total U.S. population, and serve to compensate for variability in the survey response rate, the timing of the survey, and other factors inherent in such a large-scale survey. The weighting factors were calculated in such a way that the sum of weighting factors for the entire survey population would approximate the population of the United States. Because the demographic makeup of the population in the original 1994–96 CSFII changed with the addition of the 1998 data, each individual has a weighting factor for the 1994–96 study alone and another factor for the combined 1994–96 and 1998 data sets. Similarly, each individual has different weighting factors for one-day consumption data and two-day average consumption data because the characteristics of the entire survey population and the portion that completed both days of the survey are slightly different. Because the present study used only combined two-day average consumption data from both the original 1994–96 survey and the 1998 children's supplement, the weighting factor for the two-day average using the combined 1994–96 and 1998 data sets was used in this study.

Annual person-level data sets for each of the four years of the study (1994, 1995, 1996, and 1998) were assigned sample weights as follows. Each individual in the sample was assigned a "base weight equal to the reciprocal of the probability of selection." Individuals were selected for participation in the survey through a multi-stage process involving the selection of a "primary sampling unit" (PSU), a population segment within any given PSU, an individual household within a segment, and an individual within a household. Each of these stages has a probability of selection that may be calculated from the known number of units available and the number selected; the product of these four probabilities equals the probability of selection for an individual and was used to calculate each individual's base weight. Following this, base weights were adjusted to account for the non-response rate; for this step, respondents were classified into groups based on characteristics that were determined to be positively correlated with the response

rate. In the final step, the sample weights were adjusted based on U.S. Census Bureau population estimates for March of the year being assessed, using a process known as "ranking ration weighting." In this process, individual sample weights were adjusted in such a manner that the sum of all weights for certain demographic groups, e.g., males, females, persons in specific age categories, urbanization, employment status, etc., would equal the total United States population estimate for that demographic group. By statistically compensating for anomalies in sampling, this multi-step process of determining sample weights served to make the survey population as representative of the overall United States population as possible. For further discussion of the sample weighting process, the reader is referred to Appendix C of the CSFII 1994–96, 1998 documentation (USDA, 2000).

Each individual's weighting factor was used in calculating percentile values of food consumption for the various demographic cohorts that were analyzed in the study. Conceptually, the calculation of percentiles was analogous to sorting the individuals in ascending order on the basis of consumption of food and, knowing the total number of individuals, identifying the desired percentile values by counting the appropriate distance down the sorted list. However, in order to account for differences in sample weight from one individual to the next, the conceptual "sorted list" was modified so that each individual had a number of entries on the list that corresponded to his or her weighting factor. Thus, the sorted list may have 1,000 entries for one individual and 2,000 for another, based on their weighting factors. In this way, each individual would tend to "stretch" the histogram of food consumption values to a degree proportional to his or her weighting factor, and the percentiles would reflect that stretching. A simplified example of how this process works is shown in Table 1. The two sorted lists—one weighted and one unweighted—show the 50th percentile value, which by definition lies at the midpoint of each sorted list. The unweighted and weighted lists result in different values for the 50th percentile because, as shown in the example, the weighting factors happen to favor the individuals with lower consumption. In the actual data set used in this study, the same process, occurring for much larger population sizes, was used to increase or decrease the relative significance of each individual's contribution in order to more accurately represent the entire U.S. population.

Table 1. Hypothetical Example of the Effect of Weighting Factors

| Individual | Consumption g/day | Weighting Factors | 50 th percentile unweighted g/day | 50 th percentile weighted g/day |
|-----------------------|----------------------------|-----------------------|---|---|
| A B C D E | 90 80 30 20 70 | 1 1 3 3 1 | D 20 C 30 G 50 F 60 \leftarrow 50 th percentile E 70 | D 20 D 20 D 20 C 30 C 30 |
| F G | 60 50 | 2 2 | B 80 A 90 | C 30 G 50 \leftarrow 50 th percentile G 50 F 60 F 60 E 70 B 80 |

2.3. CONVERSION OF USDA FOOD CODES TO EPA COMMODITY CODES

Intakes of food expressed in CSFII 1994–96, 1998 were converted to EPA food commodity codes using data provided in EPA's Food Commodity Intake Database (FCID) (U.S. EPA, 2000). The FCID contains a "translation file" that broke down the USDA food codes used in the CSFII into the EPA commodity codes listed in Table 2. A single food item in CSFII may be associated with several EPA commodity codes. The method used to translate USDA food codes into EPA commodity codes is discussed in detail in the documentation included in CSFII 1994-96, 1998 (Attachment 1). The EPA commodity codes used in this study are documented in EPA's Food Commodity Vocabulary (Attachment 2).

2.4. IDENTIFICATION OF FOOD CATEGORIES

The 548 EPA commodity codes were assigned to 10 food categories for use in the analysis, and "other" category that was not included in the analysis (Table 2). The categories are Dairy, Meat, Eggs, Fish, Grain, Vegetables, Fruits, Fats, Soy Products, and Nuts. Water, coffee, tea, sugar, vinegar, and a few other foods that were not appropriate for any other category were

Table 2. EPA Commodity Codes, by Food Category

Meats

| Micuto | |
|----------|---|
| 21000470 | |
| 21000471 | Beef,fat- babyfood |
| 23001710 | |
| 25002930 | Pork, fat |
| | Pork, fat- babyfood |
| 26003410 | Sheep, fat |
| | Sheep, fat- babyfood |
| 40000960 | Chicken, fat |
| | Chicken, fat- babyfood |
| 50003850 | Turkey, fat |
| 50003851 | Turkey, fat- babyfood |
| 60003040 | Poultry, other, fat |
| | Beef, meat |
| 21000441 | Beef, meat- babyfood |
| | Beef, meat, dried |
| | Beef, meat byproducts |
| | Beef, meat byproducts- babyfood |
| | Beef, kidney |
| | Beef, liver |
| | Beef, liver- babyfood |
| | Goat, meat |
| | Goat, meat byproducts |
| 23001720 | Goat, kidney |
| | Goat, liver |
| | Horse, meat |
| | Pork, meat |
| | Pork, meat- babyfood |
| | Pork, skin |
| | Pork, meat byproducts |
| | Pork, meat byproducts- babyfood |
| 25002940 | Pork, kidney |
| 25002950 | Pork, liver |
| | Sheep, meat |
| | Sheep, meat- babyfood |
| | Sheep, meat byproducts |
| | Sheep, kidney |
| | Sheep, liver |
| | Meat, game |
| | Rabbit, meat |
| | Chicken, meat |
| | Chicken, meat- babyfood |
| | Chicken, liver |
| | Chicken, meat byproducts |
| | Chicken, meat byproducts- babyfood |
| | Chicken, skin |
| | |
| | Chicken, skin- babyfood Turkey, meat |
| 50003020 | Turkey, meat- babyfood |
| 50003021 | Turkey, frieat- babyrood Turkey, liver |
| | Turkey, liver- babyfood |
| | Turkey, meat byproducts |
| | |
| | Turkey, meat byproducts- babyfood |
| | Turkey, skin |
| | Turkey, skin - babyfood |
| | Poultry, other, meat |
| | Poultry, other, liver |
| | Poultry, other, meat byproducts |
| 60003050 | Poultry, other, skin |
| | |

Grains

| 15000250 | Barley, pearled barley |
|----------|--|
| 15000251 | Barley, pearled barley - babyfood |
| 15000260 | Barley, flour |
| 15000261 | Barley, flour- babyfood Barley, bran |
| 15000270 | Barley, bran |
| 15000650 | Buckwheat |
| 15000660 | Buckwheat, flour |
| | Corn, field, flour |
| 15001201 | Corn, field, flour- babyfood |
| | Corn, field, meal |
| 15001211 | Corn, field, meal- babyfood |
| 15001220 | Corn, field, bran |
| 15002260 | Millet, grain |
| 15002310 | Oat, bran |
| 15002320 | Oat, flour |
| 15002321 | Oat, flour- babyfood |
| 15002330 | Oat, groats/rolled oats |
| 15002331 | Oat, groats/rolled oats- babyfood Rice, white |
| 15003230 | Rice, white |
| 15003231 | Rice, white- babyfood |
| 15003240 | Rice, brown |
| 15003241 | Rice, brown- babyfood |
| 15003250 | Rice, flour |
| 15003251 | Rice, flour- babyfood |
| 15003260 | Rice, bran |
| 15003261 | Rice, bran- babyfood |
| 15003280 | Rye, grain |
| 15003290 | Rye, flour |
| 15003440 | Sorghum, grain |
| 15003810 | Triticale, flour |
| 15003811 | Triticale, flour- babyfood |
| 15004010 | Wheat, grain |
| | Wheat, grain - babyfood |
| 15004020 | Wheat, flour |
| 15004021 | Wheat, flour- babyfood |
| 15004030 | Wheat, germ |
| | Wheat, bran |
| 15004050 | |
| 18000020 | Alfalfa, seed |
| | Amaranth, grain |
| | Quinoa, grain |
| 1012980 | Potato, flour |
| 1012981 | Potato, flour - babyfood |
| | |

Dairy Products

| , | |
|----------|---|
| 27002221 | Milk, fat - baby food/infant formula |
| 27012230 | Milk, nonfat solids |
| 27012231 | Milk, nonfat solids- baby food/infant formula |
| 27022240 | Milk, water |
| 27022241 | Milk, water- babyfood/infant formula |
| 27032251 | Milk, sugar (lactose)- baby food/infant formula |
| | |

Eggs

| -999 | -990 | |
|----------|-------------------------------|--|
| 70001450 | Egg, whole | |
| 70001451 | Egg, whole - babyfood | |
| 70001460 | Egg, white | |
| 70001461 | Egg, white (solids)- babyfood | |
| 70001470 | Egg, yolk | |
| 70001471 | Egg, yolk- babyfood | |

Table 2. EPA Commodity Codes, by Food Category (Continued)

Vegetables

95000200 Avocado 1010500 Beet, garden, roots 1010501 Beet, garden, roots- babyfood 1010520 Beet, sugar 1010521 Beet, sugar- babyfood 1010530 Beet, sugar, molasses 1010531 Beet, sugar, molasses - babyfood 1010670 Burdock 1010780 Carrot 1010781 Carrot- babyfood 1010790 Carrot, juice 1010840 Celeriac 1011000 Chicory, roots 1011900 Horseradish 1012500 Parsley, turnip rooted 1012510 Parsnip 1012511 Parsnip - babyfood 1012960 Potato, chips 1012970 Potato, dry (granules/ flakes) 1012971 Potato, dry (granules/ flakes)- babyfood 1012990 Potato, tuber, w/peel 1012991 Potato, tuber, w/peel-babyfood 1013000 Potato, tuber, w/o peel 1013001 Potato, tuber, w/o peel-babyfood 1013140 Radish, roots 1013160 Radish, Oriental, roots 1013270 Rutabaga 1013310 Salsify, roots 1013710 Tanier, corm 1013880 Turnip, roots 1030150 Arrowroot, flour 1030151 Arrowroot, flour- babyfood 1030170 Artichoke, Jerusalem 1030820 Cassava 1030821 Cassava-babyfood 1031390 Dasheen, corm 1031660 Ginger 1031661 Ginger - babyfood 1031670 Ginger, dried 1031680 Ginseng, dried 1033660 Sweet potato 1033661 Sweet potato- babyfood 1034060 Yam, true 1034070 Yam bean 2000510 Beet, garden, tops 2001010 Chicory, tops 2001400 Dasheen, leaves 2003150 Radish, tops 2003170 Radish, Oriental, tops 2003320 Salsify, tops 2003890 Turnip, tops 3001640 Garlic 3001650 Garlic, dried

Vegetables (continued)

| vegetables | s (continuea) |
|------------|--|
| 6020330 | Bean, cowpea, succulent |
| 6020370 | Bean, lima, succulent |
| 6022550 | Pea, succulent |
| 6022551 | Pea, succulent- babyfood |
| 6022590 | Pea, pigeon, succulent |
| 6030300 | Bean, black, seed |
| 6030320 | Bean, broad, seed |
| 6030340 | Bean, cowpea, seed |
| | Bean, great northern, seed |
| | Bean, kidney, seed |
| | Bean, lima, seed |
| | Bean, mung, seed |
| 6030400 | Bean, navy, seed |
| 6030410 | Bean, pink, seed |
| 6030420 | Bean, pinto, seed |
| | Chickpea, seed |
| 6030981 | Chickpea, seed - babyfood |
| 6030990 | Chickpea, flour |
| 6031820 | Guar, seed |
| | Guar, seed - babyfood |
| 6032030 | Lentil |
| 6032560 | |
| | Pea, dry- babyfood |
| 6032580 | Pea, pigeon, seed |
| | Eggplant |
| | Pepper, bell |
| | Pepper, bell- babyfood |
| | Pepper, bell, dried |
| | Pepper, bell, dried- babyfood |
| | Pepper, non-bell |
| | Pepper, non-bell, - babyfood |
| | Pepper, non-bell, dried |
| 8003740 | Tomatillo |
| 8003750 | |
| | Tomato- babyfood |
| | Tomato, paste |
| | Tomato, paste- babyfood |
| | Tomato, puree |
| | Tomato, puree- babyfood |
| | Tomato, dried |
| | Tomato, dried - babyfood Tomato, juice |
| | Cucumber |
| | Pumpkin |
| | Pumpkin, seed |
| | Squash, summer |
| | Squash, summer- babyfood |
| | Squash, winter |
| 9023370 | Squash, winter- babyfood |
| | Corn, field, starch |
| | Corn, field, starch- babyfood |
| 15001240 | Corn, field, syrup |
| | Corn, field, syrup- babyfood |
| | |

Table 2. EPA Commodity Codes, by Food Category (Continued)

Vegetables (continued)

| | s (continued) |
|---------|---|
| | Garlic, dried- babyfood |
| 3001980 | Leek |
| 3002370 | Onion, dry bulb |
| | Onion, dry bulb- babyfood |
| 3002380 | Onion, dry bulb, dried |
| 3002381 | Onion, dry bulb, dried- babyfood |
| 3002390 | Onion, green |
| 3003380 | |
| 4010050 | Amaranth, leafy |
| 4010180 | |
| | Chrysanthemum, garland |
| | Cress, garden |
| | Cress, upland |
| | Dandelion, leaves |
| 4011500 | |
| | Lettuce, head |
| | Lettuce, leaf |
| | Parsley, leaves |
| | Radicchio |
| 4013550 | |
| | Spinach- babyfood |
| | Cardoon |
| 4020850 | |
| | Celery- babyfood |
| | Celery, juice |
| 4020870 | |
| | Fennel, Florence |
| | Rhubarb |
| | Swiss chard |
| 5010610 | Broccoll |
| 5010611 | Broccoli- babyfood |
| | Broccoli, Chinese Brussels sprouts |
| | Cabbage |
| 5010090 | Cabbage, Chinese, napa |
| 5010710 | Cabbage, Chinese, maya Cabbage, Chinese, mustard |
| | Cauliflower |
| 5011960 | |
| | Broccoli raab |
| 5020030 | Cabbage, Chinese, bok choy |
| 5021170 | |
| 5021940 | |
| 5022290 | Mustard greens |
| | Rape greens |
| | Soybean, seed |
| | Soybean, flour |
| | Soybean, flour-babyfood |
| 6003400 | Soybean, nour- babyrood Soybean, soy milk |
| 6003490 | Soybean, soy milk- Soybean, soy milk- babyfood or infant formula |
| | Bean, snap, succulent |
| | Bean, snap, succulent-babyfood |
| | Pea, edible podded |
| | Bean, broad, succulent |
| 6020310 | bean, broad, Succulent |

Vegetables (continued)

| | s (continueu) |
|----------|------------------------------------|
| 15001260 | Corn, pop |
| 15001270 | Corn, sweet |
| 15001271 | Corn, sweet- babyfood |
| 15003450 | Sorghum, syrup |
| 19010280 | Sorghum, syrup Basil, fresh leaves |
| | Basil, fresh leaves - babyfood |
| 19010290 | Basil, dried leaves |
| 19010291 | Basil, dried leaves- babyfood |
| 19011030 | Chive |
| 19011440 | Dill |
| 19011840 | Herbs, other |
| 19011841 | Herbs, other- babyfood |
| 19012020 | Lemongrass |
| 19012200 | Marjoram |
| 19012201 | Marjoram - babyfood |
| 19012490 | Parsley, dried leaves |
| 19012491 | Parsley, dried leaves - babyfood |
| 19013340 | Savory |
| 19021050 | Cinnamon |
| 19021051 | Cinnamon- babyfood |
| 19021180 | Coriander, leaves |
| 19021181 | Coriander, leaves - babyfood |
| | Coriander, seed |
| | Coriander, seed - babyfood |
| 19021430 | |
| 19022740 | Pepper, black and white |
| 19022741 | Pepper, black and white- babyfood |
| 19023540 | Spices, other |
| 19023541 | Spices, other- babyfood |
| 19023870 | Turmeric |
| 95000160 | Artichoke, globe |
| 95000190 | Asparagus |
| | Bamboo, shoots |
| | Coconut, meat |
| | Coconut- meat, babyfood |
| 95001120 | Coconut, dried |
| 95001130 | Coconut, milk |
| 95002270 | Mulberry |
| 95002280 | Mushroom |
| 95002340 | |
| 95002430 | Palm heart, leaves |
| 95002750 | Peppermint |
| | Psyllium, seed |
| 95003350 | |
| 95003351 | Seaweed - babyfood |
| 95003360 | Sesame, seed |
| 95003361 | Sesame, seed- babyfood |
| 95003520 | Spearmint |
| 95003640 | Sunflower, seed |
| 95003800 | Tomato, Tree |
| 95003970 | Water chestnut |
| 95003980 | Watercress |
| | |

Table 2. EPA Commodity Codes, by Food Category (Continued)

Fats

| Fats | |
|----------|----------------------------|
| 6003500 | Soybean, oil |
| 6003501 | Soybean, oil- babyfood |
| 10001080 | Citrus, oil |
| 14000040 | Almond, oil |
| | Almond, oil- babyfood |
| | Filbert, oil |
| 15001250 | Corn, field, oil |
| | Corn, field, oil- babyfood |
| 21000470 | |
| | Beef,fat- babyfood |
| 23001710 | |
| 25002930 | |
| | Pork, fat- babyfood |
| | Sheep, fat |
| 26003411 | Sheep, fat- babyfood |
| 27002220 | |
| | Chicken, fat |
| | Chicken, fat- babyfood |
| 50003850 | Turkey, fat |
| | Turkey, fat- babyfood |
| | Poultry, other, fat |
| | Coconut, oil |
| | Coconut, oil- babyfood |
| 95001280 | Cottonseed, oil |
| | Cottonseed, oil - babyfood |
| 95001630 | Flaxseed, oil |
| 95002360 | |
| 95002440 | |
| | Palm, oil - babyfood |
| | Peanut, oil |
| | Peppermint, oil |
| 95003190 | Rapeseed, oil |
| | Rapeseed, oil - babyfood |
| | Safflower, oil |
| | Safflower, oil - babyfood |
| | Sesame, oil |
| | Sesame, oil- babyfood |
| | Spearmint, oil |
| | Sunflower, oil |
| 95003651 | Sunflower, oil - babyfood |

Soy Products

| 6003500 | Soybean, oil |
|---------|------------------------|
| 6003501 | Soybean, oil- babyfood |
| 6003470 | Soybean, seed |

Fish

| 80001570 | Fish- freshwater finfish |
|----------|--|
| 80001580 | Fish- freshwater finfish, farm raised |
| 80001590 | Fish- saltwater finfish, tuna |
| 80001600 | Fish- saltwater finfish, other |
| 80001610 | Fish- shellfish, crustacean |
| 80001620 | Fish- shellfish, mollusc |
| | 80001580 80001590 80001600 80001610 |

Nuts

| เงนเธ | |
|----------|------------------|
| 14000030 | Almond |
| 14000031 | Almond- babyfood |
| 14000590 | Brazil nut |
| 14000680 | Butternut |
| 14000810 | Cashew |
| 14000920 | Chestnut |
| 14001550 | Filbert |
| 14001850 | Hickory nut |
| 14002130 | Macadamia nut |
| 14002690 | Pecan |
| 14002820 | Pistachio |
| 14003910 | Walnut |
| 95002630 | Peanut |
| 95002640 | Peanut, butter |
| 95002780 | Pine nut |

Other/Not Classified

| 01110171101 | |
|-------------|------------------------------------|
| | Water, dilution, source NS |
| 86003930 | Water, tapwater- direct (drinking) |
| 86003940 | Water- indirect (cooking) |
| 86003950 | Water, bottled water |
| 86003960 | Water, commercial beverage |
| 95000770 | Carob |
| 95001090 | Cocoa bean, chocolate |
| 95001100 | Cocoa bean, powder |
| 95001150 | Coffee, roasted bean |
| 95001160 | Coffee, instant |
| 95001860 | Honey |
| 95001861 | Honey- babyfood |
| 95001880 | Нор |
| 95002180 | Maple, sugar |
| 95002190 | Maple syrup |
| 95003620 | Sugarcane, sugar |
| 95003621 | Sugarcane, sugar- babyfood |
| 95003630 | Sugarcane, molasses |
| 95003631 | Sugarcane, molasses - babyfood |
| 95003720 | Tea, dried |
| 95003730 | Tea, instant |
| 95003900 | Vinegar |
| | · · |

Table 2. EPA Commodity Codes, by Food Category (Continued)

| | u | |
|--|---|--|
| | | |
| | | |
| | | |

| i i uito | |
|----------|-------------------------------|
| 9010750 | Cantaloupe |
| 9010800 | Casaba |
| 9011870 | Honeydew melon |
| 9013990 | Watermelon |
| 9014000 | Watermelon, juice |
| 9020210 | Balsam pear |
| | Chayote, fruit |
| | Chinese waxgourd |
| | Citrus citron |
| 10001070 | Citrus hybrids |
| 10001800 | Grapefruit |
| 10001810 | Grapefruit, juice |
| 10001970 | Kumquat |
| 10001990 | Lemon |
| | Lemon, juice |
| 10002001 | Lemon, juice- babyfood |
| 10002010 | Lemon, peel |
| 10002060 | Lime |
| 10002070 | Lime, juice |
| 10002071 | Lime, juice- babyfood |
| 10002400 | Orange |
| | Orange, juice |
| | Orange, juice- babyfood |
| | Orange, peel |
| 10003070 | Pummelo |
| 10003690 | Tangerine |
| | Tangerine, juice |
| | Apple, fruit with peel |
| 11000080 | Apple, peeled fruit |
| 11000081 | Apple, peeled fruit- babyfood |
| | Apple, dried |
| | Apple, dried - babyfood |
| | Apple, juice |
| | Apple, juice - babyfood |
| | Apple, sauce |
| 11000111 | Apple, sauce - babyfood |
| | Crabapple |
| 11002100 | |
| 11003100 | Quince |
| 11003100 | Quince |

Fruits (continued)

| 13021360 | Currant |
|----------|-----------------------------|
| 13021370 | Currant, dried |
| 13021490 | Elderberry Gooseberry |
| 13021740 | Gooseberry |
| 13021910 | Huckleberry |
| 14013200 | Raspberry |
| 14013201 | Raspberry- babyfood |
| 14013210 | Raspberry, juice |
| | Raspberry, juice - babyfood |
| 95000010 | |
| 95000230 | |
| 95000231 | Banana- babyfood |
| 95000240 | Banana, dried |
| | Banana, dried- babyfood |
| | Belgium endive |
| 95000600 | |
| 95000730 | |
| 95000740 | |
| 95000890 | Cherimoya |
| 95001300 | Cranberry |
| 95001301 | Cranberry- babyfood |
| | Cranberry, dried |
| | Cranberry, juice |
| | Cranberry, juice- babyfood |
| 95001410 | |
| 95001510 | Feijoa |
| 95001530 | |
| 95001540 | |
| 95001750 | |
| | Grape, juice |
| | Grape, juice- babyfood |
| | Grape, leaves |
| | Grape, raisin |
| 95001790 | Grape, wine and sherry |
| 95001830 | Guava |
| 95001831 | Guava- babyfood |
| | Jaboticaba |
| 95001930 | |
| 95001950 | Kiwifruit |
| | |

Table 2. EPA Commodity Codes, by Food Category (Continued)

Fruits (continued)

| Apricot |
|------------------------------|
| Apricot- babyfood |
| Apricot, dried |
| Apricot, juice |
| Apricot, juice- babyfood |
| Cherry |
| Cherry- babyfood |
| Cherry, juice |
| Cherry, juice- babyfood |
| Nectarine |
| Peach |
| Peach- babyfood |
| Peach, dried |
| Peach, dried- babyfood |
| Peach, juice |
| Peach, juice- babyfood |
| Pear |
| Pear- babyfood |
| Pear, dried |
| Pear, juice |
| Pear, juice- babyfood |
| Plum |
| Plum- babyfood |
| Plum, prune, fresh |
| Plum, prune, fresh- babyfood |
| Plum, prune, dried |
| Plum, prune, dried- babyfood |
| Plum, prune, juice |
| Plum, prune, juice- babyfood |
| Blackberry |
| Blackberry, juice |
| Blackberry, juice - babyfood |
| Boysenberry |
| Dewberry |
| Loganberry |
| Blueberry |
| Blueberry- babyfood |
| |

Fruits (continued)

| 95002090 Longan | |
|--|--|
| | |
| 95002110 Lychee | |
| 95002120 Lychee, dried | |
| 95002140 Mamey apple | |
| 95002140 Mamey apple 95002150 Mango | |
| 95002151 Mango- babyfood | |
| 95002160 Mango, dried | |
| 95002170 Mango, juice | |
| 95002171 Mango, juice - babyfood | |
| 95002350 Olive | |
| 95002450 Papaya | |
| 95002451 Papaya- babyfood | |
| 95002460 Papaya, dried | |
| 95002470 Papaya, juice | |
| 95002520 Passionfruit | |
| 95002521 Passionfruit- babyfood | |
| 95002530 Passionfruit, juice | |
| 95002531 Passionfruit, juice- babyfood | |
| 95002540 Pawpaw | |
| 95002770 Persimmon | |
| 95002790 Pineapple | |
| 95002791 Pineapple- babyfood | |
| 95002800 Pineapple, dried | |
| 95002810 Pineapple, juice | |
| 95002811 Pineapple, juice- babyfood | |
| 95002830 Plantain | |
| 95002840 Plantain, dried | |
| 95002890 Pomegranate | |
| 95003330 Sapote, Mamey | |
| 95003460 Soursop | |
| 95003510 Spanish lime | |
| 95003580 Starfruit | |
| 95003590 Strawberry | |
| 95003591 Strawberry- babyfood | |
| 95003600 Strawberry, juice | |
| 95003601 Strawberry, juice - babyfood | |
| 95003610 Sugar apple | |
| 95003680 Tamarind | |

not included in the analysis. Some EPA commodity codes are listed under more than one food category. For example, the code for beef fat, which represents only the nutrient fat from beef, is included in the Fats category as well as the Meats category because the nutrient fat in beef would be a part of any prepared food product containing beef. Soybean oil appears in the Fats category as well as in the Soy Products category. For this reason, in the results tables, the intakes for each individual food category do not necessarily add up to the figure given for total food intake.

Some food products were classified on the basis of their pattern of use in the human diet rather than on a strict horticultural definition. For example, tomatoes and avocados meet the biological definition of a fruit, but were classified as vegetables, based on their customary use.

3. DATA ANALYSIS

3.1. PREPARATION OF DATA

CSFII 1994–96, 1998 contains 3,173,197 records of food consumption for 21,662 individuals. This database was subjected to a series of filters to produce an operating data set for use in calculating food consumption.

The full database contains three types of food consumption data: Day 1 consumption, Day 2 consumption, and average consumption (the arithmetic mean consumption for days 1 and 2.) If an individual completed the food consumption survey for both days, an average consumption was calculated for each food item consumed by each individual, whether the item was consumed on Day 1, Day 2, or both days. An average was *not* calculated if the individual completed the food consumption survey for only one day. The consumption of any given food code by any given survey respondent may therefore appear in one, two, or three records in the database. For example, if an individual ate a food item on one day of the survey and did not complete the survey for the second day, only one record was added to the database. If an individual ate a food item on only one of the two days and completed the survey for both days, the consumption appears as a Day 1 *or* Day 2 consumption and as an average consumption. If an individual ate a food item on both days, the consumption appears as one Day 1 consumption, one Day 2 consumption, and one average consumption. An example based on two individuals from the database is provided in Table 3.

Table 3. Listing of Food Consumption Events in Database

| | | Day Code: | | | | | | |
|--|-------------|----------------------|---------------|----------|--|--|--|--|
| | | 1 =day 1 | EPA | Amount | | | | |
| | Person's ID | 2 =day 2 | commodity | Consumed | | | | |
| | code | 4 =2-day avg. | code consumed | g/day | Comments | | | |
| | 1000101 | 1 | 1010520 | 0.505403 | Food was consumed on both | | | |
| | 1000101 | 2 | 1010520 | 0.240405 | days; two daily records and an | | | |
| | 1000101 | 4 | 1010520 | 0.372904 | average are recorded | | | |
| | 1000101 | 2 | 1031660 | 0.106792 | Food was consumed on day 2 | | | |
| | 1000101 | 4 | 1031660 | 0.053396 | only; one daily record and an average are recorded | | | |
| leted | 1000101 | 2 | 1031670 | 0.00032 | Food was consumed on day 2 only; one daily record and an | | | |
| Individual that completed both days of survey | 1000101 | 4 | 1031670 | 0.00016 | average are recorded | | | |
| that of su | 1000101 | 1 | 3001640 | 0.008441 | Food was consumed on both | | | |
| ual nys (| 1000101 | 2 | 3001640 | 0.083154 | days; two daily records and an | | | |
| ivid h da | 1000101 | 4 | 3001640 | 0.045797 | average are recorded | | | |
| Ind | 1000101 | 1 | 3001650 | 0.004568 | Food was consumed on day 1 | | | |
| | 1000101 | 4 | 3001650 | 0.002284 | only; one daily record and an average are recorded | | | |
| | 1000101 | 1 | 3002370 | 0.429241 | Food was consumed on both | | | |
| | 1000101 | 2 | 3002370 | 0.120856 | days; two daily records and an | | | |
| | 1000101 | 4 | 3002370 | 0.275048 | average are recorded | | | |
| ompleted y | 1010801 | 1 | 1010520 | 0.047479 | Only one day of data; no Day 2 or Average recorded | | | |
| aal that com day 1 only | 1010801 1 | | 1010780 | 0.144031 | Only one day of data; no Day 2 or Average recorded | | | |
| Individual that co day 1 onl | 1010801 | 1 | 1012980 | 0.071958 | Only one day of data; no Day 2 or Average recorded | | | |

The first person listed in Table 3 (ID code 1000101) completed surveys for both days, so EPA commodity codes are listed for the day the food was consumed and are listed as a two-day average (even if the commodity was consumed on only one of the two days). The second person in Table 3 (ID code 1010801) only completed the survey for Day 1, so all the commodities consumed are listed only as Day 1 records.

In this analysis, only two-day average consumption records were used. This was done because the sample person weighting factors for each survey respondent were different for Day 1 consumption, Day 2 consumption, and average consumption. Because average consumption represented a larger data set for each survey respondent, it was used in the analysis. By removing all the Day 1 and Day 2 records, the 3,173,197 records in the CSFII were reduced to 1,286,953 two-day average consumption records. Note that in the example above, the second individual in Table 3 (ID Code 1010801) would be removed from the analysis because no Day 2 data were available.

The decision to use only complete, two-day records for the analysis resulted in the removal from the database of 1,055 persons who completed only the first day of the food consumption survey. In addition, 808 persons were flagged for removal from the study because they did not provide a body weight on their survey form. Without a body weight, the weight-normalized intake values in this study cannot be calculated. Fifty-one of the individuals in the survey had both an invalid body weight and only one day of food consumption data. Therefore, these two selection criteria reduced the number of persons in the database by 1,812, leaving an operating survey population of 19,850 individuals who submitted complete intake data for both days and provided a valid body weight. This population of 19,850 was the starting point for all demographic cohorts discussed in this study and presented in the data tables.

When the database of 1,286,953 two-day average consumption records was filtered to include only the 19,850 individuals in the demographic database, 45,772 records were removed, leaving 1,241,181 consumption records in the consumption database. These records contain consumption data for 19,731 individuals.

The remaining 119 individuals in the total cohort of 19,850 were valid persons (in the sense that they provided a body weight and completed the survey for both days), but they do not appear in the consumption database because they did not consume any food items that have valid EPA commodity codes. This is not an error, but rather a reflection of a population segment that

consumed only human milk during the survey period. All 119 individuals were 7 months old or younger, and 107 were 4 months old or younger. All 119 had a data element in their survey indicating that they were breastfeeding. Because the EPA commodity code list did not include human milk, these individuals have no entries in the food consumption database. At the other end of the spectrum, there were several individuals in CSFII 1994-96, 1998 whose food consumption data were unusually high. The highest reported food consumption was 8,840 g/day from a 19-year-old white male from the rural Midwest. The 99th percentile of total food consumption among the entire survey population was 2,650 grams.

Because challenging or verifying reported food consumption in CSFII 1994-96, 1998 was beyond the scope of this project, data were assumed to be correct as presented in the CSFII, even in the case of these extremely high food consumption rates.

3.2. IDENTIFICATION OF DEMOGRAPHIC COHORTS

The 19,850 individuals in the working database were divided into cohorts on the basis of four demographic characteristics included in the surveys completed by the study participants (Table 4). Individuals were grouped on the basis of age, race, urbanization, and geographic region. Except in the case of age, the level of detail in identifying the demographic categories was determined by the constraints of the source data and is the same as in CSFII 1994-96, 1998.

Age. The selection of age categories was based on previous food consumption studies. For the calculation of total food intake, there were eight age categories: less than 1 year, 1–2 years, 3–5 years, 6–11 years, 12–19 years, 20–39 years, 40–69 years, and greater than 70 years. For the analysis of low-end, mid-range, and high-end consumers, the oldest three categories were combined into a single category containing all individuals aged 20 years or older.

Race. Survey respondents were asked to indicate their race from a list of five choices: White, Black, Asian/Pacific Islander, American Indian, or Other.

Urbanization. Survey respondents were asked to indicate whether they lived in the central part of a Metropolitan Statistical Area (MSA), the outer portions of an MSA, or not in any MSA. These designations are listed in the study results as Central City, Suburban, and Nonmetropolitan, respectively

Geographic region. Survey respondents were asked to identify their geographic region (Northeast, Midwest, South, or West, as defined in Figure 1).

Table 4. Definition and Size of Demographic Cohorts

| | Age | | | | | |
|----------|---------|-----------|--|--|--|--|
| | Tables | All Other | | | | |
| | 1A & 1B | Tables | | | | |
| <1 yr | 1422 | 1422 | | | | |
| 1-2 yr | 1996 | 1996 | | | | |
| 3-5 yr | 4112 | 4112 | | | | |
| 6-11 yr | 1786 | 1786 | | | | |
| 12-19 yr | 1373 | 1373 | | | | |
| 20-39 yr | 2950 | | | | | |
| 40-69 yr | 4818 | 9161* | | | | |
| 70+ yr | 1393 | | | | | |

| | Race |
|-----------------|-------|
| | n |
| White | 15130 |
| Black | 2615 |
| Asian/Pacific | 522 |
| American Indian | 149 |
| Other | 1434 |

| | Geographic Region |
|-----------|-------------------|
| | n |
| Northeast | 3563 |
| Midwest | 4722 |
| South | 7037 |
| West | 4528 |

| | Urbanization |
|--------------------|--------------|
| | n |
| MSA†, city | 5879 |
| MSA†, outside city | 9348 |
| Non-MSA† | 4623 |

 $^{^{\}star}$ For tables 2A-2M...8A-8N, all persons aged 20 years and older were combined into a single category.

†MSA - Metropolitan Statistical Area.

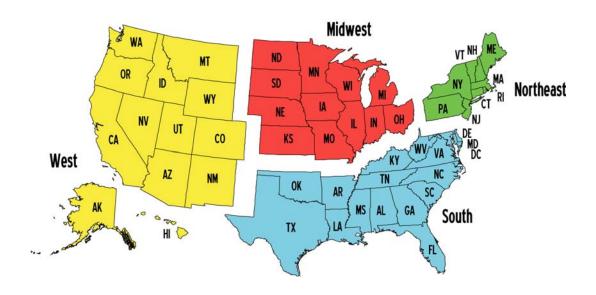


Figure 1. Geographic regions as defined in CSFII.

3.3. USE OF WEIGHTING FACTORS

Weighting factors (see Section 2.2) for the two-day average consumption values were provided in CSFII 1994–96, 1998. These weighting factors are based on a population of 20,607 individuals who provided two days of food consumption data. This number of individuals is slightly higher than the 19,850 used in the present study because 757 individuals with two days of consumption data were removed from the present study because they did not provide a body weight (see Preparation of Data, Section 3.1). The effect of this discrepancy was expected to be minor relative to the other variables in the study, such as estimation of an individual's portion size based on a survey and conversion of food items to individual commodities.

4. RESULTS

4.1. TOTAL DIETARY INTAKE: WHOLE POPULATION AND POPULATION SUBGROUPS

Total dietary intake was calculated for the whole population and for each of the demographic categories. For the purposes of this study, total dietary intake is defined as consumption of food that corresponds to any of the EPA commodity codes in Table 2, except those listed as "other/not classified." Percent consuming, mean, standard error, and a range of percentile values were calculated for each demographic group. The calculations were performed on the basis of grams of food per kilogram of body weight per day (Table 5A) and on the basis of grams per day (Table 5B.)

4.2. INTAKE OF INDIVIDUAL FOOD GROUPS, CATEGORIZED BY AGE

Total intake of each of the 10 food categories listed in Table 1 and total dietary intake were calculated for the whole population and for five age categories: 0–1 years, 1–2 years, 3–5 years, 6–11 years, and 12–19 years, and 20 years old and above. Percent consuming, mean, standard error, and a range of percentile values were calculated for each food type. Table numbers for each age group and type of intake are presented in Table 6. Tables 7A through 7N present the results. For each age category, two tables are presented: one with intakes on the basis of grams of food per kilogram of body weight per day, and one with intakes on the basis of grams per day.

4.3. IDENTIFICATION OF HIGH-END, MID-RANGE, AND LOW-END DECILES OF FOOD INTAKE

In order to compare patterns of food intake among groups with unusually high or low rates of intake of certain foods, subgroups were isolated from the total survey population of 19,850 individuals. The bottom, middle, and upper deciles of consumption were identified for six decile target foods: total foods, meats, meat and dairy, fish, fruits and vegetables, and dairy. The calculation of food intake by age group for each of the 10 food categories was repeated for each decile.

| | | | , | Table 5A. | Per Capita | a Total Die | etary Intak | e (g/kg/da | ay) | | | | | |
|---------------------|---------------------------|----------------------|--------------------|-------------------|------------|-------------|-------------|------------|----------|----------|----------|----------|----------|----------------------|
| Population Group | Population Sample Size | Percent Consuming | Mean | Standard Error | Oth | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Whole Population | 19850 | 99.4% | 2.2E+01 | 3.10E+01 | 0.00E+00 | 6.45E+00 | 8.14E+00 | 1.14E+01 | 1.62E+01 | 2.45E+01 | 4.36E+01 | 6.20E+01 | 1.04E+02 | 2.65E+02 |
| Age (years) | | | | | | | | | | | | | | |
| Age < 1 | 1422 | 91.6% | 3.9E+01 | 3.27E+01 | 0.00E+00 | 0.00E+00 | 1.32E+00 | 1.87E+01 | 3.22E+01 | 5.04E+01 | 7.41E+01 | 1.01E+02 | 2.00E+02 | 2.33E+02 |
| Age 1-2 | 1996 | 100.0% | 8.2E+01 | 3.42E+01 | | | 4.15E+01 | | - | | _ | | | 2.65E+02 |
| Age 3-5 | 4112 | 100.0% | 6.1E+01 | 2.39E+01 | | | 3.41E+01 | | | - | | _ | | 2.39E+02 |
| Age 6-11 | 1786 | 100.0% | 3.8E+01 | 1.72E+01 | 5.96E+00 | | 1.91E+01 | | | | | | | |
| Age 12-19 | 1373 | 100.0% | 2.1E+01 | 1.05E+01 | | | 9.22E+00 | | | | | 4.08E+01 | | 1.15E+02 |
| Age 20-39 | 2950 | 100.0% | 1.6E+01 | | | | 7.79E+00 | | 1.46E+01 | - | 2.53E+01 | | 3.83E+01 | |
| Age 40-69 | 4818 | 100.0% | 1.4E+01 | 6.45E+00 | 8.70E-01 | 6.01E+00 | 7.23E+00 | | | | 2.27E+01 | | 3.36E+01 | 7.48E+01 |
| Age 70+ | 1393 | 100.0% | 1.5E+01 | 6.36E+00 | 2.09E+00 | 6.24E+00 | 7.70E+00 | 1.04E+01 | 1.41E+01 | 1.86E+01 | 2.35E+01 | 2.66E+01 | 3.54E+01 | 4.67E+01 |
| Urbanization | | | | | | | | | | | | | | |
| Central City | 5879 | 99.5% | 2.2E+01 | 3.10E+01 | 0.00F+00 | 6 44F+00 | 8.03E+00 | 1 14F+01 | 1 65F+01 | 2 49F+01 | 4.35F+01 | 6.21F+01 | 1 01F+02 | 2 46F+02 |
| Suburban | 9348 | 99.3% | 2.3E+01 | 3.15E+01 | | | 8.44E+00 | | 1.67E+01 | | | 6.35E+01 | | 2.65E+02 |
| Nonmetropolitan | 4623 | 99.5% | 2.1E+01 | 2.95E+01 | | | 7.75E+00 | | 1.50E+01 | - | - | 5.76E+01 | | 2.33E+02 |
| Race | | | | | | | | | | | | | | |
| White | 15130 | 99.4% | 2.2E+01 | 3.06E+01 | 0.005±00 | 6.71E±00 | 8.39E+00 | 1 15F±01 | 1 61F±01 | 2 40F±01 | 4 20F±01 | 6.02F±01 | 1 02F±02 | 2 65F±02 |
| Black | 2615 | 99.7% | 2.1E+01 | 3.03E+01 | | | 6.61E+00 | | - | | | | - | 2.46E+02 |
| Asian | 522 | 99.0% | 2.5E+01 | 3.00E+01 | | | 1.11E+01 | | 2.07E+01 | | | | 9.86E+01 | |
| Native American | 149 | 99.3% | 2.4E+01 | 3.76E+01 | | | 6.79E+00 | | 1.50E+01 | | | | 1.71E+02 | |
| Other/NA | 1434 | 99.3% | 2.7E+01 | 3.40E+01 | | | 8.39E+00 | | 1.94E+01 | | 6.07E+01 | | 1.22E+02 | |
| Region | | | | | | | | | | | | | | |
| Northeast | 3563 | 99.5% | 2.3E+01 | 3.19E+01 | 0.00E±00 | 7 11F±00 | 8.75E+00 | 1 20F±01 | 1 67F±01 | 2 55F±01 | 4 47F+01 | 6.24E+01 | 1.06F±02 | 2.46F±02 |
| Midwest | 4722 | 99.6% | 2.3E+01 | 3.15E+01 | | | 8.45E+00 | | | | | 6.35E+01 | | 2.40E+02 2.39E+02 |
| South | 7037 | 99.6% | 2.3E+01 2.1E+01 | 3.03E+01 | | | 7.35E+00 | | | | | 5.94E+01 | | 2.65E+02 |
| West | 4528 | 98.9% | 2.3E+01 | | | | 8.71E+00 | | | | | | | 2.38E+02 |

| | | | | Table 5B | . Per Capi | ita Total D | ietary Inta | ıke (g/day |) | | | | | |
|---------------------|---------------------------|----------------------|---------|-------------------|------------|-------------|-------------|------------|----------|----------|----------|----------|----------|----------|
| Population Group | Population Sample Size | Percent Consuming | Mean | Standard Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Whole Population | 19850 | 99.4% | 1.1E+03 | 4.87E+02 | 0.00E+00 | 4.58E+02 | 5.65E+02 | 7.71E+02 | 1.03E+03 | 1.36E+03 | 1.72E+03 | 2.00E+03 | 2.65E+03 | 8.84E+03 |
| Age (years) | | | | | | | | | | | | | | |
| Age < 1 | 1422 | 91.6% | 3.2E+02 | 3.13E+02 | 0.00E+00 | 0.00E+00 | 6.73E+00 | 1.09E+02 | 2.27E+02 | 4.25E+02 | 6.70E+02 | 9.20E+02 | 1.63E+03 | 2.46E+03 |
| Age 1-2 | 1996 | 100.0% | 1.0E+03 | 3.92E+02 | 5.06E+01 | 4.61E+02 | 5.75E+02 | 7.59E+02 | 9.95E+02 | 1.25E+03 | 1.53E+03 | 1.70E+03 | 2.18E+03 | 3.60E+03 |
| Age 3-5 | 4112 | 100.0% | 1.1E+03 | 3.80E+02 | 1.77E+02 | 5.48E+02 | 6.29E+02 | 8.05E+02 | 1.02E+03 | 1.28E+03 | 1.55E+03 | 1.75E+03 | 2.17E+03 | 4.89E+03 |
| Age 6-11 | 1786 | 100.0% | 1.1E+03 | 3.71E+02 | 3.42E+02 | 6.04E+02 | 6.86E+02 | 8.47E+02 | 1.06E+03 | 1.34E+03 | 1.63E+03 | 1.82E+03 | 2.20E+03 | 3.60E+03 |
| Age 12-19 | 1373 | 100.0% | 1.2E+03 | 5.89E+02 | 1.73E+02 | 4.80E+02 | 5.85E+02 | 8.17E+02 | 1.10E+03 | 1.50E+03 | 1.93E+03 | 2.29E+03 | 3.09E+03 | 8.84E+03 |
| Age 20-39 | 2950 | 100.0% | 1.1E+03 | 5.18E+02 | 5.68E+01 | 4.93E+02 | 5.79E+02 | 7.78E+02 | 1.04E+03 | 1.39E+03 | 1.78E+03 | 2.11E+03 | 3.12E+03 | 5.64E+03 |
| Age 40-69 | 4818 | 100.0% | 1.1E+03 | 4.68E+02 | 4.81E+01 | 4.72E+02 | 5.67E+02 | 7.66E+02 | 1.03E+03 | 1.35E+03 | 1.71E+03 | 1.93E+03 | 2.48E+03 | 4.32E+03 |
| Age 70+ | 1393 | 100.0% | 1.0E+03 | 4.30E+02 | 1.76E+02 | 4.49E+02 | 5.49E+02 | 7.41E+02 | 9.82E+02 | 1.28E+03 | 1.56E+03 | 1.82E+03 | 2.26E+03 | 3.09E+03 |
| Urbanization | | | | | | | | | | | | | | |
| Central City | 5879 | 99.5% | 1.1E+03 | 4.92E+02 | 0.00E+00 | 4.63E+02 | 5.69E+02 | 7.76E+02 | 1.02E+03 | 1.36E+03 | 1.73E+03 | 2.06E+03 | 3.26E+03 | 5.64E+03 |
| Suburban | 9348 | 99.3% | 1.1E+03 | | | | | | | 1.38E+03 | | | | 4.71E+03 |
| Nonmetropolitan | 4623 | 99.5% | 1.1E+03 | 4.97E+02 | 0.00E+00 | 4.34E+02 | 5.35E+02 | 7.27E+02 | 9.86E+02 | 1.33E+03 | 1.69E+03 | 1.92E+03 | 2.59E+03 | 8.84E+03 |
| Race | | | | | | | | | | | | | | |
| White | 15130 | 99.4% | 1.1E+03 | 4.88F+02 | 0.00F+00 | 4.74F+02 | 5.86F+02 | 7.87F+02 | 1.04F+03 | 1.38E+03 | 1.73F+03 | 1.99F+03 | 2.59F+03 | 8.84F+03 |
| Black | 2615 | 99.7% | 1.0E+03 | | | _ | | | | 1.22E+03 | | 1.88E+03 | | |
| Asian | 522 | 99.0% | 1.2E+03 | | 0.00E+00 | | | | | 1.40E+03 | | 2.08E+03 | | l |
| Native American | 149 | 99.3% | 1.1E+03 | | | | | | | 1.45E+03 | | | | |
| Other/NA | 1434 | 99.3% | 1.1E+03 | | | | | | | 1.41E+03 | | | | |
| Region | | | | | | | | | | | | | | |
| Northeast | 3563 | 99.5% | 1.1E+03 | 4.69F+02 | 0.00F+00 | 5.14F+02 | 6.06F+02 | 8.08F+02 | 1.05F+03 | 1.39E+03 | 1.73F+03 | 2.06F+03 | 3.09F+03 | 4.71F+03 |
| Midwest | 4722 | 99.6% | 1.2E+03 | | 0.00E+00 | | | | | 1.41E+03 | | 2.07E+03 | | |
| South | 7037 | 99.6% | 1.0E+03 | | | | | | | 1.26E+03 | | | | |
| West | 4528 | 98.9% | 1.2E+03 | | | | | | | | | | | 4.55E+03 |

Table 6. Table Numbers for Each Age Group and Type of Intake

| Age (years) | Intakes (g/kg/d) | Intakes (g/d) |
|-------------------|---------------------|------------------|
| All ages combined | 7A | 7B |
| 20+ | 7C | 7D |
| <1 | 7E | 7F |
| 1-2 | 7G | 7H |
| 3-5 | 7I | 7J |
| 6-11 | 7K | 7L |
| 12-19 | 7M | 7N |

Deciles were identified as follows. For *each of the six age groups*, consumption of the decile target food was calculated for each individual. The individuals were sorted by consumption, and a *weighted* percentile value was calculated for each individual using the weighting factors described in Section 2.2, with the lowest consumption approximately equal to zero and the highest equal to one. The low-consuming decile was defined as all persons with a consumption less than the 10th percentile. The mid-range decile was defined as all persons with a consumption falling between the 45th and 55th percentile. The high-consuming decile was defined as all persons with a consumption greater than the 90th percentile. This identification was repeated for each age category and for the entire survey population. The identification of deciles resulted in lists of high-, mid-range-, and low-consuming individuals for each age group for each of the six target foods. Note that due to differences in weighting factors, the high, mid-range, or low decile for a given age group does not necessarily contain exactly 10% of the individuals in the group.

As an aid to the reader, the table numbers are listed in Table 8. The results of the decile analysis are presented in Tables 9A through 14N. In each of these tables, the number denotes the decile target food, and the letter denotes the age group and the basis of the intake calculation (g/kg/day or g/day).

| | | Т | able 7A. P | er Capita Ir | ntake of Ma | jor Food G | roups, All / | Ages Comb | ined (g/kg/ | day) | | | | |
|------------------------|-------------|-----------|------------|--------------|-------------|------------|--------------|-----------|-------------|----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percenti | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 19850 | 99.4% | 2.22E+01 | 3.10E+01 | 0.00E+00 | 6.45E+00 | 8.14E+00 | 1.14E+01 | 1.62E+01 | 2.45E+01 | 4.36E+01 | 6.20E+01 | 1.04E+02 | 2.65E+02 |
| Total Dairy Intake | 19850 | 98.4% | 6.27E+00 | 1.67E+01 | 0.00E+00 | 1.47E-01 | 3.24E-01 | 1.05E+00 | 3.00E+00 | 6.90E+00 | 1.53E+01 | 2.41E+01 | 5.00E+01 | 2.16E+02 |
| Total Meat Intake | 19850 | 94.1% | 2.06E+00 | 2.35E+00 | 0.00E+00 | 1.74E-01 | 4.84E-01 | 9.60E-01 | 1.66E+00 | 2.67E+00 | 3.97E+00 | 5.23E+00 | 8.68E+00 | 3.04E+01 |
| Total Egg Intake | 19850 | 89.6% | 3.92E-01 | 1.01E+00 | 0.00E+00 | 0.00E+00 | 9.80E-04 | 2.98E-02 | 1.52E-01 | 5.17E-01 | 1.02E+00 | 1.43E+00 | 3.14E+00 | 1.46E+01 |
| Total Fish Intake | 19850 | 22.2% | 2.08E-01 | 6.43E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.69E-03 | 7.62E-01 | 1.23E+00 | 2.52E+00 | 1.21E+01 |
| Total Grain Intake | 19850 | 97.7% | 2.41E+00 | 2.63E+00 | 0.00E+00 | 5.81E-01 | 7.75E-01 | 1.21E+00 | 1.87E+00 | 3.01E+00 | 4.73E+00 | 6.08E+00 | 9.17E+00 | 2.77E+01 |
| Total Vegetable Intake | 19850 | 98.1% | 5.05E+00 | 5.08E+00 | 0.00E+00 | 1.27E+00 | 1.81E+00 | 2.81E+00 | 4.24E+00 | 6.34E+00 | 9.00E+00 | 1.14E+01 | 1.82E+01 | 6.65E+01 |
| Total Fruit Intake | 19850 | 92.9% | 4.28E+00 | 1.18E+01 | 0.00E+00 | 0.00E+00 | 1.48E-03 | 3.52E-01 | 2.12E+00 | 5.16E+00 | 1.03E+01 | 1.62E+01 | 3.49E+01 | 1.44E+02 |
| Total Fat Intake | 19850 | 99.1% | 1.20E+00 | 1.56E+00 | 0.00E+00 | 2.98E-01 | 3.97E-01 | 6.06E-01 | 9.31E-01 | 1.43E+00 | 2.34E+00 | 3.14E+00 | 5.01E+00 | 1.99E+01 |
| Total Soy Intake | 19850 | 98.8% | 4.32E-01 | 5.25E-01 | 0.00E+00 | 7.14E-02 | 1.10E-01 | 2.00E-01 | 3.41E-01 | 5.52E-01 | 8.48E-01 | 1.12E+00 | 1.76E+00 | 5.95E+00 |
| Total Nut Intake | 19850 | 40.0% | 8.40E-02 | 3.71E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 5.02E-02 | 2.48E-01 | 4.79E-01 | 1.20E+00 | 8.79E+00 |

| | | | Table 7B. | Per Capita | Intake of N | lajor Food | Groups, Al | Ages Com | nbined (g/d | ay) | | | | |
|------------------------|-------------|-----------|-----------|------------|-------------|------------|------------|----------|-------------|----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percentil | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 19850 | 99.4% | 1.11E+03 | 4.87E+02 | 0.00E+00 | 4.58E+02 | 5.65E+02 | 7.71E+02 | 1.03E+03 | 1.36E+03 | 1.72E+03 | 2.00E+03 | 2.65E+03 | 8.84E+03 |
| Total Dairy Intake | 19850 | 98.4% | 2.62E+02 | 2.65E+02 | 0.00E+00 | 1.01E+01 | 2.29E+01 | 7.34E+01 | 1.92E+02 | 3.79E+02 | 5.97E+02 | 7.38E+02 | 1.12E+03 | 3.98E+03 |
| Total Meat Intake | 19850 | 94.1% | 1.20E+02 | 8.23E+01 | 0.00E+00 | 9.08E+00 | 2.58E+01 | 5.69E+01 | 1.01E+02 | 1.59E+02 | 2.32E+02 | 2.84E+02 | 4.36E+02 | 2.34E+03 |
| Total Egg Intake | 19850 | 89.6% | 2.16E+01 | 2.79E+01 | 0.00E+00 | 0.00E+00 | 5.02E-02 | 1.74E+00 | 8.67E+00 | 3.12E+01 | 5.88E+01 | 8.22E+01 | 1.25E+02 | 4.45E+02 |
| Total Fish Intake | 19850 | 22.2% | 1.28E+01 | 2.78E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 9.01E-02 | 4.83E+01 | 7.84E+01 | 1.52E+02 | 4.34E+02 |
| Total Grain Intake | 19850 | 97.7% | 1.30E+02 | 7.39E+01 | 0.00E+00 | 3.80E+01 | 5.17E+01 | 7.75E+01 | 1.13E+02 | 1.61E+02 | 2.26E+02 | 2.80E+02 | 4.29E+02 | 1.11E+03 |
| Total Vegetable Intake | 19850 | 98.1% | 2.85E+02 | 1.62E+02 | 0.00E+00 | 7.17E+01 | 1.05E+02 | 1.67E+02 | 2.56E+02 | 3.70E+02 | 4.98E+02 | 5.95E+02 | 8.27E+02 | 2.50E+03 |
| Total Fruit Intake | 19850 | 92.9% | 1.93E+02 | 2.18E+02 | 0.00E+00 | 0.00E+00 | 1.03E-01 | 2.27E+01 | 1.29E+02 | 2.80E+02 | 4.72E+02 | 6.23E+02 | 9.87E+02 | 2.69E+03 |
| Total Fat Intake | 19850 | 99.1% | 6.26E+01 | 3.05E+01 | 0.00E+00 | 2.02E+01 | 2.67E+01 | 3.87E+01 | 5.61E+01 | 7.86E+01 | 1.07E+02 | 1.25E+02 | 1.75E+02 | 3.91E+02 |
| Total Soy Intake | 19850 | 98.8% | 2.34E+01 | 1.44E+01 | 0.00E+00 | 4.53E+00 | 6.89E+00 | 1.21E+01 | 2.01E+01 | 3.11E+01 | 4.39E+01 | 5.36E+01 | 7.83E+01 | 1.67E+02 |
| Total Nut Intake | 19850 | 40.0% | 4.25E+00 | 1.10E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 2.82E+00 | 1.29E+01 | 2.25E+01 | 6.01E+01 | 2.10E+02 |

| | | | Table 7C. | Per Capita | a Intake of | Major Food | l Groups, A | ge 20+ Yea | ırs (g/kg/da | y) | | | | |
|------------------------|-------------|-----------|-----------|------------|-------------|------------|-------------|------------|--------------|----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percentil | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 9161 | 100.0% | 1.52E+01 | 6.76E+00 | 8.70E-01 | 6.06E+00 | 7.50E+00 | 1.03E+01 | 1.41E+01 | 1.88E+01 | 2.39E+01 | 2.80E+01 | 3.71E+01 | 7.48E+01 |
| Total Dairy Intake | 9161 | 99.8% | 3.04E+00 | 3.09E+00 | 0.00E+00 | 1.24E-01 | 2.60E-01 | 8.08E-01 | 2.11E+00 | 4.27E+00 | 6.96E+00 | 9.12E+00 | 1.39E+01 | 4.10E+01 |
| Total Meat Intake | 9161 | 98.3% | 1.74E+00 | 1.18E+00 | 0.00E+00 | 2.15E-01 | 4.81E-01 | 8.93E-01 | 1.50E+00 | 2.28E+00 | 3.25E+00 | 3.94E+00 | 6.26E+00 | 1.34E+01 |
| Total Egg Intake | 9161 | 94.1% | 3.18E-01 | 4.27E-01 | 0.00E+00 | 0.00E+00 | 1.64E-03 | 2.83E-02 | 1.44E-01 | 4.85E-01 | 8.64E-01 | 1.14E+00 | 1.82E+00 | 7.53E+00 |
| Total Fish Intake | 9161 | 28.9% | 2.12E-01 | 4.95E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.53E-01 | 7.83E-01 | 1.20E+00 | 2.32E+00 | 8.05E+00 |
| Total Grain Intake | 9161 | 99.9% | 1.85E+00 | 1.12E+00 | 0.00E+00 | 5.46E-01 | 7.14E-01 | 1.07E+00 | 1.58E+00 | 2.30E+00 | 3.27E+00 | 4.04E+00 | 6.04E+00 | 1.61E+01 |
| Total Vegetable Intake | 9161 | 100.0% | 4.22E+00 | 2.38E+00 | 0.00E+00 | 1.21E+00 | 1.68E+00 | 2.55E+00 | 3.80E+00 | 5.41E+00 | 7.22E+00 | 8.51E+00 | 1.17E+01 | 2.82E+01 |
| Total Fruit Intake | 9161 | 93.5% | 2.68E+00 | 3.19E+00 | 0.00E+00 | 0.00E+00 | 1.23E-03 | 2.38E-01 | 1.70E+00 | 3.92E+00 | 6.77E+00 | 8.91E+00 | 1.46E+01 | 5.16E+01 |
| Total Fat Intake | 9161 | 100.0% | 8.59E-01 | 4.40E-01 | 0.00E+00 | 2.75E-01 | 3.56E-01 | 5.31E-01 | 7.82E-01 | 1.09E+00 | 1.44E+00 | 1.68E+00 | 2.42E+00 | 4.24E+00 |
| Total Soy Intake | 9161 | 99.7% | 3.28E-01 | 2.10E-01 | 0.00E+00 | 6.30E-02 | 9.77E-02 | 1.72E-01 | 2.84E-01 | 4.38E-01 | 6.02E-01 | 7.26E-01 | 1.08E+00 | 2.15E+00 |
| Total Nut Intake | 9161 | 36.9% | 5.78E-02 | 1.71E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 3.33E-02 | 1.67E-01 | 3.36E-01 | 8.02E-01 | 2.72E+00 |

| | | | Table 7 | D. Per Cap | ita Intake o | f Major Foo | od Groups, | Age 20+ Y | ears (g/day | | | | | |
|------------------------|-------------|-----------|----------|------------|--------------|-------------|------------|-----------|-------------|----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percenti | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Error | Oth | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 9161 | 100.0% | 1.11E+03 | 4.81E+02 | 4.81E+01 | 4.77E+02 | 5.70E+02 | 7.69E+02 | 1.03E+03 | 1.36E+03 | 1.73E+03 | 2.01E+03 | 2.65E+03 | 5.64E+03 |
| Total Dairy Intake | 9161 | 99.8% | 2.21E+02 | 2.28E+02 | 0.00E+00 | 8.76E+00 | 1.99E+01 | 5.96E+01 | 1.53E+02 | 3.12E+02 | 5.09E+02 | 6.43E+02 | 1.02E+03 | 3.72E+03 |
| Total Meat Intake | 9161 | 98.3% | 1.30E+02 | 8.95E+01 | 0.00E+00 | 1.51E+01 | 3.45E+01 | 6.49E+01 | 1.11E+02 | 1.71E+02 | 2.46E+02 | 2.99E+02 | 4.57E+02 | 1.01E+03 |
| Total Egg Intake | 9161 | 94.1% | 2.35E+01 | 3.16E+01 | 0.00E+00 | 0.00E+00 | 1.26E-01 | 2.07E+00 | 1.04E+01 | 3.64E+01 | 6.28E+01 | 8.70E+01 | 1.29E+02 | 4.45E+02 |
| Total Fish Intake | 9161 | 28.9% | 1.53E+01 | 3.60E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.16E+01 | 5.63E+01 | 8.62E+01 | 1.62E+02 | 4.34E+02 |
| Total Grain Intake | 9161 | 99.9% | 1.36E+02 | 8.44E+01 | 0.00E+00 | 4.16E+01 | 5.33E+01 | 7.91E+01 | 1.16E+02 | 1.67E+02 | 2.38E+02 | 2.97E+02 | 4.62E+02 | 1.11E+03 |
| Total Vegetable Intake | 9161 | 100.0% | 3.09E+02 | 1.71E+02 | 0.00E+00 | 9.05E+01 | 1.24E+02 | 1.91E+02 | 2.81E+02 | 3.94E+02 | 5.25E+02 | 6.26E+02 | 8.50E+02 | 1.81E+03 |
| Total Fruit Intake | 9161 | 93.5% | 1.91E+02 | 2.24E+02 | 0.00E+00 | 0.00E+00 | 9.90E-02 | 1.82E+01 | 1.25E+02 | 2.80E+02 | 4.73E+02 | 6.25E+02 | 9.96E+02 | 2.69E+03 |
| Total Fat Intake | 9161 | 100.0% | 6.38E+01 | 3.39E+01 | 0.00E+00 | 1.97E+01 | 2.63E+01 | 3.87E+01 | 5.71E+01 | 8.11E+01 | 1.09E+02 | 1.27E+02 | 1.78E+02 | 3.59E+02 |
| Total Soy Intake | 9161 | 99.7% | 2.43E+01 | 1.59E+01 | 0.00E+00 | 4.73E+00 | 7.13E+00 | 1.26E+01 | 2.09E+01 | 3.25E+01 | 4.56E+01 | 5.49E+01 | 7.87E+01 | 1.67E+02 |
| Total Nut Intake | 9161 | 36.9% | 4.29E+00 | 1.29E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 2.42E+00 | 1.18E+01 | 2.35E+01 | 6.46E+01 | 2.10E+02 |

| | | | Table 7E | . Per Capi | ta Intake of | f Major Foo | d Groups, | Age <1 Yea | r (g/kg/day |) | | | | |
|------------------------|-------------|-----------|----------|------------|--------------|-------------|-----------|------------|-------------|----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percentil | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 1422 | 91.6% | 3.88E+01 | 3.27E+01 | 0.00E+00 | 0.00E+00 | 1.32E+00 | 1.87E+01 | 3.22E+01 | 5.04E+01 | 7.41E+01 | 1.01E+02 | 2.00E+02 | 2.33E+02 |
| Total Dairy Intake | 1422 | 79.7% | 1.22E+01 | 1.93E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 7.42E-01 | 7.76E+00 | 1.38E+01 | 2.33E+01 | 4.34E+01 | 1.24E+02 | 1.80E+02 |
| Total Meat Intake | 1422 | 38.3% | 1.20E+00 | 2.39E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.54E+00 | 4.06E+00 | 6.35E+00 | 1.03E+01 | 2.96E+01 |
| Total Egg Intake | 1422 | 26.7% | 2.87E-01 | 9.78E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 2.89E-02 | 4.46E-01 | 2.08E+00 | 6.09E+00 | 1.13E+01 |
| Total Fish Intake | 1422 | 2.5% | 3.25E-02 | 2.49E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.18E+00 | 4.44E+00 |
| Total Grain Intake | 1422 | 69.3% | 2.11E+00 | 2.73E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.26E+00 | 3.22E+00 | 5.43E+00 | 7.37E+00 | 1.16E+01 | 2.60E+01 |
| Total Vegetable Intake | 1422 | 73.1% | 6.82E+00 | 7.73E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 4.43E+00 | 1.13E+01 | 1.74E+01 | 2.15E+01 | 3.30E+01 | 6.65E+01 |
| Total Fruit Intake | 1422 | 62.0% | 1.20E+01 | 1.56E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 6.94E+00 | 1.93E+01 | 3.19E+01 | 4.00E+01 | 7.16E+01 | 1.38E+02 |
| Total Fat Intake | 1422 | 88.0% | 3.90E+00 | 2.76E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 2.10E+00 | 3.82E+00 | 5.37E+00 | 7.11E+00 | 8.81E+00 | 1.32E+01 | 1.99E+01 |
| Total Soy Intake | 1422 | 86.9% | 1.02E+00 | 8.50E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 4.19E-01 | 8.99E-01 | 1.41E+00 | 2.07E+00 | 2.66E+00 | 3.93E+00 | 5.95E+00 |
| Total Nut Intake | 1422 | 3.7% | 1.08E-02 | 9.96E-02 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 3.05E-01 | 2.34E+00 |

| | | | Table 7 | 7F. Per Cap | oita Intake | of Major Fo | od Groups | , Age <1 Ye | ear (g/day) | | | | | |
|------------------------|-------------|-----------|----------|-------------|-------------|-------------|-----------|-------------|-------------|----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percentil | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 1422 | 91.6% | 3.18E+02 | 3.13E+02 | 0.00E+00 | 0.00E+00 | 6.73E+00 | 1.09E+02 | 2.27E+02 | 4.25E+02 | 6.70E+02 | 9.20E+02 | 1.63E+03 | 2.46E+03 |
| Total Dairy Intake | 1422 | 79.7% | 9.76E+01 | 1.81E+02 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 5.41E+00 | 6.21E+01 | 9.06E+01 | 1.60E+02 | 3.91E+02 | 1.14E+03 | 1.87E+03 |
| Total Meat Intake | 1422 | 38.3% | 1.10E+01 | 2.16E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.41E+01 | 3.78E+01 | 5.91E+01 | 1.03E+02 | 2.69E+02 |
| Total Egg Intake | 1422 | 26.7% | 2.78E+00 | 9.45E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 2.82E-01 | 3.87E+00 | 2.03E+01 | 5.11E+01 | 1.03E+02 |
| Total Fish Intake | 1422 | 2.5% | 3.10E-01 | 2.32E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.19E+01 | 4.22E+01 |
| Total Grain Intake | 1422 | 69.3% | 1.85E+01 | 2.45E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.00E+01 | 2.85E+01 | 5.12E+01 | 6.58E+01 | 1.09E+02 | 2.60E+02 |
| Total Vegetable Intake | 1422 | 73.1% | 5.66E+01 | 6.38E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 3.69E+01 | 9.42E+01 | 1.44E+02 | 1.83E+02 | 2.64E+02 | 4.52E+02 |
| Total Fruit Intake | 1422 | 62.0% | 1.02E+02 | 1.33E+02 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 5.59E+01 | 1.66E+02 | 2.67E+02 | 3.47E+02 | 5.77E+02 | 1.25E+03 |
| Total Fat Intake | 1422 | 88.0% | 2.76E+01 | 1.69E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.72E+01 | 2.96E+01 | 3.78E+01 | 4.69E+01 | 5.59E+01 | 7.36E+01 | 1.06E+02 |
| Total Soy Intake | 1422 | 86.9% | 7.18E+00 | 5.29E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 3.71E+00 | 6.79E+00 | 1.00E+01 | 1.36E+01 | 1.72E+01 | 2.58E+01 | 3.67E+01 |
| Total Nut Intake | 1422 | 3.7% | 1.02E-01 | 9.03E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 3.75E+00 | 2.01E+01 |

| | | | Table 7G | Per Capit | a Intake of | Major Food | l Groups, A | ge 1-2 Yea | rs (g/kg/da | y) | | | | |
|------------------------|-------------|-----------|----------|-----------|-------------|------------|-------------|------------|-------------|----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percentil | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 1996 | 100.0% | 8.20E+01 | 3.42E+01 | 5.32E+00 | 3.51E+01 | 4.15E+01 | 5.85E+01 | 7.75E+01 | 1.01E+02 | 1.25E+02 | 1.44E+02 | 1.83E+02 | 2.65E+02 |
| Total Dairy Intake | 1996 | 99.8% | 3.53E+01 | 2.61E+01 | 0.00E+00 | 3.66E+00 | 7.19E+00 | 1.66E+01 | 2.97E+01 | 4.81E+01 | 6.96E+01 | 8.54E+01 | 1.21E+02 | 2.16E+02 |
| Total Meat Intake | 1996 | 97.5% | 4.13E+00 | 3.06E+00 | 0.00E+00 | 2.19E-01 | 7.96E-01 | 1.91E+00 | 3.56E+00 | 5.65E+00 | 7.97E+00 | 9.71E+00 | 1.39E+01 | 2.07E+01 |
| Total Egg Intake | 1996 | 92.6% | 1.25E+00 | 1.73E+00 | 0.00E+00 | 0.00E+00 | 1.80E-03 | 9.29E-02 | 4.23E-01 | 1.97E+00 | 3.67E+00 | 4.64E+00 | 6.90E+00 | 1.46E+01 |
| Total Fish Intake | 1996 | 18.9% | 2.69E-01 | 8.85E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 9.69E-01 | 1.69E+00 | 4.00E+00 | 1.20E+01 |
| Total Grain Intake | 1996 | 99.7% | 5.74E+00 | 2.82E+00 | 0.00E+00 | 1.93E+00 | 2.56E+00 | 3.85E+00 | 5.32E+00 | 7.25E+00 | 9.27E+00 | 1.09E+01 | 1.43E+01 | 2.77E+01 |
| Total Vegetable Intake | 1996 | 99.9% | 1.04E+01 | 6.57E+00 | 0.00E+00 | 2.70E+00 | 3.61E+00 | 6.03E+00 | 9.03E+00 | 1.34E+01 | 1.83E+01 | 2.19E+01 | 3.34E+01 | 6.41E+01 |
| Total Fruit Intake | 1996 | 98.0% | 2.11E+01 | 1.76E+01 | 0.00E+00 | 2.83E-01 | 2.10E+00 | 8.43E+00 | 1.73E+01 | 2.91E+01 | 4.40E+01 | 5.64E+01 | 7.94E+01 | 1.44E+02 |
| Total Fat Intake | 1996 | 100.0% | 3.21E+00 | 1.43E+00 | 1.84E-02 | 1.29E+00 | 1.59E+00 | 2.23E+00 | 3.01E+00 | 3.93E+00 | 5.06E+00 | 5.80E+00 | 7.47E+00 | 1.09E+01 |
| Total Soy Intake | 1996 | 99.0% | 8.89E-01 | 5.79E-01 | 0.00E+00 | 1.58E-01 | 2.62E-01 | 4.71E-01 | 7.80E-01 | 1.18E+00 | 1.63E+00 | 2.03E+00 | 2.77E+00 | 5.38E+00 |
| Total Nut Intake | 1996 | 43.1% | 2.35E-01 | 5.62E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 2.46E-01 | 7.75E-01 | 1.18E+00 | 2.25E+00 | 7.81E+00 |

| | | | Table 7 | H. Per Cap | ita Intake c | of Major Foo | od Groups, | Age 1-2 Ye | ears (g/day) | | | | | |
|------------------------|-------------|-----------|----------|------------|--------------|--------------|------------|------------|--------------|----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percentil | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 1996 | 100.0% | 1.03E+03 | 3.92E+02 | 5.06E+01 | 4.61E+02 | 5.75E+02 | 7.59E+02 | 9.95E+02 | 1.25E+03 | 1.53E+03 | 1.70E+03 | 2.18E+03 | 3.60E+03 |
| Total Dairy Intake | 1996 | 99.8% | 4.37E+02 | 2.96E+02 | 0.00E+00 | 4.18E+01 | 1.02E+02 | 2.18E+02 | 3.93E+02 | 5.94E+02 | 8.30E+02 | 9.86E+02 | 1.36E+03 | 2.94E+03 |
| Total Meat Intake | 1996 | 97.5% | 5.33E+01 | 3.97E+01 | 0.00E+00 | 2.70E+00 | 9.71E+00 | 2.47E+01 | 4.56E+01 | 7.32E+01 | 1.06E+02 | 1.30E+02 | 1.84E+02 | 2.80E+02 |
| Total Egg Intake | 1996 | 92.6% | 1.61E+01 | 2.25E+01 | 0.00E+00 | 0.00E+00 | 2.48E-02 | 1.12E+00 | 5.57E+00 | 2.52E+01 | 4.73E+01 | 5.91E+01 | 9.27E+01 | 2.12E+02 |
| Total Fish Intake | 1996 | 18.9% | 3.44E+00 | 1.11E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.22E+01 | 2.38E+01 | 5.06E+01 | 1.35E+02 |
| Total Grain Intake | 1996 | 99.7% | 7.33E+01 | 3.55E+01 | 0.00E+00 | 2.33E+01 | 3.24E+01 | 4.79E+01 | 6.85E+01 | 9.30E+01 | 1.19E+02 | 1.39E+02 | 1.76E+02 | 2.63E+02 |
| Total Vegetable Intake | 1996 | 99.9% | 1.32E+02 | 8.35E+01 | 0.00E+00 | 3.12E+01 | 4.55E+01 | 7.65E+01 | 1.18E+02 | 1.67E+02 | 2.34E+02 | 2.76E+02 | 4.12E+02 | 8.46E+02 |
| Total Fruit Intake | 1996 | 98.0% | 2.66E+02 | 2.18E+02 | 0.00E+00 | 3.29E+00 | 2.84E+01 | 1.07E+02 | 2.19E+02 | 3.65E+02 | 5.67E+02 | 7.06E+02 | 9.28E+02 | 2.04E+03 |
| Total Fat Intake | 1996 | 100.0% | 4.06E+01 | 1.75E+01 | 1.91E-01 | 1.61E+01 | 2.06E+01 | 2.87E+01 | 3.88E+01 | 4.95E+01 | 6.40E+01 | 7.17E+01 | 9.64E+01 | 1.46E+02 |
| Total Soy Intake | 1996 | 99.0% | 1.14E+01 | 7.48E+00 | 0.00E+00 | 2.00E+00 | 3.25E+00 | 6.07E+00 | 1.01E+01 | 1.53E+01 | 2.13E+01 | 2.50E+01 | 3.62E+01 | 6.35E+01 |
| Total Nut Intake | 1996 | 43.1% | 3.03E+00 | 7.50E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 3.26E+00 | 9.18E+00 | 1.50E+01 | 3.05E+01 | 1.06E+02 |

| | | | Table 7I. | Per Capita | Intake of | Major Food | Groups, A | ge 3-5 Year | rs (g/kg/day | ') | | | | |
|------------------------|-------------|-----------|-----------|------------|-----------|------------|-----------|-------------|--------------|------------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percenti | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 4112 | 100.0% | 6.05E+01 | 2.39E+01 | 1.12E+01 | 2.98E+01 | 3.41E+01 | 4.37E+01 | 5.72E+01 | 7.34E+01 | 9.10E+01 | 1.02E+02 | 1.32E+02 | 2.39E+02 |
| Total Dairy Intake | 4112 | 100.0% | 2.23E+01 | 1.49E+01 | 4.22E-03 | 3.72E+00 | 6.52E+00 | 1.23E+01 | 1.97E+01 | 3.01E+01 | 4.07E+01 | 4.75E+01 | 6.56E+01 | 1.95E+02 |
| Total Meat Intake | 4112 | 98.8% | 4.07E+00 | 2.82E+00 | 0.00E+00 | 6.10E-01 | 1.15E+00 | 2.14E+00 | 3.55E+00 | 5.41E+00 | 7.52E+00 | 9.37E+00 | 1.27E+01 | 2.34E+01 |
| Total Egg Intake | 4112 | 95.1% | 8.91E-01 | 1.33E+00 | 0.00E+00 | 2.20E-05 | 3.53E-03 | 8.13E-02 | 3.19E-01 | 1.32E+00 | 2.67E+00 | 3.43E+00 | 5.43E+00 | 1.28E+01 |
| Total Fish Intake | 4112 | 19.5% | 2.93E-01 | 8.83E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.06E+00 | 2.00E+00 | 4.10E+00 | 1.21E+01 |
| Total Grain Intake | 4112 | 100.0% | 5.71E+00 | 2.54E+00 | 0.00E+00 | 2.42E+00 | 2.92E+00 | 3.97E+00 | 5.29E+00 | 7.03E+00 | 8.84E+00 | 1.01E+01 | 1.36E+01 | 2.68E+01 |
| Total Vegetable Intake | 4112 | 100.0% | 9.61E+00 | 5.31E+00 | 0.00E+00 | 3.14E+00 | 4.16E+00 | 6.10E+00 | 8.72E+00 | 1.20E+01 | 1.59E+01 | 1.91E+01 | 2.59E+01 | 6.02E+01 |
| Total Fruit Intake | 4112 | 97.8% | 1.39E+01 | 1.35E+01 | 0.00E+00 | 1.27E-01 | 9.37E-01 | 4.70E+00 | 1.08E+01 | 1.97E+01 | 3.04E+01 | 3.88E+01 | 5.74E+01 | 1.24E+02 |
| Total Fat Intake | 4112 | 100.0% | 2.81E+00 | 1.18E+00 | 3.91E-01 | 1.27E+00 | 1.51E+00 | 2.00E+00 | 2.65E+00 | 3.39E+00 | 4.32E+00 | 4.92E+00 | 6.40E+00 | 9.60E+00 |
| Total Soy Intake | 4112 | 99.8% | 9.38E-01 | 5.48E-01 | 0.00E+00 | 2.49E-01 | 3.59E-01 | 5.64E-01 | 8.42E-01 | 1.19E+00 | 1.63E+00 | 1.97E+00 | 2.69E+00 | 5.33E+00 |
| Total Nut Intake | 4112 | 52.7% | 2.88E-01 | 5.67E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 7.98E-03 | 4.06E-01 | 9.17E-01 | 1.30E+00 | 2.44E+00 | 8.79E+00 |

| | | | Table 7 | J. Per Cap | ita Intake o | of Major Foo | od Groups, | Age 3-5 Ye | ars (g/day) | | | | | |
|------------------------|-------------|-----------|----------|------------|--------------|--------------|------------|------------|-------------|----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percenti | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 4112 | 100.0% | 1.07E+03 | 3.80E+02 | 1.77E+02 | 5.48E+02 | 6.29E+02 | 8.05E+02 | 1.02E+03 | 1.28E+03 | 1.55E+03 | 1.75E+03 | 2.17E+03 | 4.89E+03 |
| Total Dairy Intake | 4112 | 100.0% | 3.92E+02 | 2.49E+02 | 8.60E-02 | 6.85E+01 | 1.21E+02 | 2.24E+02 | 3.56E+02 | 5.22E+02 | 7.06E+02 | 8.05E+02 | 1.15E+03 | 3.98E+03 |
| Total Meat Intake | 4112 | 98.8% | 7.26E+01 | 4.85E+01 | 0.00E+00 | 1.09E+01 | 1.98E+01 | 3.81E+01 | 6.52E+01 | 9.69E+01 | 1.33E+02 | 1.63E+02 | 2.30E+02 | 4.33E+02 |
| Total Egg Intake | 4112 | 95.1% | 1.57E+01 | 2.33E+01 | 0.00E+00 | 3.19E-04 | 6.50E-02 | 1.47E+00 | 5.63E+00 | 2.39E+01 | 4.70E+01 | 5.85E+01 | 9.87E+01 | 2.90E+02 |
| Total Fish Intake | 4112 | 19.5% | 5.20E+00 | 1.56E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.91E+01 | 3.62E+01 | 7.09E+01 | 1.92E+02 |
| Total Grain Intake | 4112 | 100.0% | 1.01E+02 | 4.12E+01 | 0.00E+00 | 4.42E+01 | 5.39E+01 | 7.20E+01 | 9.46E+01 | 1.22E+02 | 1.55E+02 | 1.75E+02 | 2.30E+02 | 4.10E+02 |
| Total Vegetable Intake | 4112 | 100.0% | 1.70E+02 | 8.90E+01 | 0.00E+00 | 5.58E+01 | 7.52E+01 | 1.09E+02 | 1.56E+02 | 2.13E+02 | 2.80E+02 | 3.29E+02 | 4.54E+02 | 9.15E+02 |
| Total Fruit Intake | 4112 | 97.8% | 2.43E+02 | 2.20E+02 | 0.00E+00 | 2.39E+00 | 1.56E+01 | 8.49E+01 | 1.96E+02 | 3.44E+02 | 5.16E+02 | 6.42E+02 | 1.00E+03 | 2.25E+03 |
| Total Fat Intake | 4112 | 100.0% | 4.96E+01 | 1.94E+01 | 6.98E+00 | 2.27E+01 | 2.72E+01 | 3.61E+01 | 4.71E+01 | 6.00E+01 | 7.42E+01 | 8.49E+01 | 1.13E+02 | 1.67E+02 |
| Total Soy Intake | 4112 | 99.8% | 1.66E+01 | 9.15E+00 | 0.00E+00 | 4.74E+00 | 6.48E+00 | 1.02E+01 | 1.51E+01 | 2.14E+01 | 2.83E+01 | 3.37E+01 | 4.60E+01 | 8.03E+01 |
| Total Nut Intake | 4112 | 52.7% | 5.10E+00 | 9.68E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 1.35E-01 | 7.51E+00 | 1.50E+01 | 2.25E+01 | 4.43E+01 | 1.43E+02 |

| | Table 7K. Per Capita Intake of Major Food Groups, Age 6-11 Years (g/kg/day) | | | | | | | | | | | | | |
|------------------------|---|-----------|----------|----------|----------|----------|----------|----------|----------|-----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percenti | le Values | | | | |
| Group | Sample Size | Consuming | Mean | Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 1786 | 100.0% | 3.79E+01 | 1.72E+01 | 5.96E+00 | 1.56E+01 | 1.91E+01 | 2.63E+01 | 3.55E+01 | 4.71E+01 | 5.95E+01 | 6.78E+01 | 8.55E+01 | 1.22E+02 |
| Total Dairy Intake | 1786 | 100.0% | 1.37E+01 | 9.82E+00 | 3.54E-03 | 1.84E+00 | 3.53E+00 | 6.77E+00 | 1.18E+01 | 1.87E+01 | 2.60E+01 | 3.17E+01 | 4.19E+01 | 7.88E+01 |
| Total Meat Intake | 1786 | 98.8% | 2.95E+00 | 2.14E+00 | 0.00E+00 | 4.46E-01 | 8.13E-01 | 1.53E+00 | 2.56E+00 | 3.92E+00 | 5.50E+00 | 6.73E+00 | 9.83E+00 | 1.81E+01 |
| Total Egg Intake | 1786 | 95.9% | 5.27E-01 | 8.69E-01 | 0.00E+00 | 7.90E-05 | 3.37E-03 | 5.27E-02 | 2.05E-01 | 6.62E-01 | 1.49E+00 | 2.22E+00 | 3.56E+00 | 7.63E+00 |
| Total Fish Intake | 1786 | 16.5% | 1.98E-01 | 6.45E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 6.89E-01 | 1.31E+00 | 3.33E+00 | 6.74E+00 |
| Total Grain Intake | 1786 | 100.0% | 4.06E+00 | 2.02E+00 | 2.36E-01 | 1.62E+00 | 1.93E+00 | 2.71E+00 | 3.75E+00 | 5.08E+00 | 6.51E+00 | 7.56E+00 | 1.07E+01 | 1.64E+01 |
| Total Vegetable Intake | 1786 | 100.0% | 7.19E+00 | 4.11E+00 | 5.37E-01 | 2.44E+00 | 3.06E+00 | 4.52E+00 | 6.51E+00 | 9.01E+00 | 1.20E+01 | 1.44E+01 | 2.00E+01 | 4.95E+01 |
| Total Fruit Intake | 1786 | 97.5% | 6.59E+00 | 7.22E+00 | 0.00E+00 | 4.44E-02 | 2.10E-01 | 1.81E+00 | 4.73E+00 | 9.29E+00 | 1.54E+01 | 2.03E+01 | 3.01E+01 | 5.53E+01 |
| Total Fat Intake | 1786 | 100.0% | 1.96E+00 | 9.22E-01 | 1.81E-01 | 8.04E-01 | 9.77E-01 | 1.33E+00 | 1.84E+00 | 2.43E+00 | 3.11E+00 | 3.51E+00 | 4.53E+00 | 9.10E+00 |
| Total Soy Intake | 1786 | 100.0% | 7.08E-01 | 4.18E-01 | 3.39E-03 | 2.09E-01 | 2.65E-01 | 4.11E-01 | 6.42E-01 | 9.20E-01 | 1.20E+00 | 1.44E+00 | 2.06E+00 | 5.19E+00 |
| Total Nut Intake | 1786 | 52.6% | 1.73E-01 | 3.58E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 8.74E-04 | 2.21E-01 | 5.50E-01 | 8.28E-01 | 1.62E+00 | 3.73E+00 |

| | Table 7L. Per Capita Intake of Major Food Groups, Age 6-11 Years (g/day) | | | | | | | | | | | | | |
|------------------------|--|-----------|----------|------------|----------|----------|----------|----------|-----------|----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percentil | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Mean Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 1786 | 100.0% | 1.12E+03 | 3.71E+02 | 3.42E+02 | 6.04E+02 | 6.86E+02 | 8.47E+02 | 1.06E+03 | 1.34E+03 | 1.63E+03 | 1.82E+03 | 2.20E+03 | 3.60E+03 |
| Total Dairy Intake | 1786 | 100.0% | 3.99E+02 | 2.40E+02 | 1.20E-01 | 5.91E+01 | 1.25E+02 | 2.29E+02 | 3.64E+02 | 5.38E+02 | 7.28E+02 | 8.29E+02 | 1.08E+03 | 2.68E+03 |
| Total Meat Intake | 1786 | 98.8% | 8.87E+01 | 5.65E+01 | 0.00E+00 | 1.26E+01 | 2.43E+01 | 4.92E+01 | 8.17E+01 | 1.17E+02 | 1.58E+02 | 1.95E+02 | 2.68E+02 | 4.35E+02 |
| Total Egg Intake | 1786 | 95.9% | 1.58E+01 | 2.31E+01 | 0.00E+00 | 2.15E-03 | 1.36E-01 | 1.70E+00 | 6.12E+00 | 2.17E+01 | 4.61E+01 | 5.89E+01 | 1.14E+02 | 1.93E+02 |
| Total Fish Intake | 1786 | 16.5% | 5.92E+00 | 1.79E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 2.14E+01 | 3.81E+01 | 9.96E+01 | 2.27E+02 |
| Total Grain Intake | 1786 | 100.0% | 1.20E+02 | 4.86E+01 | 4.81E+00 | 5.45E+01 | 6.75E+01 | 8.82E+01 | 1.14E+02 | 1.44E+02 | 1.84E+02 | 2.07E+02 | 2.79E+02 | 5.13E+02 |
| Total Vegetable Intake | 1786 | 100.0% | 2.17E+02 | 1.06E+02 | 1.83E+01 | 7.98E+01 | 9.93E+01 | 1.41E+02 | 2.00E+02 | 2.70E+02 | 3.51E+02 | 4.22E+02 | 5.60E+02 | 1.08E+03 |
| Total Fruit Intake | 1786 | 97.5% | 1.92E+02 | 1.82E+02 | 0.00E+00 | 1.27E+00 | 7.55E+00 | 5.75E+01 | 1.42E+02 | 2.75E+02 | 4.41E+02 | 5.43E+02 | 8.80E+02 | 1.41E+03 |
| Total Fat Intake | 1786 | 100.0% | 5.83E+01 | 2.18E+01 | 9.21E+00 | 2.84E+01 | 3.36E+01 | 4.27E+01 | 5.58E+01 | 7.03E+01 | 8.65E+01 | 9.72E+01 | 1.23E+02 | 1.68E+02 |
| Total Soy Intake | 1786 | 100.0% | 2.11E+01 | 1.05E+01 | 8.43E-02 | 6.80E+00 | 9.26E+00 | 1.34E+01 | 1.94E+01 | 2.75E+01 | 3.47E+01 | 3.94E+01 | 5.31E+01 | 7.34E+01 |
| Total Nut Intake | 1786 | 52.6% | 5.01E+00 | 9.35E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 4.34E-02 | 6.68E+00 | 1.50E+01 | 2.43E+01 | 4.51E+01 | 8.65E+01 |

| | Table 7M. Per Capita Intake of Major Food Groups, Age 12-19 Years (g/kg/day) | | | | | | | | | | | | | |
|------------------------|--|-----------|----------|------------|----------|----------|----------|----------|-----------|----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percentil | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Mean Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 1373 | 100.0% | 2.06E+01 | 1.05E+01 | 2.55E+00 | 7.14E+00 | 9.22E+00 | 1.31E+01 | 1.87E+01 | 2.61E+01 | 3.43E+01 | 4.08E+01 | 5.44E+01 | 1.15E+02 |
| Total Dairy Intake | 1373 | 99.9% | 5.77E+00 | 5.54E+00 | 0.00E+00 | 1.97E-01 | 4.31E-01 | 1.48E+00 | 4.23E+00 | 8.32E+00 | 1.32E+01 | 1.62E+01 | 2.53E+01 | 3.78E+01 |
| Total Meat Intake | 1373 | 98.9% | 2.12E+00 | 1.61E+00 | 0.00E+00 | 2.38E-01 | 5.08E-01 | 1.06E+00 | 1.88E+00 | 2.77E+00 | 3.82E+00 | 4.79E+00 | 7.07E+00 | 3.04E+01 |
| Total Egg Intake | 1373 | 95.3% | 3.30E-01 | 4.71E-01 | 0.00E+00 | 2.40E-05 | 1.79E-03 | 2.67E-02 | 1.21E-01 | 4.58E-01 | 1.00E+00 | 1.30E+00 | 1.90E+00 | 3.99E+00 |
| Total Fish Intake | 1373 | 18.1% | 1.56E-01 | 4.51E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 5.27E-01 | 1.15E+00 | 2.48E+00 | 3.71E+00 |
| Total Grain Intake | 1373 | 100.0% | 2.44E+00 | 1.33E+00 | 3.60E-05 | 8.27E-01 | 1.02E+00 | 1.51E+00 | 2.17E+00 | 3.05E+00 | 4.22E+00 | 4.90E+00 | 6.92E+00 | 1.24E+01 |
| Total Vegetable Intake | 1373 | 100.0% | 5.13E+00 | 2.97E+00 | 1.05E-01 | 1.50E+00 | 2.06E+00 | 3.07E+00 | 4.63E+00 | 6.51E+00 | 8.97E+00 | 1.03E+01 | 1.40E+01 | 3.24E+01 |
| Total Fruit Intake | 1373 | 92.4% | 3.17E+00 | 3.89E+00 | 0.00E+00 | 0.00E+00 | 5.32E-04 | 1.54E-01 | 1.84E+00 | 4.54E+00 | 8.57E+00 | 1.16E+01 | 1.74E+01 | 3.22E+01 |
| Total Fat Intake | 1373 | 100.0% | 1.23E+00 | 6.39E-01 | 1.24E-01 | 4.19E-01 | 5.30E-01 | 7.84E-01 | 1.13E+00 | 1.55E+00 | 2.04E+00 | 2.47E+00 | 3.34E+00 | 5.07E+00 |
| Total Soy Intake | 1373 | 100.0% | 4.69E-01 | 3.03E-01 | 4.13E-03 | 1.02E-01 | 1.59E-01 | 2.60E-01 | 4.19E-01 | 6.01E-01 | 8.50E-01 | 1.06E+00 | 1.44E+00 | 2.38E+00 |
| Total Nut Intake | 1373 | 39.6% | 6.62E-02 | 1.94E-01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 4.34E-02 | 2.11E-01 | 3.54E-01 | 8.83E-01 | 3.07E+00 |

| | Table 7N. Per Capita Intake of Major Food Groups, Age 12-19 Years (g/day) | | | | | | | | | | | | | |
|------------------------|---|-----------|----------|------------|----------|----------|----------|----------|-----------|----------|----------|----------|----------|----------|
| Food | Population | Percent | | Standard | | | | | Percentil | e Values | | | | |
| Group | Sample Size | Consuming | Mean | Mean Error | 0th | 5th | 10th | 25th | 50th | 75th | 90th | 95th | 99th | 100th |
| Total Dietary Intake | 1373 | 100.0% | 1.22E+03 | 5.89E+02 | 1.73E+02 | 4.80E+02 | 5.85E+02 | 8.17E+02 | 1.10E+03 | 1.50E+03 | 1.93E+03 | 2.29E+03 | 3.09E+03 | 8.84E+03 |
| Total Dairy Intake | 1373 | 99.9% | 3.36E+02 | 3.04E+02 | 0.00E+00 | 1.27E+01 | 2.71E+01 | 9.50E+01 | 2.58E+02 | 4.81E+02 | 7.48E+02 | 9.65E+02 | 1.41E+03 | 1.97E+03 |
| Total Meat Intake | 1373 | 98.9% | 1.29E+02 | 1.05E+02 | 0.00E+00 | 1.58E+01 | 2.97E+01 | 6.49E+01 | 1.10E+02 | 1.71E+02 | 2.40E+02 | 2.86E+02 | 4.05E+02 | 2.34E+03 |
| Total Egg Intake | 1373 | 95.3% | 2.01E+01 | 2.88E+01 | 0.00E+00 | 1.58E-03 | 9.92E-02 | 1.51E+00 | 7.35E+00 | 2.67E+01 | 5.76E+01 | 8.22E+01 | 1.26E+02 | 2.44E+02 |
| Total Fish Intake | 1373 | 18.1% | 9.40E+00 | 2.72E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 3.11E+01 | 7.50E+01 | 1.33E+02 | 2.52E+02 |
| Total Grain Intake | 1373 | 100.0% | 1.44E+02 | 7.65E+01 | 2.97E-03 | 5.16E+01 | 6.53E+01 | 9.25E+01 | 1.31E+02 | 1.80E+02 | 2.35E+02 | 2.80E+02 | 4.22E+02 | 6.83E+02 |
| Total Vegetable Intake | 1373 | 100.0% | 3.06E+02 | 1.76E+02 | 6.68E+00 | 9.53E+01 | 1.29E+02 | 1.85E+02 | 2.72E+02 | 3.85E+02 | 5.19E+02 | 6.05E+02 | 8.79E+02 | 2.50E+03 |
| Total Fruit Intake | 1373 | 92.4% | 1.82E+02 | 2.24E+02 | 0.00E+00 | 0.00E+00 | 3.30E-02 | 9.87E+00 | 1.12E+02 | 2.54E+02 | 4.67E+02 | 6.61E+02 | 9.94E+02 | 2.27E+03 |
| Total Fat Intake | 1373 | 100.0% | 7.37E+01 | 3.81E+01 | 7.64E+00 | 2.61E+01 | 3.20E+01 | 4.80E+01 | 6.75E+01 | 9.08E+01 | 1.23E+02 | 1.46E+02 | 1.98E+02 | 3.91E+02 |
| Total Soy Intake | 1373 | 100.0% | 2.80E+01 | 1.79E+01 | 1.69E-01 | 6.74E+00 | 9.82E+00 | 1.59E+01 | 2.50E+01 | 3.55E+01 | 5.03E+01 | 5.97E+01 | 8.79E+01 | 1.44E+02 |
| Total Nut Intake | 1373 | 39.6% | 3.87E+00 | 1.12E+01 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 0.00E+00 | 2.56E+00 | 1.25E+01 | 2.16E+01 | 4.86E+01 | 1.77E+02 |

Table 8. Guide to Table Numbers

| Decile | All | ages | 20+ | yrs | <1 | yrs | 1-2 | yrs | 3-5 | yrs | 6-11 | yrs | 12-1 | 9 yrs |
|-----------------------|-----|--------|-----|--------|------|--------|-------------|--------|-----|--------|------|--------|------|--------|
| target food | g/d | g/kg/d | g/d | g/kg/d | g/d | g/kg/d | g/d | g/kg/d | g/d | g/kg/d | g/d | g/kg/d | g/d | g/kg/d |
| Total foods | 9A | 9B | 9C | 9D | 9E | 9F | 9G | 9H | 9I | 9J | 9K | 9L | 9M | 9N |
| Meat | 10A | 10B | 10C | 10D | 105E | 10F | 10G | 10H | 10I | 10J | 10K | 10L | 10M | 10N |
| Meat and dairy | 11A | 11B | 11C | 11D | 11E | 11F | 11 G | 11H | 11I | 11J | 11K | 11L | 11M | 11N |
| Fish | 12A | 12B | 12C | 12D | 12E | 12F | 12G | 12H | 12I | 12J | 12K | 12L | 12M | 12N |
| Fruits and vegetables | 13A | 13B | 13C | 13D | 13E | 13F | 13G | 13H | 13I | 13J | 13K | 13L | 13M | 13N |
| Dairy | 14A | 14B | 14C | 14D | 14E | 14F | 14G | 14H | 14I | 14J | 14K | 14L | 14M | 14N |

| | - | | oods and Major Food -End, Mid-Range, and | = | nt of Total Food Intak od Intake | е |
|------------------|-----------------|---------------|---|----------------|-------------------------------------|---------------|
| | | All Ag | ge Groups Combined | (g/kg/day) | | |
| | Low-end Total F | ood consumers | Mid-range Total I | Food consumers | High-end Total F | ood consumers |
| Food Group | Sample Si | ze = 1531 | Sample Si | ze = 1359 | Sample Si | ze = 6178 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 6.14E+00 | 100.0% | 1.62E+01 | 100.0% | 7.00E+01 | 100.0% |
| Total Dairy | 7.86E-01 | 12.8% | 3.45E+00 | 21.3% | 2.77E+01 | 39.5% |
| Total Meats | 1.01E+00 | 16.4% | 1.83E+00 | 11.3% | 4.05E+00 | 5.8% |
| Total Fish | 1.04E-01 | 1.7% | 2.23E-01 | 1.4% | 2.98E-01 | 0.4% |
| Total Eggs | 1.93E-01 | 3.1% | 3.36E-01 | 2.1% | 9.31E-01 | 1.3% |
| Total Grains | 9.42E-01 | 15.3% | 1.98E+00 | 12.2% | 5.69E+00 | 8.1% |
| Total Vegetables | 1.99E+00 | 32.5% | 4.56E+00 | 28.1% | 1.04E+01 | 14.9% |
| Total Fruits | 5.36E-01 | 8.7% | 2.60E+00 | 16.0% | 1.70E+01 | 24.3% |
| Total Fats | 4.67E-01 | 7.6% | 9.67E-01 | 6.0% | 3.02E+00 | 4.3% |
| Total Soy | 1.82E-01 | 3.0% | 3.69E-01 | 2.3% | 9.31E-01 | 1.3% |
| Total Nuts | 2.09E-02 | 0.3% | 6.65E-02 | 0.4% | 2.59E-01 | 0.4% |

| | • | ndividuals with Low | Foods and Major Food y-End, Mid-Range, and | d High-end Total Fo | | е |
|------------------|-----------------|---------------------|---|---------------------|------------------|-----------|
| | | | Age Groups Combine | , | | |
| L | Low-end Total F | | Mid-range Total I | | High-end Total F | |
| Food Group | Sample S | ize = 798 | Sample Si | ze = 2036 | Sample Si | ze = 1532 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.26E+02 | 100.0% | 1.03E+03 | 100.0% | 2.14E+03 | 100.0% |
| Total Dairy | 3.62E+01 | 28.8% | 2.37E+02 | 23.0% | 5.92E+02 | 27.7% |
| Total Meats | 1.03E+01 | 8.2% | 1.17E+02 | 11.4% | 1.97E+02 | 9.2% |
| Total Fish | 9.22E-01 | 0.7% | 1.08E+01 | 1.1% | 2.15E+01 | 1.0% |
| Total Eggs | 1.32E+00 | 1.0% | 2.11E+01 | 2.0% | 3.18E+01 | 1.5% |
| Total Grains | 1.18E+01 | 9.4% | 1.25E+02 | 12.2% | 2.18E+02 | 10.2% |
| Total Vegetables | 3.10E+01 | 24.6% | 2.68E+02 | 26.0% | 4.87E+02 | 22.8% |
| Total Fruits | 1.23E+01 | 9.8% | 1.74E+02 | 16.8% | 4.53E+02 | 21.2% |
| Total Fats | 2.04E+01 | 16.2% | 6.00E+01 | 5.8% | 1.04E+02 | 4.9% |
| Total Soy | 5.94E+00 | 4.7% | 2.27E+01 | 2.2% | 3.65E+01 | 1.7% |
| Total Nuts | 5.99E-02 | 0.0% | 4.18E+00 | 0.4% | 8.04E+00 | 0.4% |

| | | | oods and Major Food -End, Mid-Range, and | | nt of Total Food Intak od Intake | е |
|------------------|-----------------|---------------|---|----------------|-------------------------------------|---------------|
| | | | Age 20+ Years (g/kg/ | day) | | |
| | Low-end Total F | ood consumers | Mid-range Total I | Food consumers | High-end Total F | ood consumers |
| Food Group | Sample S | ize = 976 | Sample S | ize = 927 | Sample S | ize = 819 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 5.80E+00 | 100.0% | 1.41E+01 | 100.0% | 2.97E+01 | 100.0% |
| Total Dairy | 7.28E-01 | 12.5% | 2.74E+00 | 19.4% | 7.40E+00 | 24.9% |
| Total Meats | 1.00E+00 | 17.3% | 1.72E+00 | 12.2% | 2.45E+00 | 8.2% |
| Total Fish | 9.25E-02 | 1.6% | 1.92E-01 | 1.4% | 2.63E-01 | 0.9% |
| Total Eggs | 2.03E-01 | 3.5% | 3.19E-01 | 2.3% | 4.46E-01 | 1.5% |
| Total Grains | 9.03E-01 | 15.6% | 1.84E+00 | 13.1% | 3.00E+00 | 10.1% |
| Total Vegetables | 1.86E+00 | 32.1% | 4.07E+00 | 28.9% | 6.98E+00 | 23.5% |
| Total Fruits | 4.59E-01 | 7.9% | 2.10E+00 | 14.9% | 7.01E+00 | 23.6% |
| Total Fats | 4.49E-01 | 7.7% | 8.57E-01 | 6.1% | 1.36E+00 | 4.6% |
| Total Soy | 1.73E-01 | 3.0% | 3.26E-01 | 2.3% | 4.91E-01 | 1.7% |
| Total Nuts | 2.21E-02 | 0.4% | 5.41E-02 | 0.4% | 8.33E-02 | 0.3% |

| | • | | oods and Major Food -End, Mid-Range, and | • | | е |
|------------------|-----------------|---------------------|---|----------------|------------------|---------------|
| | 101 11 | idividuais with Low | Age 20+ Years (g/d | _ | od intako | |
| | Low-end Total F | ood consumers | Mid-range Total | Food consumers | High-end Total F | ood consumers |
| Food Group | Sample S | ize = 948 | Sample S | ize = 948 | Sample S | ize = 872 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 4.51E+02 | 100.0% | 1.03E+03 | 100.0% | 2.14E+03 | 100.0% |
| Total Dairy | 5.46E+01 | 12.1% | 1.88E+02 | 18.3% | 5.20E+02 | 24.3% |
| Total Meats | 7.43E+01 | 16.5% | 1.28E+02 | 12.5% | 2.10E+02 | 9.8% |
| Total Fish | 7.32E+00 | 1.6% | 1.27E+01 | 1.2% | 2.51E+01 | 1.2% |
| Total Eggs | 1.45E+01 | 3.2% | 2.34E+01 | 2.3% | 3.35E+01 | 1.6% |
| Total Grains | 6.90E+01 | 15.3% | 1.30E+02 | 12.7% | 2.30E+02 | 10.8% |
| Total Vegetables | 1.47E+02 | 32.6% | 2.91E+02 | 28.4% | 5.16E+02 | 24.2% |
| Total Fruits | 4.01E+01 | 8.9% | 1.74E+02 | 17.0% | 4.66E+02 | 21.8% |
| Total Fats | 3.42E+01 | 7.6% | 6.03E+01 | 5.9% | 1.05E+02 | 4.9% |
| Total Soy | 1.34E+01 | 3.0% | 2.33E+01 | 2.3% | 3.72E+01 | 1.7% |
| Total Nuts | 1.65E+00 | 0.4% | 4.14E+00 | 0.4% | 8.00E+00 | 0.4% |

| | | | Foods and Major Food v-End, Mid-Range, and | | | е |
|------------------|-----------------|---------------|---|----------------|------------------|---------------|
| | | | Age <1 Year (g/kg/d | ay) | | |
| | Low-end Total F | ood consumers | Mid-range Total I | Food consumers | High-end Total F | ood consumers |
| Food Group | Sample S | Size = 139 | Sample S | ize = 143 | Sample S | ize = 134 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 5.63E-02 | 100.0% | 3.20E+01 | 100.0% | 8.65E+01 | 100.0% |
| Total Dairy | 4.25E-03 | 7.5% | 9.78E+00 | 30.6% | 2.90E+01 | 33.5% |
| Total Meats | 0.00E+00 | 0.0% | 8.60E-01 | 2.7% | 3.06E+00 | 3.5% |
| Total Fish | 0.00E+00 | 0.0% | 5.36E-02 | 0.2% | 2.44E-02 | 0.0% |
| Total Eggs | 0.00E+00 | 0.0% | 2.51E-01 | 0.8% | 3.37E-01 | 0.4% |
| Total Grains | 2.44E-02 | 43.3% | 1.58E+00 | 4.9% | 4.48E+00 | 5.2% |
| Total Vegetables | 1.07E-02 | 19.1% | 6.61E+00 | 20.7% | 9.45E+00 | 10.9% |
| Total Fruits | 1.41E-02 | 25.0% | 7.53E+00 | 23.6% | 2.47E+01 | 28.6% |
| Total Fats | 1.79E-03 | 3.2% | 5.01E+00 | 15.7% | 3.23E+00 | 3.7% |
| Total Soy | 5.39E-04 | 1.0% | 1.42E+00 | 4.4% | 7.06E-01 | 0.8% |
| Total Nuts | 0.00E+00 | 0.0% | 4.81E-04 | 0.0% | 2.01E-02 | 0.0% |

| | • | | Foods and Major Food v-End, Mid-Range, and | - | | 9 |
|------------------|-----------------|---------------|---|----------------|------------------|---------------|
| | | | Age <1 Year (g/day | y) | | |
| | Low-end Total F | ood consumers | Mid-range Total I | Food consumers | High-end Total F | ood consumers |
| Food Group | Sample S | ize = 138 | Sample S | ize = 150 | Sample S | ize = 142 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 3.88E-01 | 100.0% | 2.31E+02 | 100.0% | 1.06E+03 | 100.0% |
| Total Dairy | 9.59E-02 | 24.7% | 6.39E+01 | 27.7% | 4.86E+02 | 45.8% |
| Total Meats | 0.00E+00 | 0.0% | 4.93E+00 | 2.1% | 3.92E+01 | 3.7% |
| Total Fish | 0.00E+00 | 0.0% | 2.39E-02 | 0.0% | 4.03E-01 | 0.0% |
| Total Eggs | 0.00E+00 | 0.0% | 1.75E+00 | 0.8% | 1.04E+01 | 1.0% |
| Total Grains | 1.69E-01 | 43.7% | 1.58E+01 | 6.8% | 5.24E+01 | 4.9% |
| Total Vegetables | 5.43E-02 | 14.0% | 4.72E+01 | 20.4% | 1.25E+02 | 11.7% |
| Total Fruits | 2.36E-02 | 6.1% | 6.13E+01 | 26.6% | 3.05E+02 | 28.7% |
| Total Fats | 4.01E-02 | 10.4% | 3.34E+01 | 14.5% | 3.95E+01 | 3.7% |
| Total Soy | 1.21E-02 | 3.1% | 9.12E+00 | 4.0% | 7.00E+00 | 0.7% |
| Total Nuts | 0.00E+00 | 0.0% | 1.12E-02 | 0.0% | 4.31E-01 | 0.0% |

| | | | Foods and Major Food w-End, Mid-Range, and | • | | е |
|------------------|-----------------|---------------|---|----------------|------------------|---------------|
| | | | Age 1-2 Years (g/kg/ | day) | | |
| | Low-end Total F | ood consumers | Mid-range Total I | Food consumers | High-end Total F | ood consumers |
| Food Group | Sample S | ize = 184 | Sample S | ize = 210 | Sample S | ize = 146 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 3.27E+01 | 100.0% | 7.76E+01 | 100.0% | 9.45E+01 | 100.0% |
| Total Dairy | 9.05E+00 | 27.7% | 3.11E+01 | 40.1% | 4.42E+01 | 46.8% |
| Total Meats | 3.05E+00 | 9.3% | 3.97E+00 | 5.1% | 4.03E+00 | 4.3% |
| Total Fish | 1.28E-01 | 0.4% | 2.78E-01 | 0.4% | 1.61E-01 | 0.2% |
| Total Eggs | 8.85E-01 | 2.7% | 1.16E+00 | 1.5% | 8.88E-01 | 0.9% |
| Total Grains | 4.12E+00 | 12.6% | 5.71E+00 | 7.4% | 5.54E+00 | 5.9% |
| Total Vegetables | 6.74E+00 | 20.6% | 1.04E+01 | 13.5% | 1.05E+01 | 11.1% |
| Total Fruits | 6.04E+00 | 18.5% | 2.12E+01 | 27.3% | 2.49E+01 | 26.3% |
| Total Fats | 2.22E+00 | 6.8% | 2.98E+00 | 3.8% | 3.40E+00 | 3.6% |
| Total Soy | 7.60E-01 | 2.3% | 8.94E-01 | 1.2% | 7.86E-01 | 0.8% |
| Total Nuts | 1.11E-01 | 0.3% | 1.97E-01 | 0.3% | 1.71E-01 | 0.2% |

| Table 9H. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake | | | | | | | | | |
|--|-----------------|---------------|---------------------|---------------|-------------------|---------------|--|--|--|
| | | | Age 1-2 Years (g/da | ay) | | | | | |
| | Low-end Total F | ood consumers | Mid-range Total I | ood consumers | High-end Total F | ood consumers | | | |
| Food Group | Sample S | ize = 195 | Sample Size = 191 | | Sample Size = 200 | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | | | |
| Total Foods | 4.28E+02 | 100.0% | 9.94E+02 | 100.0% | 1.81E+03 | 100.0% | | | |
| Total Dairy | 1.16E+02 | 27.2% | 4.17E+02 | 41.9% | 8.70E+02 | 47.9% | | | |
| Total Meats | 3.89E+01 | 9.1% | 5.45E+01 | 5.5% | 6.84E+01 | 3.8% | | | |
| Total Fish | 1.41E+00 | 0.3% | 3.69E+00 | 0.4% | 5.28E+00 | 0.3% | | | |
| Total Eggs | 1.06E+01 | 2.5% | 1.55E+01 | 1.6% | 2.26E+01 | 1.2% | | | |
| Total Grains | 5.23E+01 | 12.2% | 7.56E+01 | 7.6% | 8.79E+01 | 4.8% | | | |
| Total Vegetables | 9.01E+01 | 21.0% | 1.30E+02 | 13.0% | 1.76E+02 | 9.7% | | | |
| Total Fruits | 8.54E+01 | 19.9% | 2.49E+02 | 25.1% | 5.18E+02 | 28.5% | | | |
| Total Fats | 2.71E+01 | 6.3% | 4.05E+01 | 4.1% | 5.88E+01 | 3.2% | | | |
| Total Soy | 9.23E+00 | 2.2% | 1.17E+01 | 1.2% | 1.37E+01 | 0.8% | | | |
| Total Nuts | 1.53E+00 | 0.4% | 3.34E+00 | 0.3% | 4.41E+00 | 0.2% | | | |

| | • | | oods and Major Food v-End, Mid-Range, and | • | | • | | | | |
|------------------|--------------------------|---------------|--|----------------|------------------|---------------|--|--|--|--|
| | Age 3-5 Years (g/kg/day) | | | | | | | | | |
| | Low-end Total F | ood consumers | Mid-range Total I | Food consumers | High-end Total F | ood consumers | | | | |
| Food Group | Sample S | ize = 362 | Sample S | ize = 384 | Sample S | ize = 478 | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | | | | |
| Total Foods | 2.84E+01 | 100.0% | 5.72E+01 | 100.0% | 1.04E+02 | 100.0% | | | | |
| Total Dairy | 7.76E+00 | 27.3% | 2.09E+01 | 36.6% | 4.11E+01 | 39.7% | | | | |
| Total Meats | 2.96E+00 | 10.4% | 4.04E+00 | 7.1% | 3.99E+00 | 3.9% | | | | |
| Total Fish | 1.44E-01 | 0.5% | 2.70E-01 | 0.5% | 1.58E-01 | 0.2% | | | | |
| Total Eggs | 5.87E-01 | 2.1% | 9.16E-01 | 1.6% | 8.68E-01 | 0.8% | | | | |
| Total Grains | 3.98E+00 | 14.0% | 5.64E+00 | 9.9% | 6.14E+00 | 5.9% | | | | |
| Total Vegetables | 6.25E+00 | 22.0% | 9.16E+00 | 16.0% | 1.15E+01 | 11.2% | | | | |
| Total Fruits | 4.33E+00 | 15.2% | 1.26E+01 | 22.1% | 2.59E+01 | 25.0% | | | | |
| Total Fats | 1.81E+00 | 6.4% | 2.72E+00 | 4.8% | 3.52E+00 | 3.4% | | | | |
| Total Soy | 6.76E-01 | 2.4% | 9.00E-01 | 1.6% | 9.23E-01 | 0.9% | | | | |
| Total Nuts | 1.99E-01 | 0.7% | 3.16E-01 | 0.6% | 2.64E-01 | 0.3% | | | | |

| | Table 9J. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake | | | | | | | | | |
|-----------------------|--|---------------|-------------------|---------------|-------------------|---------------|--|--|--|--|
| Age 3-5 Years (g/day) | | | | | | | | | | |
| | Low-end Total F | ood consumers | Mid-range Total I | ood consumers | High-end Total F | ood consumers | | | | |
| Food Group | Sample S | ize = 406 | Sample S | ize = 406 | Sample Size = 433 | | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | | | | |
| Total Foods | 5.27E+02 | 100.0% | 1.02E+03 | 100.0% | 1.82E+03 | 100.0% | | | | |
| Total Dairy | 1.44E+02 | 27.3% | 3.78E+02 | 37.0% | 7.28E+02 | 40.1% | | | | |
| Total Meats | 5.29E+01 | 10.0% | 7.18E+01 | 7.0% | 9.43E+01 | 5.2% | | | | |
| Total Fish | 3.38E+00 | 0.6% | 4.93E+00 | 0.5% | 8.90E+00 | 0.5% | | | | |
| Total Eggs | 1.08E+01 | 2.0% | 1.51E+01 | 1.5% | 2.38E+01 | 1.3% | | | | |
| Total Grains | 7.58E+01 | 14.4% | 1.03E+02 | 10.1% | 1.32E+02 | 7.3% | | | | |
| Total Vegetables | 1.17E+02 | 22.3% | 1.63E+02 | 16.0% | 2.33E+02 | 12.8% | | | | |
| Total Fruits | 7.60E+01 | 14.4% | 2.16E+02 | 21.2% | 5.09E+02 | 28.0% | | | | |
| Total Fats | 3.41E+01 | 6.5% | 4.99E+01 | 4.9% | 6.80E+01 | 3.7% | | | | |
| Γotal Soy | 1.28E+01 | 2.4% | 1.67E+01 | 1.6% | 2.12E+01 | 1.2% | | | | |
| Total Nuts | 3.07E+00 | 0.6% | 6.28E+00 | 0.6% | 7.63E+00 | 0.4% | | | | |

| Table 9K. Per Capita Intake of Total Foods | s and Major Food Groups and Percent of Total Food Intake |
|--|--|
| for Individuals with Low-End | I, Mid-Range, and High-end Total Food Intake |
| Age | 6-11 Years (g/kg/day) |

| | Low-end Total F | ood consumers | Mid-range Total | Food consumers | High-end Total Food consumers | |
|------------------|-------------------|---------------|-------------------|----------------|-------------------------------|---------|
| Food Group | Sample Size = 156 | | Sample Size = 176 | | Sample Size = 228 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.49E+01 | 100.0% | 3.55E+01 | 100.0% | 7.06E+01 | 100.0% |
| Total Dairy | 3.87E+00 | 26.0% | 1.25E+01 | 35.1% | 2.89E+01 | 40.9% |
| Total Meats | 1.81E+00 | 12.2% | 3.09E+00 | 8.7% | 3.83E+00 | 5.4% |
| Total Fish | 7.63E-02 | 0.5% | 7.32E-02 | 0.2% | 1.47E-01 | 0.2% |
| Total Eggs | 2.89E-01 | 1.9% | 4.53E-01 | 1.3% | 6.92E-01 | 1.0% |
| Total Grains | 2.20E+00 | 14.7% | 4.11E+00 | 11.6% | 5.89E+00 | 8.4% |
| Total Vegetables | 3.65E+00 | 24.5% | 6.77E+00 | 19.1% | 1.04E+01 | 14.8% |
| Total Fruits | 1.67E+00 | 11.2% | 5.80E+00 | 16.3% | 1.47E+01 | 20.8% |
| Total Fats | 1.09E+00 | 7.3% | 1.93E+00 | 5.4% | 2.96E+00 | 4.2% |
| Total Soy | 4.19E-01 | 2.8% | 6.90E-01 | 1.9% | 9.05E-01 | 1.3% |
| Total Nuts | 6.90E-02 | 0.5% | 1.56E-01 | 0.4% | 1.67E-01 | 0.2% |

| Table 9L. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|---|
| for Individuals with Low-End, Mid-Range, and High-end Total Food Intake |
| Age 6-11 Years (g/day) |

| Age 6-11 Years (g/day) | | | | | | | | |
|------------------------|-----------------|---------------|-------------------|---------------|-------------------------------|---------|--|--|
| | Low-end Total F | ood consumers | Mid-range Total I | ood consumers | High-end Total Food consumers | | | |
| Food Group | Sample S | ize = 183 | Sample Size = 173 | | Sample Size = 164 | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | | |
| Total Foods | 5.74E+02 | 100.0% | 1.06E+03 | 100.0% | 1.88E+03 | 100.0% | | |
| Total Dairy | 1.51E+02 | 26.4% | 3.66E+02 | 34.4% | 7.52E+02 | 40.1% | | |
| Total Meats | 6.66E+01 | 11.6% | 9.56E+01 | 9.0% | 1.06E+02 | 5.7% | | |
| Total Fish | 1.73E+00 | 0.3% | 5.83E+00 | 0.5% | 8.94E+00 | 0.5% | | |
| Total Eggs | 1.15E+01 | 2.0% | 1.56E+01 | 1.5% | 2.13E+01 | 1.1% | | |
| Total Grains | 9.06E+01 | 15.8% | 1.17E+02 | 11.0% | 1.62E+02 | 8.7% | | |
| Total Vegetables | 1.38E+02 | 24.1% | 2.15E+02 | 20.2% | 3.03E+02 | 16.2% | | |
| Total Fruits | 6.22E+01 | 10.8% | 1.70E+02 | 16.0% | 4.12E+02 | 22.0% | | |
| Total Fats | 3.95E+01 | 6.9% | 5.90E+01 | 5.6% | 7.66E+01 | 4.1% | | |
| Total Soy | 1.57E+01 | 2.7% | 2.14E+01 | 2.0% | 2.47E+01 | 1.3% | | |
| Total Nuts | 3.52E+00 | 0.6% | 4.63E+00 | 0.4% | 8.11E+00 | 0.4% | | |

| | • | | Foods and Major Food r-End, Mid-Range, and | _ | ent of Total Food Intal ood Intake | ке |
|------------------|-----------------|---------------|---|----------------|---------------------------------------|---------------|
| | | | Age 12-19 Years (g/kg | ı/day) | | |
| | Low-end Total F | ood consumers | Mid-range Total I | Food consumers | High-end Total F | ood consumers |
| Food Group | Sample S | ize = 140 | e = 140 Sample Size = 1 | | Sample Size = 128 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 6.94E+00 | 100.0% | 1.87E+01 | 100.0% | 4.33E+01 | 100.0% |
| Total Dairy | 9.86E-01 | 14.2% | 4.71E+00 | 25.2% | 1.56E+01 | 36.0% |
| Total Meats | 1.13E+00 | 16.3% | 2.20E+00 | 11.8% | 3.13E+00 | 7.2% |
| Total Fish | 7.41E-02 | 1.1% | 1.02E-01 | 0.5% | 1.55E-01 | 0.4% |
| Total Eggs | 1.53E-01 | 2.2% | 3.65E-01 | 2.0% | 4.79E-01 | 1.1% |
| Total Grains | 1.18E+00 | 17.0% | 2.32E+00 | 12.4% | 3.98E+00 | 9.2% |
| Total Vegetables | 2.25E+00 | 32.4% | 5.04E+00 | 26.9% | 8.10E+00 | 18.7% |
| Total Fruits | 5.36E-01 | 7.7% | 2.52E+00 | 13.5% | 7.98E+00 | 18.4% |
| Total Fats | 5.86E-01 | 8.4% | 1.20E+00 | 6.4% | 2.11E+00 | 4.9% |
| Total Soy | 2.33E-01 | 3.4% | 4.49E-01 | 2.4% | 7.02E-01 | 1.6% |
| Total Nuts | 1.59E-02 | 0.2% | 7.45E-02 | 0.4% | 1.37E-01 | 0.3% |

| | for | ndividuals with Low | v-End, Mid-Range, and | d High-end Total Fo | od Intake | |
|------------------|-----------------|---------------------|-----------------------|---------------------|------------------|---------------|
| | | | Age 12-19 Years (g/c | day) | | |
| | Low-end Total I | ood consumers | Mid-range Total | Food consumers | High-end Total F | ood consumers |
| Food Group | Sample S | Size = 142 | Sample S | Sample Size = 139 | | ize = 122 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 4.55E+02 | 100.0% | 1.11E+03 | 100.0% | 2.49E+03 | 100.0% |
| Total Dairy | 5.97E+01 | 13.1% | 2.71E+02 | 24.5% | 8.34E+02 | 33.5% |
| Total Meats | 6.78E+01 | 14.9% | 1.25E+02 | 11.3% | 2.19E+02 | 8.8% |
| Total Fish | 5.75E+00 | 1.3% | 9.93E+00 | 0.9% | 1.52E+01 | 0.6% |
| Total Eggs | 9.92E+00 | 2.2% | 1.98E+01 | 1.8% | 3.05E+01 | 1.2% |
| Total Grains | 7.61E+01 | 16.7% | 1.38E+02 | 12.4% | 2.23E+02 | 9.0% |
| Total Vegetables | 1.50E+02 | 33.0% | 2.89E+02 | 26.1% | 5.40E+02 | 21.7% |
| Total Fruits | 4.25E+01 | 9.4% | 1.66E+02 | 15.0% | 4.69E+02 | 18.9% |
| Total Fats | 3.60E+01 | 7.9% | 7.03E+01 | 6.4% | 1.27E+02 | 5.1% |
| Total Soy | 1.52E+01 | 3.3% | 2.84E+01 | 2.6% | 4.49E+01 | 1.8% |
| Total Nuts | 1.26E+00 | 0.3% | 3.87E+00 | 0.3% | 9.40E+00 | 0.4% |

| Table 10A. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake |
| All Age Groups Combined (g/kg/day) |

| | Low-end Total Meat consumers Sample Size = 2424 | | Mid-range Total Meat consumers Sample Size = 1556 | | High-end Total Meat consumers Sample Size = 3875 | |
|------------------|---|---------|---|---------|--|---------|
| Food Group | | | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.84E+01 | 100.0% | 1.81E+01 | 100.0% | 4.68E+01 | 100.0% |
| Total Dairy | 5.53E+00 | 30.0% | 4.73E+00 | 26.1% | 1.48E+01 | 31.5% |
| Total Meats | 1.91E-01 | 1.0% | 1.67E+00 | 9.2% | 5.92E+00 | 12.6% |
| Total Fish | 3.10E-01 | 1.7% | 1.81E-01 | 1.0% | 1.94E-01 | 0.4% |
| Total Eggs | 2.50E-01 | 1.4% | 3.29E-01 | 1.8% | 7.66E-01 | 1.6% |
| Total Grains | 1.90E+00 | 10.3% | 2.03E+00 | 11.2% | 4.43E+00 | 9.5% |
| Total Vegetables | 4.08E+00 | 22.1% | 4.39E+00 | 24.2% | 9.04E+00 | 19.3% |
| Total Fruits | 4.68E+00 | 25.4% | 3.48E+00 | 19.2% | 8.85E+00 | 18.9% |
| Total Fats | 1.00E+00 | 5.4% | 9.62E-01 | 5.3% | 2.59E+00 | 5.5% |
| Total Soy | 3.76E-01 | 2.0% | 3.70E-01 | 2.0% | 7.85E-01 | 1.7% |
| Total Nuts | 7.89E-02 | 0.4% | 7.75E-02 | 0.4% | 1.35E-01 | 0.3% |

Table 10B. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake All Age Groups Combined (g/day)

| | | , , , , | ago oroupo combino | a (graay) | | |
|-----------------|---|---------|--------------------|--------------------|-------------------------------|-----------|
| | Low-end Total Meat consumers Sample Size = 3349 | | Mid-range Total I | Meat consumers | High-end Total Meat consumers | |
| Food Group | | | Sample Si | Sample Size = 1817 | | ze = 1233 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 8.87E+02 | 100.0% | 1.05E+03 | 100.0% | 1.55E+03 | 100.0% |
| Total Dairy | 2.61E+02 | 29.4% | 2.56E+02 | 24.5% | 2.72E+02 | 17.5% |
| Total Meats | 1.01E+01 | 1.1% | 1.01E+02 | 9.6% | 3.21E+02 | 20.6% |
| Total Fish | 1.66E+01 | 1.9% | 1.08E+01 | 1.0% | 1.23E+01 | 0.8% |
| Total Eggs | 1.33E+01 | 1.5% | 2.04E+01 | 1.9% | 3.11E+01 | 2.0% |
| otal Grains | 9.87E+01 | 11.1% | 1.20E+02 | 11.5% | 1.93E+02 | 12.4% |
| otal Vegetables | 2.02E+02 | 22.7% | 2.69E+02 | 25.7% | 4.40E+02 | 28.3% |
| Total Fruits | 2.24E+02 | 25.3% | 1.93E+02 | 18.4% | 1.72E+02 | 11.0% |
| Total Fats | 3.61E+01 | 4.1% | 5.76E+01 | 5.5% | 1.13E+02 | 7.2% |
| Total Soy | 1.56E+01 | 1.8% | 2.24E+01 | 2.1% | 3.59E+01 | 2.3% |
| Total Nuts | 4.28E+00 | 0.5% | 3.83E+00 | 0.4% | 4.39E+00 | 0.3% |

Table 10C. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake Age 20+ Years (g/kg/day)

| | Low-end Total Meat consumers | | end Total Meat consumers Mid-range Total Meat consumers | | High-end Total N | leat consumers |
|------------------|------------------------------|-------------------|---|-------------------|------------------|----------------|
| Food Group | Sample S | Sample Size = 928 | | Sample Size = 895 | | ize = 810 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.36E+01 | 100.0% | 1.45E+01 | 100.0% | 2.10E+01 | 100.0% |
| Total Dairy | 3.08E+00 | 22.6% | 3.00E+00 | 20.7% | 3.34E+00 | 15.9% |
| Total Meats | 2.13E-01 | 1.6% | 1.50E+00 | 10.3% | 4.47E+00 | 21.3% |
| Total Fish | 3.49E-01 | 2.6% | 1.86E-01 | 1.3% | 1.93E-01 | 0.9% |
| Total Eggs | 2.44E-01 | 1.8% | 3.09E-01 | 2.1% | 4.26E-01 | 2.0% |
| Total Grains | 1.62E+00 | 11.9% | 1.77E+00 | 12.2% | 2.56E+00 | 12.2% |
| Total Vegetables | 3.73E+00 | 27.3% | 3.99E+00 | 27.6% | 5.93E+00 | 28.2% |
| Total Fruits | 3.45E+00 | 25.3% | 2.63E+00 | 18.2% | 2.59E+00 | 12.3% |
| Total Fats | 5.49E-01 | 4.0% | 7.96E-01 | 5.5% | 1.48E+00 | 7.0% |
| Total Soy | 2.63E-01 | 1.9% | 3.21E-01 | 2.2% | 4.60E-01 | 2.2% |
| Total Nuts | 5.95E-02 | 0.4% | 5.92E-02 | 0.4% | 4.54E-02 | 0.2% |

Table 10D. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake Age 20+ Years (α/day)

| | | | Age Zut Teals (g/u | ay <i>)</i> | | |
|------------------|-----------------|----------------|--------------------|----------------|-------------------------------|-----------|
| | Low-end Total N | Meat consumers | Mid-range Total I | Meat consumers | High-end Total Meat consumers | |
| Food Group | Sample S | ize = 917 | Sample S | ize = 915 | Sample S | ize = 837 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 9.43E+02 | 100.0% | 1.03E+03 | 100.0% | 1.56E+03 | 100.0% |
| Total Dairy | 2.13E+02 | 22.6% | 2.11E+02 | 20.4% | 2.54E+02 | 16.3% |
| Total Meats | 1.49E+01 | 1.6% | 1.11E+02 | 10.8% | 3.38E+02 | 21.7% |
| Total Fish | 2.47E+01 | 2.6% | 1.22E+01 | 1.2% | 1.28E+01 | 0.8% |
| Total Eggs | 1.70E+01 | 1.8% | 2.10E+01 | 2.0% | 3.26E+01 | 2.1% |
| Total Grains | 1.13E+02 | 12.0% | 1.24E+02 | 12.0% | 1.96E+02 | 12.5% |
| Total Vegetables | 2.59E+02 | 27.4% | 2.82E+02 | 27.2% | 4.46E+02 | 28.5% |
| Total Fruits | 2.34E+02 | 24.9% | 1.92E+02 | 18.6% | 1.65E+02 | 10.5% |
| Total Fats | 3.82E+01 | 4.1% | 5.85E+01 | 5.7% | 1.15E+02 | 7.4% |
| Total Soy | 1.82E+01 | 1.9% | 2.28E+01 | 2.2% | 3.66E+01 | 2.3% |
| Total Nuts | 4.22E+00 | 0.4% | 4.69E+00 | 0.5% | 4.37E+00 | 0.3% |

| Table 10E. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake |
| Age <1 Year (g/kg/day) |

| | Low-end Total Meat consumers ood Group Sample Size = 173 | | Mid-range Total N | Meat consumers | High-end Total Meat consumers | |
|------------------|--|---------|-------------------|-------------------|-------------------------------|-----------|
| Food Group | | | Sample S | Sample Size = 147 | | ize = 130 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 2.26E+01 | 100.0% | 2.64E+01 | 100.0% | 8.05E+01 | 100.0% |
| Total Dairy | 7.87E+00 | 34.9% | 9.49E+00 | 35.9% | 2.79E+01 | 34.6% |
| Total Meats | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 7.05E+00 | 8.8% |
| Total Fish | 0.00E+00 | 0.0% | 9.46E-04 | 0.0% | 3.68E-02 | 0.0% |
| Total Eggs | 1.18E-02 | 0.1% | 9.34E-02 | 0.4% | 1.10E+00 | 1.4% |
| Total Grains | 1.13E+00 | 5.0% | 1.03E+00 | 3.9% | 4.83E+00 | 6.0% |
| Total Vegetables | 4.06E+00 | 18.0% | 4.88E+00 | 18.4% | 1.25E+01 | 15.5% |
| Total Fruits | 5.82E+00 | 25.8% | 6.56E+00 | 24.8% | 2.31E+01 | 28.7% |
| Total Fats | 3.48E+00 | 15.4% | 4.22E+00 | 16.0% | 4.15E+00 | 5.2% |
| Total Soy | 8.88E-01 | 3.9% | 1.05E+00 | 4.0% | 9.03E-01 | 1.1% |
| Total Nuts | 0.00E+00 | 0.0% | 1.04E-04 | 0.0% | 2.29E-02 | 0.0% |

Table 10F. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake

Age <1 Year (g/day)

| | | | Age <1 Year (g/da | y) | | |
|------------------|-----------------|----------------|-------------------|----------------|------------------|----------------|
| | Low-end Total N | Meat consumers | Mid-range Total I | Meat consumers | High-end Total N | leat consumers |
| Food Group | Sample S | ize = 160 | Sample S | ize = 146 | Sample S | ize = 131 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.46E+02 | 100.0% | 1.86E+02 | 100.0% | 7.77E+02 | 100.0% |
| Total Dairy | 4.84E+01 | 33.1% | 6.25E+01 | 33.5% | 2.85E+02 | 36.7% |
| Total Meats | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 6.61E+01 | 8.5% |
| Total Fish | 0.00E+00 | 0.0% | 8.51E-03 | 0.0% | 4.55E-01 | 0.1% |
| Total Eggs | 9.23E-02 | 0.1% | 8.60E-01 | 0.5% | 1.14E+01 | 1.5% |
| Total Grains | 9.57E+00 | 6.5% | 8.21E+00 | 4.4% | 4.60E+01 | 5.9% |
| Total Vegetables | 2.55E+01 | 17.5% | 3.53E+01 | 18.9% | 1.17E+02 | 15.1% |
| Total Fruits | 3.95E+01 | 27.0% | 5.27E+01 | 28.3% | 2.12E+02 | 27.3% |
| Total Fats | 2.14E+01 | 14.7% | 2.58E+01 | 13.9% | 3.97E+01 | 5.1% |
| Total Soy | 5.69E+00 | 3.9% | 6.36E+00 | 3.4% | 8.60E+00 | 1.1% |
| Total Nuts | 0.00E+00 | 0.0% | 9.74E-04 | 0.0% | 2.35E-01 | 0.0% |

Table 10G. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake Age 1-2 Years (g/kg/day)

| | Low-end Total Meat consumers oup Sample Size = 195 | | | | High-end Total N | leat consumers |
|------------------|--|---------|----------|---------|-------------------|----------------|
| Food Group | | | | | Sample Size = 215 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 7.96E+01 | 100.0% | 7.67E+01 | 100.0% | 9.66E+01 | 100.0% |
| Total Dairy | 3.96E+01 | 49.7% | 3.23E+01 | 42.1% | 3.58E+01 | 37.0% |
| Total Meats | 2.89E-01 | 0.4% | 3.57E+00 | 4.6% | 1.06E+01 | 10.9% |
| Total Fish | 2.25E-01 | 0.3% | 2.06E-01 | 0.3% | 3.53E-01 | 0.4% |
| Total Eggs | 7.89E-01 | 1.0% | 1.19E+00 | 1.6% | 1.84E+00 | 1.9% |
| Total Grains | 4.94E+00 | 6.2% | 5.50E+00 | 7.2% | 7.11E+00 | 7.4% |
| Total Vegetables | 8.41E+00 | 10.6% | 9.53E+00 | 12.4% | 1.53E+01 | 15.8% |
| Total Fruits | 2.18E+01 | 27.4% | 2.07E+01 | 27.1% | 2.09E+01 | 21.7% |
| Total Fats | 2.48E+00 | 3.1% | 2.96E+00 | 3.9% | 4.71E+00 | 4.9% |
| Total Soy | 5.82E-01 | 0.7% | 8.64E-01 | 1.1% | 1.21E+00 | 1.2% |
| Total Nuts | 2.47E-01 | 0.3% | 2.34E-01 | 0.3% | 1.99E-01 | 0.2% |

Table 10H. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake Age 1-2 Years (α/day)

| | | | Age 1-2 rears (g/da | ay) | | |
|------------------|-----------------|----------------|---------------------|----------------|------------------|----------------|
| | Low-end Total N | Meat consumers | Mid-range Total I | Meat consumers | High-end Total N | leat consumers |
| Food Group | Sample S | ize = 195 | Sample S | ize = 203 | Sample S | ize = 200 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 9.27E+02 | 100.0% | 1.01E+03 | 100.0% | 1.17E+03 | 100.0% |
| Total Dairy | 4.69E+02 | 50.6% | 4.41E+02 | 43.6% | 3.93E+02 | 33.5% |
| Total Meats | 3.48E+00 | 0.4% | 4.54E+01 | 4.5% | 1.39E+02 | 11.8% |
| Total Fish | 3.01E+00 | 0.3% | 2.63E+00 | 0.3% | 4.06E+00 | 0.3% |
| Total Eggs | 9.68E+00 | 1.0% | 1.62E+01 | 1.6% | 2.35E+01 | 2.0% |
| Total Grains | 5.70E+01 | 6.1% | 7.01E+01 | 6.9% | 8.76E+01 | 7.5% |
| Total Vegetables | 9.40E+01 | 10.1% | 1.26E+02 | 12.4% | 1.98E+02 | 16.9% |
| Total Fruits | 2.50E+02 | 27.0% | 2.60E+02 | 25.8% | 2.67E+02 | 22.8% |
| Total Fats | 2.86E+01 | 3.1% | 3.89E+01 | 3.9% | 5.98E+01 | 5.1% |
| Total Soy | 6.58E+00 | 0.7% | 1.18E+01 | 1.2% | 1.62E+01 | 1.4% |
| Total Nuts | 2.90E+00 | 0.3% | 2.88E+00 | 0.3% | 2.43E+00 | 0.2% |

| | • | | Foods and Major Food v-End, Mid-Range, and | - | | е |
|------------------|-----------------|----------------|---|----------------|------------------|----------------|
| | | | Age 3-5 Years (g/kg/c | day) | | |
| | Low-end Total N | leat consumers | Mid-range Total I | Meat consumers | High-end Total N | Meat consumers |
| Food Group | Sample S | ize = 431 | Sample S | ize = 368 | Sample S | ize = 449 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 5.67E+01 | 100.0% | 5.91E+01 | 100.0% | 7.41E+01 | 100.0% |
| Total Dairy | 2.38E+01 | 42.1% | 2.26E+01 | 38.2% | 2.32E+01 | 31.3% |
| Total Meats | 5.61E-01 | 1.0% | 3.57E+00 | 6.0% | 9.94E+00 | 13.4% |
| Total Fish | 3.45E-01 | 0.6% | 2.93E-01 | 0.5% | 2.08E-01 | 0.3% |
| Total Eggs | 5.60E-01 | 1.0% | 8.09E-01 | 1.4% | 1.45E+00 | 2.0% |
| Total Grains | 5.63E+00 | 9.9% | 5.62E+00 | 9.5% | 6.95E+00 | 9.4% |
| Total Vegetables | 7.36E+00 | 13.0% | 9.32E+00 | 15.8% | 1.30E+01 | 17.5% |
| Total Fruits | 1.48E+01 | 26.1% | 1.30E+01 | 22.0% | 1.49E+01 | 20.1% |
| Total Fats | 2.06E+00 | 3.6% | 2.82E+00 | 4.8% | 4.26E+00 | 5.7% |
| Total Soy | 7.96E-01 | 1.4% | 9.56E-01 | 1.6% | 1.26E+00 | 1.7% |

2.72E-01

0.5%

2.65E-01

0.4%

| | | • | Foods and Major Foo v-End, Mid-Range, and | • | | (e |
|------------------|-----------------|----------------|--|----------------|------------------|----------------|
| | | | Age 3-5 Years (g/da | ay) | | |
| | Low-end Total N | leat consumers | Mid-range Total | Meat consumers | High-end Total N | leat consumers |
| Food Group | Sample S | ize = 436 | Sample S | ize = 396 | Sample S | ize = 403 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 9.91E+02 | 100.0% | 1.04E+03 | 100.0% | 1.25E+03 | 100.0% |
| Total Dairy | 4.19E+02 | 42.3% | 3.76E+02 | 36.3% | 3.89E+02 | 31.2% |
| Total Meats | 9.67E+00 | 1.0% | 6.51E+01 | 6.3% | 1.76E+02 | 14.1% |
| Total Fish | 7.08E+00 | 0.7% | 5.57E+00 | 0.5% | 4.09E+00 | 0.3% |
| Total Eggs | 9.90E+00 | 1.0% | 1.60E+01 | 1.5% | 2.38E+01 | 1.9% |
| Total Grains | 9.80E+01 | 9.9% | 1.01E+02 | 9.8% | 1.17E+02 | 9.4% |
| Total Vegetables | 1.28E+02 | 13.0% | 1.70E+02 | 16.4% | 2.17E+02 | 17.4% |
| Total Fruits | 2.57E+02 | 25.9% | 2.38E+02 | 22.9% | 2.43E+02 | 19.5% |
| Total Fats | 3.54E+01 | 3.6% | 4.83E+01 | 4.7% | 7.35E+01 | 5.9% |
| Total Soy | 1.38E+01 | 1.4% | 1.72E+01 | 1.7% | 2.21E+01 | 1.8% |
| Total Nuts | 7.98E+00 | 0.8% | 4.91E+00 | 0.5% | 4.35E+00 | 0.3% |

Total Nuts

4.57E-01

0.8%

| | | = | Foods and Major Foo v-End, Mid-Range, an | - | ent of Total Food Inta eat Intake | ke |
|------------------|-----------------|----------------|---|----------------|--------------------------------------|----------------|
| | | | Age 6-11 Years (g/kg | /day) | | |
| | Low-end Total N | Meat consumers | Mid-range Total | Meat consumers | High-end Total N | leat consumers |
| Food Group | Sample S | Size = 164 | Sample S | ize = 179 | Sample S | ize = 223 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 3.40E+01 | 100.0% | 3.58E+01 | 100.0% | 5.04E+01 | 100.0% |
| Total Dairy | 1.36E+01 | 39.9% | 1.32E+01 | 37.0% | 1.53E+01 | 30.4% |
| Total Meats | 3.87E-01 | 1.1% | 2.59E+00 | 7.2% | 7.25E+00 | 14.4% |
| Total Fish | 2.40E-01 | 0.7% | 2.77E-01 | 0.8% | 1.64E-01 | 0.3% |
| Total Eggs | 4.21E-01 | 1.2% | 5.14E-01 | 1.4% | 6.89E-01 | 1.4% |
| Total Grains | 3.85E+00 | 11.3% | 4.02E+00 | 11.2% | 5.19E+00 | 10.3% |
| Total Vegetables | 5.37E+00 | 15.8% | 7.26E+00 | 20.3% | 9.99E+00 | 19.8% |
| Total Fruits | 7.73E+00 | 22.8% | 5.11E+00 | 14.3% | 8.41E+00 | 16.7% |
| Total Fats | 1.28E+00 | 3.8% | 1.91E+00 | 5.3% | 2.99E+00 | 5.9% |
| Total Soy | 5.19E-01 | 1.5% | 6.68E-01 | 1.9% | 9.42E-01 | 1.9% |
| Total Nuts | 2.86E-01 | 0.8% | 1.33E-01 | 0.4% | 1.54E-01 | 0.3% |

| | | - | Foods and Major Foo v-End, Mid-Range, an | - ' | | ke |
|------------------|-----------------|----------------|---|----------------|------------------|----------------|
| | | | Age 6-11 Years (g/d | • | | |
| | Low-end Total N | Meat consumers | Mid-range Total | Meat consumers | High-end Total N | Meat consumers |
| Food Group | Sample S | Size = 175 | Sample S | ize = 176 | Sample S | ize = 191 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.01E+03 | 100.0% | 1.10E+03 | 100.0% | 1.29E+03 | 100.0% |
| Total Dairy | 3.97E+02 | 39.2% | 3.88E+02 | 35.2% | 3.80E+02 | 29.5% |
| Total Meats | 1.23E+01 | 1.2% | 8.14E+01 | 7.4% | 2.07E+02 | 16.1% |
| Total Fish | 8.04E+00 | 0.8% | 3.10E+00 | 0.3% | 4.28E+00 | 0.3% |
| Total Eggs | 1.49E+01 | 1.5% | 1.53E+01 | 1.4% | 1.74E+01 | 1.4% |
| Total Grains | 1.20E+02 | 11.9% | 1.17E+02 | 10.6% | 1.35E+02 | 10.5% |
| Total Vegetables | 1.58E+02 | 15.6% | 2.23E+02 | 20.2% | 2.73E+02 | 21.2% |
| Total Fruits | 2.30E+02 | 22.7% | 1.91E+02 | 17.3% | 1.83E+02 | 14.3% |
| Total Fats | 4.03E+01 | 4.0% | 5.87E+01 | 5.3% | 8.13E+01 | 6.3% |
| Total Soy | 1.69E+01 | 1.7% | 2.21E+01 | 2.0% | 2.48E+01 | 1.9% |
| Total Nuts | 7.77E+00 | 0.8% | 3.47E+00 | 0.3% | 2.73E+00 | 0.2% |

| Table 10M. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake |
| Age 12-19 Years (g/kg/day) |

| | Low-end Total Meat consumers | | Mid-range Total | Mid-range Total Meat consumers | | leat consumers |
|------------------|------------------------------|------------|-----------------|--------------------------------|----------|----------------|
| Food Group | Sample S | Size = 130 | Sample S | Sample Size = 142 | | ize = 138 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.67E+01 | 100.0% | 1.92E+01 | 100.0% | 3.09E+01 | 100.0% |
| Total Dairy | 5.28E+00 | 31.6% | 4.79E+00 | 25.0% | 7.66E+00 | 24.8% |
| Total Meats | 2.32E-01 | 1.4% | 1.88E+00 | 9.8% | 5.36E+00 | 17.4% |
| Total Fish | 2.80E-01 | 1.7% | 1.92E-01 | 1.0% | 1.02E-01 | 0.3% |
| Total Eggs | 2.50E-01 | 1.5% | 3.69E-01 | 1.9% | 4.33E-01 | 1.4% |
| Total Grains | 2.20E+00 | 13.2% | 2.24E+00 | 11.7% | 3.33E+00 | 10.8% |
| Total Vegetables | 3.94E+00 | 23.6% | 4.86E+00 | 25.3% | 7.90E+00 | 25.6% |
| Total Fruits | 3.30E+00 | 19.7% | 3.39E+00 | 17.7% | 4.09E+00 | 13.2% |
| Total Fats | 7.51E-01 | 4.5% | 1.16E+00 | 6.0% | 2.01E+00 | 6.5% |
| Total Soy | 3.43E-01 | 2.1% | 4.75E-01 | 2.5% | 6.11E-01 | 2.0% |
| Total Nuts | 9.55E-02 | 0.6% | 5.55E-02 | 0.3% | 5.16E-02 | 0.2% |

| Table 10N. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake |
| Age 12-19 Years (g/day) |

| | | | Age 12-19 Years (g/c | day) | | |
|------------------|-----------------|----------------|----------------------|--|----------|----------------|
| | Low-end Total N | Meat consumers | Mid-range Total | Mid-range Total Meat consumers Sample Size = 128 | | leat consumers |
| Food Group | Sample S | ize = 130 | Sample S | | | ize = 137 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 9.93E+02 | 100.0% | 1.21E+03 | 100.0% | 1.76E+03 | 100.0% |
| Total Dairy | 3.30E+02 | 33.2% | 3.53E+02 | 29.0% | 4.00E+02 | 22.7% |
| Total Meats | 1.37E+01 | 1.4% | 1.11E+02 | 9.1% | 3.30E+02 | 18.7% |
| Total Fish | 1.58E+01 | 1.6% | 7.59E+00 | 0.6% | 8.38E+00 | 0.5% |
| Total Eggs | 1.56E+01 | 1.6% | 1.86E+01 | 1.5% | 2.86E+01 | 1.6% |
| Total Grains | 1.31E+02 | 13.2% | 1.47E+02 | 12.1% | 2.00E+02 | 11.4% |
| Total Vegetables | 2.26E+02 | 22.7% | 2.87E+02 | 23.7% | 4.77E+02 | 27.0% |
| Total Fruits | 1.87E+02 | 18.8% | 2.00E+02 | 16.4% | 1.96E+02 | 11.1% |
| Total Fats | 4.44E+01 | 4.5% | 7.09E+01 | 5.8% | 1.26E+02 | 7.2% |
| Total Soy | 2.02E+01 | 2.0% | 2.75E+01 | 2.3% | 4.05E+01 | 2.3% |
| Total Nuts | 6.52E+00 | 0.7% | 4.34E+00 | 0.4% | 4.30E+00 | 0.2% |

Table 11A. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake All Age Groups Combined (g/kg/day)

| | Low-end Total Meat and Dairy consumers Sample Size = 1632 | | Mid-range Total Meat and Dairy consumers | | High-end Total Meat and Dairy consumers | |
|------------------|--|---------|--|--------------------|---|-----------|
| Food Group | | | Sample Si | Sample Size = 1381 | | ze = 5584 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 9.81E+00 | 100.0% | 1.64E+01 | 100.0% | 6.60E+01 | 100.0% |
| Total Dairy | 3.87E-01 | 3.9% | 3.00E+00 | 18.3% | 2.98E+01 | 45.1% |
| Total Meats | 6.73E-01 | 6.9% | 1.94E+00 | 11.8% | 3.93E+00 | 6.0% |
| Total Fish | 2.49E-01 | 2.5% | 1.71E-01 | 1.0% | 2.64E-01 | 0.4% |
| Total Eggs | 2.56E-01 | 2.6% | 3.36E-01 | 2.0% | 8.32E-01 | 1.3% |
| Total Grains | 1.33E+00 | 13.6% | 2.02E+00 | 12.3% | 5.33E+00 | 8.1% |
| Total Vegetables | 3.45E+00 | 35.2% | 4.60E+00 | 28.0% | 9.07E+00 | 13.7% |
| Total Fruits | 2.63E+00 | 26.8% | 3.13E+00 | 19.0% | 1.31E+01 | 19.8% |
| Total Fats | 5.57E-01 | 5.7% | 9.55E-01 | 5.8% | 2.92E+00 | 4.4% |
| Total Soy | 2.66E-01 | 2.7% | 3.58E-01 | 2.2% | 8.66E-01 | 1.3% |
| Total Nuts | 4.69E-02 | 0.5% | 6.51E-02 | 0.4% | 2.41E-01 | 0.4% |

Table 11B. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake

All Age Groups Combined (g/day)

Low-end Total Meat and Dairy consumers Mid-range Total Meat and Dairy consumers High-end Total Meat and Dairy consumers Food Group Sample Size = 2502 Sample Size = 1818 Sample Size = 2148 Percent Intake Percent Intake Intake Percent Total Foods 6.23E+02 100.0% 1.06E+03 100.0% 100.0% 1.86E+03 2.99E+01 Total Dairy 4.8% 1.96E+02 18.5% 7.97E+02 42.7% **Total Meats** 6.5% 1.27E+02 4.06E+01 12.0% 1.77E+02 9.5% Total Fish 1.66E+01 2.7% 1.24E+01 1.2% 1.33E+01 0.7% Total Eggs 1.68E+01 2.7% 2.15E+01 2.0% 2.48E+01 1.3% **Total Grains** 8.79E+01 1.31E+02 12.3% 1.72E+02 9.2% 14.1% Total Vegetables 2.09E+02 33.5% 2.99E+02 28.2% 3.41E+02 18.3% Total Fruits 1.73E+02 27.7% 1.93E+02 18.2% 2.22E+02 11.9% Total Fats 3.32E+01 5.3% 6.29E+01 5.9% 9.43E+01 5.1% Total Sov 1.62E+01 2.6% 2.40E+01 2.3% 2.94E+01 1.6% Total Nuts 2.79E+00 0.4% 4.33E+00 0.4% 6.15E+00 0.3%

| | | • | oods and Major Foo , Mid-Range, and Hig | • | | (e |
|------------------|----------------------|---------------------|--|---------------------|---------------------|---------------------|
| | | | Age 20+ Years (g/kg/ | /day) | | |
| | Low-end Total Meat a | and Dairy consumers | Mid-range Total Meat | and Dairy consumers | High-end Total Meat | and Dairy consumers |
| Food Group | Sample S | ize = 947 | Sample S | Size = 931 | Sample Size = 833 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 9.16E+00 | 100.0% | 1.42E+01 | 100.0% | 2.59E+01 | 100.0% |
| Total Dairy | 3.54E-01 | 3.9% | 2.15E+00 | 15.2% | 9.71E+00 | 37.6% |
| Total Meats | 6.22E-01 | 6.8% | 1.80E+00 | 12.7% | 2.69E+00 | 10.4% |
| Total Fish | 2.82E-01 | 3.1% | 1.95E-01 | 1.4% | 2.49E-01 | 1.0% |
| Total Eggs | 2.55E-01 | 2.8% | 3.02E-01 | 2.1% | 3.95E-01 | 1.5% |
| Total Grains | 1.33E+00 | 14.5% | 1.83E+00 | 12.9% | 2.54E+00 | 9.8% |
| Total Vegetables | 3.21E+00 | 35.0% | 4.25E+00 | 29.9% | 5.25E+00 | 20.3% |
| Total Fruits | 2.39E+00 | 26.1% | 2.57E+00 | 18.1% | 3.38E+00 | 13.1% |
| Total Fats | 4.63E-01 | 5.1% | 8.55E-01 | 6.0% | 1.31E+00 | 5.1% |
| Total Soy | 2.32E-01 | 2.5% | 3.30E-01 | 2.3% | 4.22E-01 | 1.6% |

5.87E-02

0.4%

7.23E-02

0.3%

| | | • | | d Groups and Percei h-end Total Meat and | nt of Total Food Intak d Dairy Intake | е |
|------------------|--------------------|---------------------|----------------------|---|--|---------------------|
| | | | Age 20+ Years (g/d | lay) | | |
| | Low-end Total Meat | and Dairy consumers | Mid-range Total Meat | and Dairy consumers | High-end Total Meat a | and Dairy consumers |
| Food Group | Sample S | Size = 902 | Sample S | Sample Size = 909 | | ze = 875 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 6.79E+02 | 100.0% | 1.05E+03 | 100.0% | 1.86E+03 | 100.0% |
| Total Dairy | 2.75E+01 | 4.1% | 1.57E+02 | 14.9% | 6.96E+02 | 37.5% |
| Total Meats | 4.47E+01 | 6.6% | 1.36E+02 | 12.9% | 2.08E+02 | 11.2% |
| Total Fish | 2.08E+01 | 3.1% | 1.36E+01 | 1.3% | 1.69E+01 | 0.9% |
| Total Eggs | 1.90E+01 | 2.8% | 2.23E+01 | 2.1% | 2.85E+01 | 1.5% |
| Total Grains | 9.92E+01 | 14.6% | 1.31E+02 | 12.5% | 1.85E+02 | 10.0% |
| Total Vegetables | 2.36E+02 | 34.7% | 3.19E+02 | 30.3% | 3.85E+02 | 20.7% |
| Total Fruits | 1.79E+02 | 26.3% | 1.90E+02 | 18.1% | 2.15E+02 | 11.6% |
| Total Fats | 3.38E+01 | 5.0% | 6.47E+01 | 6.1% | 9.95E+01 | 5.4% |
| Total Soy | 1.73E+01 | 2.6% | 2.53E+01 | 2.4% | 3.20E+01 | 1.7% |
| Total Nuts | 3.01E+00 | 0.4% | 4.12E+00 | 0.4% | 6.23E+00 | 0.3% |

Total Nuts

4.47E-02

0.5%

Table 11E. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age <1 Year (g/kg/day)

| | Low-end Total Meat and Dairy consumers Sample Size = 142 | | Mid-range Total Meat and Dairy consumers | | High-end Total Meat and Dairy consumers | |
|------------------|---|---------|--|-----------|---|---------|
| Food Group | | | Sample S | ize = 148 | Sample Size = 137 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.38E+01 | 100.0% | 3.39E+01 | 100.0% | 1.00E+02 | 100.0% |
| Total Dairy | 0.00E+00 | 0.0% | 7.95E+00 | 23.4% | 5.79E+01 | 57.8% |
| Total Meats | 0.00E+00 | 0.0% | 1.07E+00 | 3.2% | 3.58E+00 | 3.6% |
| Total Fish | 0.00E+00 | 0.0% | 3.10E-02 | 0.1% | 3.09E-02 | 0.0% |
| Total Eggs | 0.00E+00 | 0.0% | 2.19E-01 | 0.6% | 7.33E-01 | 0.7% |
| Total Grains | 5.03E-01 | 3.6% | 2.29E+00 | 6.7% | 4.13E+00 | 4.1% |
| Total Vegetables | 5.60E+00 | 40.6% | 5.61E+00 | 16.5% | 8.94E+00 | 8.9% |
| Total Fruits | 5.05E+00 | 36.6% | 1.31E+01 | 38.6% | 1.85E+01 | 18.4% |
| Total Fats | 1.99E+00 | 14.4% | 3.55E+00 | 10.5% | 6.06E+00 | 6.0% |
| Total Soy | 7.80E-01 | 5.7% | 9.37E-01 | 2.8% | 1.12E+00 | 1.1% |
| Total Nuts | 0.00E+00 | 0.0% | 3.50E-02 | 0.1% | 3.46E-02 | 0.0% |

Table 11F. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age <1 Year (α/day)

| | | | Age <1 Year (g/da | y) | | |
|------------------|--------------------|---------------------|----------------------|---------------------|---|-----------|
| | Low-end Total Meat | and Dairy consumers | Mid-range Total Meat | and Dairy consumers | High-end Total Meat and Dairy consumers | |
| Food Group | Sample S | Size = 142 | Sample S | Sample Size = 148 | | ize = 138 |
| Total Foods | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 9.47E+01 | 100.0% | 2.24E+02 | 100.0% | 9.87E+02 | 100.0% |
| Total Dairy | 0.00E+00 | 0.0% | 6.36E+01 | 28.4% | 5.28E+02 | 53.5% |
| Total Meats | 0.00E+00 | 0.0% | 5.43E+00 | 2.4% | 3.99E+01 | 4.0% |
| Total Fish | 0.00E+00 | 0.0% | 2.66E-02 | 0.0% | 6.42E-01 | 0.1% |
| Total Eggs | 0.00E+00 | 0.0% | 9.87E-01 | 0.4% | 1.12E+01 | 1.1% |
| Total Grains | 3.74E+00 | 4.0% | 1.11E+01 | 5.0% | 4.73E+01 | 4.8% |
| Total Vegetables | 3.70E+01 | 39.1% | 3.61E+01 | 16.1% | 1.06E+02 | 10.7% |
| Total Fruits | 3.73E+01 | 39.4% | 7.76E+01 | 34.7% | 2.08E+02 | 21.1% |
| Total Fats | 1.26E+01 | 13.3% | 2.85E+01 | 12.7% | 4.21E+01 | 4.3% |
| Total Soy | 4.84E+00 | 5.1% | 7.46E+00 | 3.3% | 7.70E+00 | 0.8% |
| Total Nuts | 0.00E+00 | 0.0% | 2.63E-02 | 0.0% | 3.44E-01 | 0.0% |

Table 11G. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age 1-2 Years (g/kg/day)

| | Low-end Total Meat and Dairy consumers | | Mid-range Total Meat | Mid-range Total Meat and Dairy consumers | | and Dairy consumers |
|------------------|--|------------|----------------------|--|----------|---------------------|
| Food Group | Sample S | Size = 184 | Sample S | Sample Size = 197 | | ize = 201 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 4.90E+01 | 100.0% | 7.81E+01 | 100.0% | 1.38E+02 | 100.0% |
| Total Dairy | 3.92E+00 | 8.0% | 3.02E+01 | 38.7% | 9.17E+01 | 66.4% |
| Total Meats | 3.07E+00 | 6.3% | 4.25E+00 | 5.4% | 4.47E+00 | 3.2% |
| Total Fish | 1.57E-01 | 0.3% | 2.25E-01 | 0.3% | 2.74E-01 | 0.2% |
| Total Eggs | 1.31E+00 | 2.7% | 1.15E+00 | 1.5% | 1.27E+00 | 0.9% |
| Total Grains | 5.19E+00 | 10.6% | 5.94E+00 | 7.6% | 5.65E+00 | 4.1% |
| Total Vegetables | 1.12E+01 | 22.9% | 1.02E+01 | 13.1% | 1.02E+01 | 7.4% |
| Total Fruits | 2.10E+01 | 42.9% | 2.23E+01 | 28.6% | 1.94E+01 | 14.0% |
| Total Fats | 2.33E+00 | 4.8% | 3.04E+00 | 3.9% | 4.76E+00 | 3.4% |
| Total Soy | 9.43E-01 | 1.9% | 9.05E-01 | 1.2% | 7.99E-01 | 0.6% |
| Total Nuts | 2.31E-01 | 0.5% | 2.04E-01 | 0.3% | 1.41E-01 | 0.1% |

Table 11H. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age 1-2 Years (g/day)

| | | | Age 1-2 Years (g/da | ay) | | |
|------------------|--------------------|---------------------|----------------------|--|-------------------|---------------------|
| | Low-end Total Meat | and Dairy consumers | Mid-range Total Meat | Mid-range Total Meat and Dairy consumers | | and Dairy consumers |
| Food Group | Sample S | Size = 191 | Sample S | Size = 205 | Sample Size = 199 | |
| Total Foods | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 6.09E+02 | 100.0% | 1.02E+03 | 100.0% | 1.62E+03 | 100.0% |
| Total Dairy | 5.18E+01 | 8.5% | 3.94E+02 | 38.5% | 1.06E+03 | 65.1% |
| Total Meats | 3.64E+01 | 6.0% | 5.40E+01 | 5.3% | 5.36E+01 | 3.3% |
| Total Fish | 2.87E+00 | 0.5% | 4.03E+00 | 0.4% | 2.94E+00 | 0.2% |
| Total Eggs | 1.62E+01 | 2.7% | 1.62E+01 | 1.6% | 1.65E+01 | 1.0% |
| Total Grains | 6.58E+01 | 10.8% | 7.77E+01 | 7.6% | 6.93E+01 | 4.3% |
| Total Vegetables | 1.38E+02 | 22.6% | 1.35E+02 | 13.1% | 1.22E+02 | 7.5% |
| Total Fruits | 2.59E+02 | 42.6% | 2.91E+02 | 28.5% | 2.39E+02 | 14.8% |
| Total Fats | 2.89E+01 | 4.8% | 3.95E+01 | 3.9% | 5.63E+01 | 3.5% |
| Total Soy | 1.17E+01 | 1.9% | 1.21E+01 | 1.2% | 1.02E+01 | 0.6% |
| Total Nuts | 2.83E+00 | 0.5% | 3.33E+00 | 0.3% | 2.48E+00 | 0.2% |

Table 11I. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age 3-5 Years (g/kg/day)

| Food Group | Low-end Total Meat and Dairy consumers | | Mid-range Total Meat | Mid-range Total Meat and Dairy consumers | | and Dairy consumers |
|------------------|--|------------|----------------------|--|----------|---------------------|
| | Sample S | Size = 371 | Sample S | Sample Size = 439 | | ize = 453 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 3.89E+01 | 100.0% | 5.90E+01 | 100.0% | 9.74E+01 | 100.0% |
| Total Dairy | 4.22E+00 | 10.8% | 1.98E+01 | 33.6% | 5.17E+01 | 53.1% |
| Total Meats | 2.97E+00 | 7.6% | 4.19E+00 | 7.1% | 5.11E+00 | 5.2% |
| Total Fish | 3.28E-01 | 0.8% | 2.20E-01 | 0.4% | 2.77E-01 | 0.3% |
| Total Eggs | 8.72E-01 | 2.2% | 9.34E-01 | 1.6% | 9.69E-01 | 1.0% |
| Total Grains | 4.67E+00 | 12.0% | 5.91E+00 | 10.0% | 7.06E+00 | 7.2% |
| Total Vegetables | 8.83E+00 | 22.7% | 9.51E+00 | 16.1% | 1.14E+01 | 11.7% |
| Total Fruits | 1.41E+01 | 36.1% | 1.48E+01 | 25.0% | 1.58E+01 | 16.2% |
| Total Fats | 1.98E+00 | 5.1% | 2.80E+00 | 4.7% | 3.98E+00 | 4.1% |
| Total Soy | 8.44E-01 | 2.2% | 9.56E-01 | 1.6% | 1.06E+00 | 1.1% |
| Total Nuts | 2.43E-01 | 0.6% | 2.79E-01 | 0.5% | 4.17E-01 | 0.4% |

Table 11J. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake

Age 3-5 Years (α/day)

| | | | Age 3-5 Years (g/da | ay) | | |
|------------------|----------------------|---------------------|--|-----------|---|---------|
| | Low-end Total Meat a | and Dairy consumers | Mid-range Total Meat and Dairy consumers | | High-end Total Meat and Dairy consumers | |
| Food Group | Sample S | ize = 391 | Sample S | ize = 414 | Sample Size = 419 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 7.02E+02 | 100.0% | 1.04E+03 | 100.0% | 1.65E+03 | 100.0% |
| Total Dairy | 7.52E+01 | 10.7% | 3.52E+02 | 33.8% | 8.78E+02 | 53.3% |
| Total Meats | 5.23E+01 | 7.5% | 7.89E+01 | 7.6% | 8.82E+01 | 5.4% |
| Total Fish | 5.03E+00 | 0.7% | 5.37E+00 | 0.5% | 5.10E+00 | 0.3% |
| Total Eggs | 1.55E+01 | 2.2% | 1.61E+01 | 1.5% | 1.90E+01 | 1.2% |
| Total Grains | 8.46E+01 | 12.0% | 1.07E+02 | 10.2% | 1.21E+02 | 7.3% |
| Total Vegetables | 1.59E+02 | 22.6% | 1.67E+02 | 16.0% | 1.91E+02 | 11.6% |
| Total Fruits | 2.58E+02 | 36.7% | 2.51E+02 | 24.1% | 2.59E+02 | 15.8% |
| Total Fats | 3.53E+01 | 5.0% | 5.12E+01 | 4.9% | 6.75E+01 | 4.1% |
| Total Soy | 1.53E+01 | 2.2% | 1.67E+01 | 1.6% | 1.86E+01 | 1.1% |
| Total Nuts | 4.18E+00 | 0.6% | 4.85E+00 | 0.5% | 7.12E+00 | 0.4% |

Table 11K. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age 6-11 Years (g/kg/day)

| Food Group | Low-end Total Meat a | and Dairy consumers | s Mid-range Total Meat and Dairy consumers High-end Total Meat and | | and Dairy consumers | |
|------------------|----------------------|---------------------|--|---------|---------------------|---------|
| | Sample Size = 147 | | Sample Size = 183 | | Sample Size = 221 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 2.05E+01 | 100.0% | 3.59E+01 | 100.0% | 6.59E+01 | 100.0% |
| Total Dairy | 2.28E+00 | 11.1% | 1.17E+01 | 32.6% | 3.32E+01 | 50.4% |
| Total Meats | 1.82E+00 | 8.9% | 3.19E+00 | 8.9% | 3.99E+00 | 6.1% |
| Total Fish | 1.74E-01 | 0.8% | 1.98E-01 | 0.6% | 2.21E-01 | 0.3% |
| Total Eggs | 5.32E-01 | 2.6% | 6.59E-01 | 1.8% | 6.35E-01 | 1.0% |
| Total Grains | 2.81E+00 | 13.7% | 4.10E+00 | 11.4% | 6.06E+00 | 9.2% |
| Total Vegetables | 5.72E+00 | 27.8% | 7.10E+00 | 19.8% | 9.49E+00 | 14.4% |
| Total Fruits | 5.54E+00 | 27.0% | 6.26E+00 | 17.4% | 8.32E+00 | 12.6% |
| Total Fats | 1.22E+00 | 5.9% | 2.00E+00 | 5.6% | 2.95E+00 | 4.5% |
| Total Soy | 5.40E-01 | 2.6% | 6.82E-01 | 1.9% | 9.12E-01 | 1.4% |
| Total Nuts | 1.20E-01 | 0.6% | 1.30E-01 | 0.4% | 2.71E-01 | 0.4% |

Table 11L. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age 6-11 Years (g/day)

| | | | Age 6-11 Years (g/d | lay) | | |
|------------------|---|---------|--|-------------------|---|-----------|
| | Low-end Total Meat and Dairy consumers Sample Size = 166 | | Mid-range Total Meat and Dairy consumers | | High-end Total Meat and Dairy consumers | |
| Food Group | | | Sample S | Sample Size = 194 | | ize = 167 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 7.52E+02 | 100.0% | 1.06E+03 | 100.0% | 1.72E+03 | 100.0% |
| Total Dairy | 7.31E+01 | 9.7% | 3.55E+02 | 33.4% | 8.69E+02 | 50.5% |
| Total Meats | 6.59E+01 | 8.8% | 9.52E+01 | 9.0% | 1.07E+02 | 6.2% |
| Total Fish | 5.47E+00 | 0.7% | 6.77E+00 | 0.6% | 6.06E+00 | 0.4% |
| Total Eggs | 1.74E+01 | 2.3% | 1.55E+01 | 1.5% | 1.82E+01 | 1.1% |
| Total Grains | 1.03E+02 | 13.6% | 1.20E+02 | 11.3% | 1.53E+02 | 8.9% |
| Total Vegetables | 2.09E+02 | 27.8% | 2.09E+02 | 19.7% | 2.46E+02 | 14.3% |
| Total Fruits | 2.18E+02 | 29.0% | 1.81E+02 | 17.0% | 2.21E+02 | 12.8% |
| Total Fats | 4.39E+01 | 5.8% | 5.88E+01 | 5.5% | 7.35E+01 | 4.3% |
| Total Soy | 2.00E+01 | 2.7% | 1.94E+01 | 1.8% | 2.31E+01 | 1.3% |
| Total Nuts | 4.00E+00 | 0.5% | 4.68E+00 | 0.4% | 5.82E+00 | 0.3% |

Table 11M. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age 12-19 Years (g/kg/day)

| Food Group | Low-end Total Meat | and Dairy consumers | Mid-range Total Meat | Mid-range Total Meat and Dairy consumers | | High-end Total Meat and Dairy consumers | |
|------------------|--------------------|---------------------|----------------------|--|-------------------|---|--|
| | Sample Size = 147 | | Sample Size = 151 | | Sample Size = 130 | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | |
| Total Foods | 1.02E+01 | 100.0% | 1.82E+01 | 100.0% | 3.98E+01 | 100.0% | |
| Total Dairy | 4.82E-01 | 4.7% | 4.29E+00 | 23.5% | 1.81E+01 | 45.4% | |
| Total Meats | 8.34E-01 | 8.2% | 2.09E+00 | 11.5% | 3.37E+00 | 8.5% | |
| Total Fish | 2.01E-01 | 2.0% | 1.81E-01 | 1.0% | 2.02E-01 | 0.5% | |
| Total Eggs | 2.49E-01 | 2.4% | 2.81E-01 | 1.5% | 4.75E-01 | 1.2% | |
| Total Grains | 1.54E+00 | 15.1% | 2.33E+00 | 12.8% | 3.55E+00 | 8.9% | |
| Total Vegetables | 3.53E+00 | 34.5% | 4.75E+00 | 26.1% | 6.94E+00 | 17.4% | |
| Total Fruits | 2.50E+00 | 24.4% | 2.89E+00 | 15.9% | 4.61E+00 | 11.6% | |
| Total Fats | 6.52E-01 | 6.4% | 1.17E+00 | 6.4% | 2.06E+00 | 5.2% | |
| Total Soy | 3.25E-01 | 3.2% | 4.54E-01 | 2.5% | 6.72E-01 | 1.7% | |
| Total Nuts | 4.91E-02 | 0.5% | 5.85E-02 | 0.3% | 1.26E-01 | 0.3% | |

Table 11N. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age 12-19 Years (g/day)

| | | | Age 12-19 Years (g/ | day) | | |
|------------------|--|------------|--|-------------------|---|-----------|
| | Low-end Total Meat and Dairy consumers | | Mid-range Total Meat and Dairy consumers | | High-end Total Meat and Dairy consumers | |
| Food Group | Sample S | Size = 141 | Sample S | Sample Size = 144 | | ize = 120 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 6.33E+02 | 100.0% | 1.08E+03 | 100.0% | 2.25E+03 | 100.0% |
| Total Dairy | 2.83E+01 | 4.5% | 2.48E+02 | 22.9% | 1.02E+03 | 45.5% |
| Total Meats | 5.25E+01 | 8.3% | 1.35E+02 | 12.5% | 1.96E+02 | 8.7% |
| Total Fish | 9.90E+00 | 1.6% | 1.02E+01 | 0.9% | 1.02E+01 | 0.5% |
| Total Eggs | 1.41E+01 | 2.2% | 1.72E+01 | 1.6% | 3.00E+01 | 1.3% |
| Total Grains | 9.36E+01 | 14.8% | 1.40E+02 | 12.9% | 2.03E+02 | 9.0% |
| Total Vegetables | 2.18E+02 | 34.4% | 2.89E+02 | 26.7% | 4.08E+02 | 18.1% |
| Total Fruits | 1.64E+02 | 25.8% | 1.57E+02 | 14.5% | 2.36E+02 | 10.5% |
| Total Fats | 3.85E+01 | 6.1% | 6.95E+01 | 6.4% | 1.17E+02 | 5.2% |
| Total Soy | 1.93E+01 | 3.1% | 2.61E+01 | 2.4% | 3.80E+01 | 1.7% |
| Total Nuts | 2.94E+00 | 0.5% | 3.82E+00 | 0.4% | 6.60E+00 | 0.3% |

| Table 12A. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake |
| All Age Groups Combined (g/kg/day) |

| Food Group | Low-end Total F | ish consumers | Mid-range Total | Fish consumers | High-end Total F | ish consumers |
|------------------|-----------------|---------------------------------------|-----------------|----------------|------------------|---------------|
| | Sample Siz | Sample Size = 2106 Sample Size = 2217 | | Sample Si | ze = 1968 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 2.39E+01 | 100.0% | 2.09E+01 | 100.0% | 2.63E+01 | 100.0% |
| Total Dairy | 6.82E+00 | 28.5% | 5.92E+00 | 28.4% | 7.06E+00 | 26.8% |
| Total Meats | 2.34E+00 | 9.8% | 2.28E+00 | 10.9% | 1.90E+00 | 7.2% |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 1.51E+00 | 5.7% |
| Total Eggs | 4.65E-01 | 1.9% | 3.97E-01 | 1.9% | 4.70E-01 | 1.8% |
| Total Grains | 2.56E+00 | 10.7% | 2.17E+00 | 10.4% | 2.70E+00 | 10.3% |
| Total Vegetables | 5.29E+00 | 22.1% | 5.05E+00 | 24.2% | 5.72E+00 | 21.7% |
| Total Fruits | 4.86E+00 | 20.3% | 3.49E+00 | 16.7% | 5.22E+00 | 19.8% |
| Total Fats | 1.30E+00 | 5.4% | 1.22E+00 | 5.8% | 1.31E+00 | 5.0% |
| Total Soy | 4.38E-01 | 1.8% | 4.20E-01 | 2.0% | 5.34E-01 | 2.0% |
| Total Nuts | 7.47E-02 | 0.3% | 8.77E-02 | 0.4% | 8.28E-02 | 0.3% |

| Table 12B. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake |
| All Age Groups Combined (g/day) |

| | | All A | age Groups Combine | a (g/aay) | | |
|------------------|-----------------|---------------|--------------------|--|-----------|---------------|
| | Low-end Total F | ish consumers | Mid-range Total | Mid-range Total Fish consumers High-en | | ish consumers |
| Food Group | Sample Si | ze = 2115 | Sample Si | ze = 2262 | Sample Si | ze = 1414 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.11E+03 | 100.0% | 1.05E+03 | 100.0% | 1.32E+03 | 100.0% |
| Total Dairy | 2.60E+02 | 23.4% | 2.49E+02 | 23.7% | 2.64E+02 | 20.0% |
| Total Meats | 1.30E+02 | 11.7% | 1.33E+02 | 12.7% | 1.17E+02 | 8.9% |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 9.28E+01 | 7.0% |
| Total Eggs | 2.39E+01 | 2.1% | 2.21E+01 | 2.1% | 2.64E+01 | 2.0% |
| Total Grains | 1.31E+02 | 11.7% | 1.20E+02 | 11.4% | 1.47E+02 | 11.2% |
| Total Vegetables | 2.82E+02 | 25.3% | 2.86E+02 | 27.3% | 3.38E+02 | 25.7% |
| Total Fruits | 2.09E+02 | 18.8% | 1.58E+02 | 15.0% | 2.36E+02 | 17.9% |
| Total Fats | 6.21E+01 | 5.6% | 6.38E+01 | 6.1% | 7.23E+01 | 5.5% |
| Total Soy | 2.19E+01 | 2.0% | 2.30E+01 | 2.2% | 3.11E+01 | 2.4% |
| Total Nuts | 3.61E+00 | 0.3% | 5.02E+00 | 0.5% | 3.95E+00 | 0.3% |

| Table 12C. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake |
| Age 20+ Years (g/kg/dav) |

| Food Group | Low-end Total F | ish consumers | Mid-range Total | Fish consumers | ers High-end Total Fish co | |
|------------------|-------------------|---------------|-------------------|----------------|----------------------------|---------|
| | Sample Size = 879 | | Sample Size = 971 | | Sample Size = 906 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.44E+01 | 100.0% | 1.50E+01 | 100.0% | 1.88E+01 | 100.0% |
| Total Dairy | 2.91E+00 | 20.2% | 2.85E+00 | 19.1% | 3.57E+00 | 19.0% |
| Total Meats | 1.72E+00 | 11.9% | 1.90E+00 | 12.7% | 1.60E+00 | 8.5% |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 1.43E+00 | 7.6% |
| Total Eggs | 2.91E-01 | 2.0% | 3.02E-01 | 2.0% | 3.58E-01 | 1.9% |
| Total Grains | 1.87E+00 | 13.0% | 1.84E+00 | 12.3% | 2.10E+00 | 11.2% |
| Total Vegetables | 4.20E+00 | 29.1% | 4.23E+00 | 28.3% | 4.88E+00 | 26.0% |
| Total Fruits | 2.32E+00 | 16.1% | 2.73E+00 | 18.2% | 3.50E+00 | 18.7% |
| Total Fats | 8.49E-01 | 5.9% | 8.68E-01 | 5.8% | 9.80E-01 | 5.2% |
| Total Soy | 3.31E-01 | 2.3% | 3.09E-01 | 2.1% | 4.20E-01 | 2.2% |
| Total Nuts | 6.37E-02 | 0.4% | 5.97E-02 | 0.4% | 5.58E-02 | 0.3% |

| Table 12D. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake |
| Age 20+ Years (g/day) |

| | | | Age 20+ Years (g/d | ay) | | |
|------------------|------------------------------|------------|--------------------------------|-----------|-------------------------------|-----------|
| | Low-end Total Fish consumers | | Mid-range Total Fish consumers | | High-end Total Fish consumers | |
| Food Group | Sample S | Size = 878 | Sample S | ize = 946 | Sample S | ize = 915 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.04E+03 | 100.0% | 1.06E+03 | 100.0% | 1.34E+03 | 100.0% |
| Total Dairy | 2.07E+02 | 20.0% | 2.05E+02 | 19.3% | 2.50E+02 | 18.7% |
| Total Meats | 1.26E+02 | 12.1% | 1.43E+02 | 13.4% | 1.21E+02 | 9.1% |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 1.02E+02 | 7.7% |
| Total Eggs | 2.15E+01 | 2.1% | 2.39E+01 | 2.2% | 2.73E+01 | 2.0% |
| Total Grains | 1.34E+02 | 12.9% | 1.33E+02 | 12.5% | 1.52E+02 | 11.4% |
| Total Vegetables | 3.03E+02 | 29.2% | 3.00E+02 | 28.3% | 3.48E+02 | 26.0% |
| Total Fruits | 1.65E+02 | 15.9% | 1.80E+02 | 16.9% | 2.38E+02 | 17.8% |
| Total Fats | 6.19E+01 | 6.0% | 6.36E+01 | 6.0% | 7.35E+01 | 5.5% |
| Total Soy | 2.41E+01 | 2.3% | 2.19E+01 | 2.1% | 3.13E+01 | 2.3% |
| Total Nuts | 4.65E+00 | 0.4% | 4.21E+00 | 0.4% | 4.16E+00 | 0.3% |

Table 12E. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake Age <1 Year (g/kg/day)

| | Low-end Total I | ish consumers | Mid-range Total | Fish consumers | High-end Total I | ish consumers |
|------------------|-----------------|---------------|-------------------|----------------|-------------------|---------------|
| Food Group | Sample S | Size = 141 | Sample Size = 131 | | Sample Size = 151 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 3.63E+01 | 100.0% | 4.20E+01 | 100.0% | 4.01E+01 | 100.0% |
| Total Dairy | 1.01E+01 | 27.9% | 1.54E+01 | 36.7% | 1.19E+01 | 29.5% |
| Total Meats | 9.65E-01 | 2.7% | 1.08E+00 | 2.6% | 1.24E+00 | 3.1% |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 3.24E-01 | 0.8% |
| Total Eggs | 1.75E-01 | 0.5% | 2.16E-01 | 0.5% | 5.50E-01 | 1.4% |
| Total Grains | 1.96E+00 | 5.4% | 2.12E+00 | 5.0% | 2.67E+00 | 6.7% |
| Total Vegetables | 6.52E+00 | 18.0% | 6.68E+00 | 15.9% | 7.48E+00 | 18.6% |
| Total Fruits | 1.26E+01 | 34.6% | 1.16E+01 | 27.6% | 1.17E+01 | 29.1% |
| Total Fats | 3.73E+00 | 10.3% | 4.54E+00 | 10.8% | 4.02E+00 | 10.0% |
| Total Soy | 9.44E-01 | 2.6% | 1.22E+00 | 2.9% | 1.07E+00 | 2.7% |
| Total Nuts | 1.36E-02 | 0.0% | 0.00E+00 | 0.0% | 2.05E-02 | 0.1% |

Table 12F. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake

Age <1 Year (g/day)

| Age <1 Year (g/day) | | | | | | | |
|---------------------|---|---------|--|---------|---|---------|--|
| | Low-end Total Fish consumers Sample Size = 141 | | Mid-range Total Fish consumers Sample Size = 145 | | High-end Total Fish consumers Sample Size = 151 | | |
| Food Group | | | | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | |
| Total Foods | 2.99E+02 | 100.0% | 3.20E+02 | 100.0% | 3.39E+02 | 100.0% | |
| Total Dairy | 7.83E+01 | 26.2% | 1.12E+02 | 35.1% | 1.02E+02 | 30.2% | |
| Total Meats | 9.19E+00 | 3.1% | 9.57E+00 | 3.0% | 1.16E+01 | 3.4% | |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 3.09E+00 | 0.9% | |
| Total Eggs | 1.85E+00 | 0.6% | 2.15E+00 | 0.7% | 5.08E+00 | 1.5% | |
| Total Grains | 1.82E+01 | 6.1% | 1.79E+01 | 5.6% | 2.34E+01 | 6.9% | |
| Total Vegetables | 5.39E+01 | 18.0% | 5.53E+01 | 17.3% | 6.06E+01 | 17.9% | |
| Total Fruits | 1.09E+02 | 36.5% | 9.17E+01 | 28.6% | 1.01E+02 | 29.7% | |
| Total Fats | 2.64E+01 | 8.8% | 2.80E+01 | 8.7% | 3.00E+01 | 8.9% | |
| Total Soy | 6.85E+00 | 2.3% | 7.78E+00 | 2.4% | 8.05E+00 | 2.4% | |
| Total Nuts | 1.22E-01 | 0.0% | 0.00E+00 | 0.0% | 1.87E-01 | 0.1% | |

| Table 12G. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake |
| Age 1-2 Years (g/kg/day) |

| | Low-end Total Fish consumers | | Mid-range Total Fish consumers | | High-end Total Fish consumers | |
|------------------|------------------------------|-----------|--------------------------------|---------------------------------|-------------------------------|-----------|
| Food Group | Sample S | ize = 200 | Sample S | Sample Size = 188 Sample Size = | | ize = 204 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 8.24E+01 | 100.0% | 8.60E+01 | 100.0% | 8.99E+01 | 100.0% |
| Total Dairy | 3.73E+01 | 45.2% | 3.88E+01 | 45.1% | 3.63E+01 | 40.3% |
| Total Meats | 4.29E+00 | 5.2% | 4.14E+00 | 4.8% | 4.31E+00 | 4.8% |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 2.26E+00 | 2.5% |
| Total Eggs | 1.21E+00 | 1.5% | 1.34E+00 | 1.6% | 1.42E+00 | 1.6% |
| Total Grains | 5.78E+00 | 7.0% | 5.97E+00 | 6.9% | 6.31E+00 | 7.0% |
| Total Vegetables | 1.04E+01 | 12.6% | 9.93E+00 | 11.5% | 1.13E+01 | 12.6% |
| Total Fruits | 1.95E+01 | 23.7% | 2.19E+01 | 25.4% | 2.39E+01 | 26.5% |
| Total Fats | 3.38E+00 | 4.1% | 3.36E+00 | 3.9% | 3.50E+00 | 3.9% |
| Total Soy | 8.60E-01 | 1.0% | 8.32E-01 | 1.0% | 1.09E+00 | 1.2% |
| Total Nuts | 2.62E-01 | 0.3% | 2.20E-01 | 0.3% | 2.36E-01 | 0.3% |

| Table 12H. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake |
| Age 1-2 Years (g/day) |

| Age 1-2 Years (g/day) | | | | | | | |
|-----------------------|------------------------------|-----------|--------------------------------|-----------|-------------------------------|-----------|--|
| | Low-end Total Fish consumers | | Mid-range Total Fish consumers | | High-end Total Fish consumers | | |
| Food Group | Sample S | ize = 200 | Sample S | ize = 192 | Sample S | ize = 207 | |
| | Intake | Percent | Intake | Percent | Intake | Percent | |
| Total Foods | 1.00E+03 | 100.0% | 1.07E+03 | 100.0% | 1.14E+03 | 100.0% | |
| Total Dairy | 4.46E+02 | 44.4% | 4.77E+02 | 44.7% | 4.46E+02 | 39.2% | |
| Total Meats | 5.32E+01 | 5.3% | 5.38E+01 | 5.0% | 5.52E+01 | 4.9% | |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 2.88E+01 | 2.5% | |
| Total Eggs | 1.48E+01 | 1.5% | 1.77E+01 | 1.7% | 1.81E+01 | 1.6% | |
| Total Grains | 7.25E+01 | 7.2% | 7.41E+01 | 6.9% | 7.95E+01 | 7.0% | |
| Total Vegetables | 1.28E+02 | 12.8% | 1.25E+02 | 11.7% | 1.49E+02 | 13.1% | |
| Total Fruits | 2.41E+02 | 24.0% | 2.70E+02 | 25.3% | 3.08E+02 | 27.1% | |
| Total Fats | 4.17E+01 | 4.2% | 4.21E+01 | 3.9% | 4.38E+01 | 3.8% | |
| Total Soy | 1.09E+01 | 1.1% | 1.03E+01 | 1.0% | 1.38E+01 | 1.2% | |
| Total Nuts | 3.47E+00 | 0.3% | 2.31E+00 | 0.2% | 3.43E+00 | 0.3% | |

| Table 12I. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake |
| Age 3-5 Years (g/kg/day) |

| Food Group Total Foods Total Dairy Total Meats Total Fish Total Eggs Total Grains Total Vegetables Total Fruits Total Fats Total Soy | Low-end Total Fish consumers Sample Size = 397 | | Mid-range Total Fish consumers Sample Size = 399 | | High-end Total Fish consumers Sample Size = 409 | |
|---|--|--------|--|--------|---|--------|
| | | | | | | |
| Total Foods | 5.54E+01 | 100.0% | 6.22E+01 | 100.0% | 6.62E+01 | 100.0% |
| Total Dairy | 2.08E+01 | 37.5% | 2.33E+01 | 37.4% | 2.25E+01 | 33.9% |
| Total Meats | 3.90E+00 | 7.0% | 4.51E+00 | 7.2% | 3.48E+00 | 5.3% |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 2.43E+00 | 3.7% |
| Total Eggs | 8.47E-01 | 1.5% | 9.60E-01 | 1.5% | 1.04E+00 | 1.6% |
| Total Grains | 5.46E+00 | 9.8% | 5.82E+00 | 9.4% | 5.98E+00 | 9.0% |
| Total Vegetables | 9.35E+00 | 16.9% | 9.33E+00 | 15.0% | 1.12E+01 | 16.9% |
| Total Fruits | 1.16E+01 | 21.0% | 1.47E+01 | 23.6% | 1.57E+01 | 23.8% |
| Total Fats | 2.64E+00 | 4.8% | 2.88E+00 | 4.6% | 2.85E+00 | 4.3% |
| Total Soy | 8.78E-01 | 1.6% | 8.68E-01 | 1.4% | 1.12E+00 | 1.7% |
| Total Nuts | 2.99E-01 | 0.5% | 2.77E-01 | 0.4% | 2.36E-01 | 0.4% |

Table 12J. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake

Age 3-5 Years (g/day)

| Age 3-5 Years (g/day) | | | | | | | |
|-----------------------|---|---------|--|---------|---|---------|--|
| | Low-end Total Fish consumers Sample Size = 397 | | Mid-range Total Fish consumers Sample Size = 399 | | High-end Total Fish consumers Sample Size = 399 | | |
| Food Group | | | | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | |
| Total Foods | 9.96E+02 | 100.0% | 1.10E+03 | 100.0% | 1.16E+03 | 100.0% | |
| Total Dairy | 3.74E+02 | 37.5% | 4.15E+02 | 37.6% | 3.99E+02 | 34.5% | |
| Total Meats | 7.15E+01 | 7.2% | 8.03E+01 | 7.3% | 6.16E+01 | 5.3% | |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 4.32E+01 | 3.7% | |
| Total Eggs | 1.54E+01 | 1.5% | 1.67E+01 | 1.5% | 1.67E+01 | 1.4% | |
| Total Grains | 9.85E+01 | 9.9% | 1.04E+02 | 9.4% | 1.03E+02 | 8.9% | |
| Total Vegetables | 1.69E+02 | 17.0% | 1.66E+02 | 15.0% | 1.93E+02 | 16.7% | |
| Total Fruits | 2.04E+02 | 20.5% | 2.58E+02 | 23.4% | 2.73E+02 | 23.6% | |
| Total Fats | 4.75E+01 | 4.8% | 5.10E+01 | 4.6% | 4.95E+01 | 4.3% | |
| Total Soy | 1.58E+01 | 1.6% | 1.52E+01 | 1.4% | 1.95E+01 | 1.7% | |
| Total Nuts | 5.54E+00 | 0.6% | 4.83E+00 | 0.4% | 4.06E+00 | 0.4% | |

| Table 12K. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake | |
|--|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake | |
| Age 6-11 Years (g/kg/day) | |

| | Low-end Total Fish consumers | | Mid-range Total Fish consumers | | High-end Total Fish consumers | |
|------------------|------------------------------|------------|--------------------------------|------------|-------------------------------|---------|
| Food Group | Sample S | Size = 183 | Sample S | Size = 190 | Sample Size = 183 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 3.73E+01 | 100.0% | 3.98E+01 | 100.0% | 4.23E+01 | 100.0% |
| Total Dairy | 1.39E+01 | 37.3% | 1.36E+01 | 34.2% | 1.49E+01 | 35.3% |
| Total Meats | 2.76E+00 | 7.4% | 2.95E+00 | 7.4% | 2.62E+00 | 6.2% |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 1.73E+00 | 4.1% |
| Total Eggs | 4.25E-01 | 1.1% | 7.52E-01 | 1.9% | 7.13E-01 | 1.7% |
| Total Grains | 3.85E+00 | 10.3% | 4.63E+00 | 11.6% | 4.28E+00 | 10.1% |
| Total Vegetables | 7.52E+00 | 20.2% | 7.49E+00 | 18.8% | 7.83E+00 | 18.5% |
| Total Fruits | 6.05E+00 | 16.2% | 7.39E+00 | 18.6% | 7.42E+00 | 17.5% |
| Total Fats | 1.91E+00 | 5.1% | 2.06E+00 | 5.2% | 2.09E+00 | 4.9% |
| Total Soy | 6.71E-01 | 1.8% | 7.21E-01 | 1.8% | 8.22E-01 | 1.9% |
| Total Nuts | 2.22E-01 | 0.6% | 1.97E-01 | 0.5% | 1.24E-01 | 0.3% |

| Tal | ble 12L. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake | |
|-----|--|--|
| | for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake | |
| | Age 6-11 Years (g/day) | |

| | | | Age of the real stage agra | uy) | | |
|------------------|------------------------------|-----------|--------------------------------|-----------|-------------------------------|-----------|
| | Low-end Total Fish consumers | | Mid-range Total Fish consumers | | High-end Total Fish consumers | |
| Food Group | Sample S | ize = 183 | Sample S | ize = 190 | Sample S | ize = 174 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.06E+03 | 100.0% | 1.13E+03 | 100.0% | 1.22E+03 | 100.0% |
| Total Dairy | 3.88E+02 | 36.6% | 3.78E+02 | 33.4% | 4.20E+02 | 34.5% |
| Total Meats | 8.01E+01 | 7.6% | 8.51E+01 | 7.5% | 7.53E+01 | 6.2% |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 5.15E+01 | 4.2% |
| Total Eggs | 1.22E+01 | 1.2% | 2.22E+01 | 2.0% | 2.17E+01 | 1.8% |
| Total Grains | 1.10E+02 | 10.4% | 1.33E+02 | 11.8% | 1.23E+02 | 10.1% |
| Total Vegetables | 2.18E+02 | 20.6% | 2.13E+02 | 18.8% | 2.32E+02 | 19.1% |
| Total Fruits | 1.70E+02 | 16.1% | 2.16E+02 | 19.1% | 2.13E+02 | 17.5% |
| Total Fats | 5.52E+01 | 5.2% | 5.90E+01 | 5.2% | 6.02E+01 | 4.9% |
| Γotal Soy | 1.95E+01 | 1.8% | 2.09E+01 | 1.8% | 2.40E+01 | 2.0% |
| Total Nuts | 6.14E+00 | 0.6% | 5.47E+00 | 0.5% | 3.31E+00 | 0.3% |

| Table 12M. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake |
| Age 12-19 Years (g/kg/day) |

| | Low-end Total Fish consumers | | Mid-range Total Fish consumers | | High-end Total Fish consumers | |
|------------------|------------------------------|-----------|--------------------------------|-----------|-------------------------------|---------|
| Food Group | Sample S | ize = 140 | Sample S | ize = 123 | Sample Size = 127 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.91E+01 | 100.0% | 2.10E+01 | 100.0% | 2.39E+01 | 100.0% |
| Total Dairy | 5.35E+00 | 28.0% | 5.34E+00 | 25.5% | 6.52E+00 | 27.3% |
| Total Meats | 2.05E+00 | 10.7% | 2.21E+00 | 10.5% | 1.83E+00 | 7.6% |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 1.32E+00 | 5.5% |
| Total Eggs | 2.93E-01 | 1.5% | 3.85E-01 | 1.8% | 4.18E-01 | 1.8% |
| Total Grains | 2.26E+00 | 11.8% | 2.55E+00 | 12.2% | 2.67E+00 | 11.2% |
| Total Vegetables | 5.05E+00 | 26.4% | 5.26E+00 | 25.1% | 5.48E+00 | 22.9% |
| Total Fruits | 2.67E+00 | 13.9% | 3.61E+00 | 17.2% | 3.97E+00 | 16.6% |
| Total Fats | 1.17E+00 | 6.1% | 1.28E+00 | 6.1% | 1.35E+00 | 5.7% |
| Total Soy | 4.58E-01 | 2.4% | 4.71E-01 | 2.2% | 6.05E-01 | 2.5% |
| Total Nuts | 5.05E-02 | 0.3% | 7.83E-02 | 0.4% | 6.99E-02 | 0.3% |

| Table 12N. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake |
| Age 12-19 Years (g/day) |

| | | | Age 12-19 Years (g/d | day) | | |
|------------------|-----------------|----------------|----------------------|----------------|------------------|---------------|
| | Low-end Total I | Fish consumers | Mid-range Total | Fish consumers | High-end Total F | ish consumers |
| Food Group | Sample S | Size = 140 | Sample S | ize = 123 | Sample S | ize = 124 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.11E+03 | 100.0% | 1.15E+03 | 100.0% | 1.37E+03 | 100.0% |
| Total Dairy | 3.06E+02 | 27.6% | 2.87E+02 | 24.9% | 3.54E+02 | 25.8% |
| Total Meats | 1.23E+02 | 11.1% | 1.22E+02 | 10.6% | 1.17E+02 | 8.5% |
| Total Fish | 0.00E+00 | 0.0% | 0.00E+00 | 0.0% | 7.91E+01 | 5.8% |
| Total Eggs | 1.74E+01 | 1.6% | 2.11E+01 | 1.8% | 2.47E+01 | 1.8% |
| Total Grains | 1.31E+02 | 11.8% | 1.41E+02 | 12.2% | 1.58E+02 | 11.5% |
| Total Vegetables | 2.98E+02 | 26.9% | 2.96E+02 | 25.7% | 3.30E+02 | 24.0% |
| Total Fruits | 1.50E+02 | 13.5% | 1.96E+02 | 17.1% | 2.13E+02 | 15.5% |
| Total Fats | 6.85E+01 | 6.2% | 6.98E+01 | 6.1% | 8.03E+01 | 5.8% |
| Total Soy | 2.67E+01 | 2.4% | 2.58E+01 | 2.2% | 3.57E+01 | 2.6% |
| Total Nuts | 2.83E+00 | 0.3% | 4.61E+00 | 0.4% | 3.59E+00 | 0.3% |

Table 13A. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake All Age Groups Combined (g/kg/day)

| | Low-end Total Fruit and Vegetable consumers Mid-range Total Fruit and Vegetable consumers High-end Total Fruit and Vegetable consumers | | | | | | |
|------------------|--|-----------|-----------|-----------|-----------|-----------|--|
| Food Group | Sample S | ze = 1754 | Sample Si | ze = 1437 | Sample Si | ze = 5394 | |
| | Intake | Percent | Intake | Percent | Intake | Percent | |
| Total Foods | 8.66E+00 | 100.0% | 1.71E+01 | 100.0% | 6.29E+01 | 100.0% | |
| Total Dairy | 2.95E+00 | 34.0% | 4.32E+00 | 25.3% | 1.99E+01 | 31.6% | |
| Total Meats | 1.25E+00 | 14.4% | 1.88E+00 | 11.0% | 3.58E+00 | 5.7% | |
| Total Fish | 1.37E-01 | 1.6% | 2.33E-01 | 1.4% | 2.96E-01 | 0.5% | |
| Total Eggs | 2.54E-01 | 2.9% | 3.25E-01 | 1.9% | 8.33E-01 | 1.3% | |
| Total Grains | 1.36E+00 | 15.8% | 2.07E+00 | 12.1% | 4.91E+00 | 7.8% | |
| Total Vegetables | 1.57E+00 | 18.2% | 4.62E+00 | 27.1% | 1.06E+01 | 16.9% | |
| Total Fruits | 2.13E-01 | 2.5% | 2.28E+00 | 13.4% | 1.94E+01 | 30.9% | |
| Total Fats | 7.78E-01 | 9.0% | 1.02E+00 | 6.0% | 2.58E+00 | 4.1% | |
| Total Soy | 2.54E-01 | 2.9% | 3.89E-01 | 2.3% | 8.27E-01 | 1.3% | |
| Total Nuts | 2.85E-02 | 0.3% | 7.73E-02 | 0.5% | 8.27E-01 | 1.3% | |

Table 13B. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake All Age Groups Combined (g/day)

| | Low-end Total Fruit and Vegetable consumers Mid-range Total Fruit and Vegetable consumers High-end Total Fruit and Vegetable consumers | | | | | | |
|------------------|--|------------|-----------|-----------|--------------------|---------|--|
| Food Group | Sample S | ize = 2886 | Sample Si | ze = 1978 | Sample Size = 1546 | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | |
| Total Foods | 5.95E+02 | 100.0% | 1.04E+03 | 100.0% | 1.90E+03 | 100.0% | |
| Total Dairy | 2.24E+02 | 37.7% | 2.55E+02 | 24.5% | 3.08E+02 | 16.2% | |
| Total Meats | 8.14E+01 | 13.7% | 1.21E+02 | 11.6% | 1.63E+02 | 8.6% | |
| Total Fish | 7.71E+00 | 1.3% | 1.12E+01 | 1.1% | 2.10E+01 | 1.1% | |
| Total Eggs | 1.75E+01 | 2.9% | 2.14E+01 | 2.1% | 2.76E+01 | 1.4% | |
| Total Grains | 9.36E+01 | 15.7% | 1.27E+02 | 12.2% | 1.72E+02 | 9.0% | |
| Total Vegetables | 9.93E+01 | 16.7% | 2.82E+02 | 27.1% | 5.02E+02 | 26.3% | |
| Total Fruits | 1.78E+01 | 3.0% | 1.41E+02 | 13.6% | 6.04E+02 | 31.7% | |
| Total Fats | 4.32E+01 | 7.3% | 6.23E+01 | 6.0% | 8.27E+01 | 4.3% | |
| Total Soy | 1.45E+01 | 2.4% | 2.37E+01 | 2.3% | 3.15E+01 | 1.7% | |
| Total Nuts | 1.87E+00 | 0.3% | 4.62E+00 | 0.4% | 6.19E+00 | 0.3% | |

Table 13C. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 20+ Years (g/kg/day)

| | Low-end Total Fruit and Vegetable consumers Mid-range Total Fruit and Vegetable consumers High-end Total Fruit and Vegetable consumers | | | | | |
|------------------|--|------------|----------|-----------|-------------------|---------|
| Food Group | Sample S | Size = 991 | Sample S | ize = 931 | Sample Size = 871 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 7.72E+00 | 100.0% | 1.41E+01 | 100.0% | 2.66E+01 | 100.0% |
| Total Dairy | 2.21E+00 | 28.6% | 2.86E+00 | 20.3% | 3.92E+00 | 14.7% |
| Total Meats | 1.30E+00 | 16.9% | 1.84E+00 | 13.0% | 2.00E+00 | 7.5% |
| Total Fish | 1.37E-01 | 1.8% | 1.68E-01 | 1.2% | 3.44E-01 | 1.3% |
| Total Eggs | 2.60E-01 | 3.4% | 3.01E-01 | 2.1% | 3.45E-01 | 1.3% |
| Total Grains | 1.37E+00 | 17.8% | 1.86E+00 | 13.2% | 2.38E+00 | 9.0% |
| Total Vegetables | 1.51E+00 | 19.6% | 4.19E+00 | 29.7% | 7.24E+00 | 27.2% |
| Total Fruits | 1.97E-01 | 2.5% | 1.77E+00 | 12.5% | 9.00E+00 | 33.9% |
| Total Fats | 5.91E-01 | 7.7% | 8.87E-01 | 6.3% | 1.02E+00 | 3.8% |
| Total Soy | 2.03E-01 | 2.6% | 3.41E-01 | 2.4% | 3.98E-01 | 1.5% |
| Total Nuts | 2.34E-02 | 0.3% | 5.81E-02 | 0.4% | 3.98E-01 | 1.5% |

Table 13D. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake

Age 20+ Years (α/day)

| | 1.90 = 0.1 1.04.0 (9.44.) | | | | | | | |
|------------------|--|------------|----------|-----------|----------|------------|--|--|
| | Low-end Total Fruit and Vegetable consumers Mid-range Total Fruit and Vegetable consumers High-end Total Fruit and Vegetable consumers | | | | | | | |
| Food Group | Sample S | Size = 976 | Sample S | ize = 880 | Sample S | Size = 890 | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | | |
| Total Foods | 6.02E+02 | 100.0% | 1.04E+03 | 100.0% | 1.92E+03 | 100.0% | | |
| Total Dairy | 1.78E+02 | 29.6% | 2.15E+02 | 20.6% | 2.82E+02 | 14.7% | | |
| Total Meats | 9.88E+01 | 16.4% | 1.29E+02 | 12.4% | 1.68E+02 | 8.7% | | |
| Total Fish | 1.11E+01 | 1.8% | 1.48E+01 | 1.4% | 2.33E+01 | 1.2% | | |
| Total Eggs | 2.09E+01 | 3.5% | 2.30E+01 | 2.2% | 2.80E+01 | 1.5% | | |
| Total Grains | 1.05E+02 | 17.5% | 1.31E+02 | 12.6% | 1.77E+02 | 9.2% | | |
| Total Vegetables | 1.15E+02 | 19.1% | 3.06E+02 | 29.4% | 5.27E+02 | 27.4% | | |
| Total Fruits | 1.56E+01 | 2.6% | 1.38E+02 | 13.3% | 6.10E+02 | 31.7% | | |
| Total Fats | 4.54E+01 | 7.5% | 6.41E+01 | 6.2% | 8.31E+01 | 4.3% | | |
| Total Soy | 1.56E+01 | 2.6% | 2.51E+01 | 2.4% | 3.17E+01 | 1.6% | | |
| Total Nuts | 1.98E+00 | 0.3% | 4.33E+00 | 0.4% | 6.08E+00 | 0.3% | | |

Table 13E. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age <1 Year (g/kg/day)

| | Low-end Total Fruit and | Vegetable consumers | Mid-range Total Fruit an | d Vegetable consumers | High-end Total Fruit and | Vegetable consumers |
|------------------|-------------------------|---------------------|--------------------------|-----------------------|--------------------------|---------------------|
| Food Group | Sample S | ize = 138 | Sample S | ize = 143 | Sample Si | ze = 135 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.11E+01 | 100.0% | 3.83E+01 | 100.0% | 8.83E+01 | 100.0% |
| Total Dairy | 7.69E+00 | 69.2% | 1.51E+01 | 39.4% | 1.54E+01 | 17.4% |
| Total Meats | 0.00E+00 | 0.0% | 1.26E+00 | 3.3% | 2.92E+00 | 3.3% |
| Total Fish | 0.00E+00 | 0.0% | 1.07E-01 | 0.3% | 3.05E-02 | 0.0% |
| Total Eggs | 0.00E+00 | 0.0% | 4.24E-01 | 1.1% | 4.99E-01 | 0.6% |
| Total Grains | 2.06E-01 | 1.9% | 2.12E+00 | 5.5% | 4.00E+00 | 4.5% |
| Total Vegetables | 0.00E+00 | 0.0% | 7.82E+00 | 20.4% | 1.66E+01 | 18.8% |
| Total Fruits | 0.00E+00 | 0.0% | 6.56E+00 | 17.1% | 4.44E+01 | 50.3% |
| Total Fats | 3.21E+00 | 28.9% | 4.16E+00 | 10.9% | 3.92E+00 | 4.4% |
| Total Soy | 9.23E-01 | 8.3% | 1.23E+00 | 3.2% | 9.96E-01 | 1.1% |
| Total Nuts | 0.00E+00 | 0.0% | 7.90E-03 | 0.0% | 9.96E-01 | 1.1% |

Table 13F. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age <1 Year (g/day)

| | | | 3 (3 | <i>,</i> | | | | |
|------------------|-------------------------|-----------------------|--------------------------|--|----------|-----------|--|--|
| | Low-end Total Fruit and | d Vegetable consumers | Mid-range Total Fruit an | d-range Total Fruit and Vegetable consumers High-end Total Fruit and Vegetable consumers | | | | |
| Food Group | Sample S | Size = 136 | Sample S | ize = 147 | Sample S | ize = 145 | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | | |
| Total Foods | 5.09E+01 | 100.0% | 2.96E+02 | 100.0% | 8.66E+02 | 100.0% | | |
| Total Dairy | 3.55E+01 | 69.8% | 1.19E+02 | 40.2% | 2.29E+02 | 26.5% | | |
| Total Meats | 0.00E+00 | 0.0% | 9.80E+00 | 3.3% | 3.30E+01 | 3.8% | | |
| Total Fish | 0.00E+00 | 0.0% | 5.99E-01 | 0.2% | 3.91E-01 | 0.0% | | |
| Total Eggs | 0.00E+00 | 0.0% | 2.58E+00 | 0.9% | 5.78E+00 | 0.7% | | |
| Total Grains | 5.30E-01 | 1.0% | 1.89E+01 | 6.4% | 3.82E+01 | 4.4% | | |
| Total Vegetables | 0.00E+00 | 0.0% | 5.91E+01 | 20.0% | 1.41E+02 | 16.3% | | |
| Total Fruits | 0.00E+00 | 0.0% | 5.28E+01 | 17.8% | 3.80E+02 | 43.9% | | |
| Total Fats | 1.48E+01 | 29.2% | 3.09E+01 | 10.4% | 3.51E+01 | 4.1% | | |
| Total Soy | 4.10E+00 | 8.1% | 7.73E+00 | 2.6% | 7.97E+00 | 0.9% | | |
| Total Nuts | 0.00E+00 | 0.0% | 1.18E-01 | 0.0% | 2.35E-01 | 0.0% | | |

Table 13G. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 1-2 Years (g/kg/day)

| | Low-end Total Fruit and | d Vegetable consumers | Mid-range Total Fruit an | d Vegetable consumers | High-end Total Fruit and | l Vegetable consumers |
|------------------|-------------------------|-----------------------|--------------------------|-----------------------|--------------------------|-----------------------|
| Food Group | Sample S | Size = 196 | Sample S | ize = 203 | Sample Size = 202 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 5.52E+01 | 100.0% | 7.81E+01 | 100.0% | 1.23E+02 | 100.0% |
| Total Dairy | 3.51E+01 | 63.5% | 3.49E+01 | 44.7% | 3.30E+01 | 26.8% |
| Total Meats | 3.50E+00 | 6.3% | 4.05E+00 | 5.2% | 4.70E+00 | 3.8% |
| Total Fish | 1.55E-01 | 0.3% | 2.40E-01 | 0.3% | 3.83E-01 | 0.3% |
| Total Eggs | 8.88E-01 | 1.6% | 1.32E+00 | 1.7% | 1.60E+00 | 1.3% |
| Total Grains | 4.75E+00 | 8.6% | 5.90E+00 | 7.6% | 6.57E+00 | 5.3% |
| Total Vegetables | 5.42E+00 | 9.8% | 1.05E+01 | 13.5% | 1.50E+01 | 12.1% |
| Total Fruits | 1.92E+00 | 3.5% | 1.74E+01 | 22.3% | 5.79E+01 | 46.9% |
| Total Fats | 2.96E+00 | 5.4% | 3.08E+00 | 3.9% | 3.44E+00 | 2.8% |
| Total Soy | 7.55E-01 | 1.4% | 8.91E-01 | 1.1% | 1.06E+00 | 0.9% |
| Total Nuts | 1.83E-01 | 0.3% | 2.11E-01 | 0.3% | 1.06E+00 | 0.9% |

Table 13H. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake

Age 1-2 Years (g/day)

| | | | Age i z i cais (g/a | uy, | | |
|------------------|-------------------------|-----------------------|---|-----------|----------|-----------------------|
| | Low-end Total Fruit and | d Vegetable consumers | Mid-range Total Fruit and Vegetable consumers High-end Total Fruit and Vegeta | | | d Vegetable consumers |
| Food Group | Sample S | Size = 200 | Sample S | ize = 188 | Sample S | ize = 197 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 7.14E+02 | 100.0% | 9.93E+02 | 100.0% | 1.55E+03 | 100.0% |
| Total Dairy | 4.66E+02 | 65.2% | 4.40E+02 | 44.3% | 4.02E+02 | 25.9% |
| Total Meats | 4.13E+01 | 5.8% | 5.53E+01 | 5.6% | 6.43E+01 | 4.1% |
| Total Fish | 2.45E+00 | 0.3% | 2.80E+00 | 0.3% | 5.52E+00 | 0.4% |
| Total Eggs | 1.05E+01 | 1.5% | 1.73E+01 | 1.7% | 1.86E+01 | 1.2% |
| Total Grains | 5.78E+01 | 8.1% | 7.47E+01 | 7.5% | 8.66E+01 | 5.6% |
| Total Vegetables | 6.63E+01 | 9.3% | 1.26E+02 | 12.7% | 1.93E+02 | 12.4% |
| Total Fruits | 2.62E+01 | 3.7% | 2.27E+02 | 22.9% | 7.29E+02 | 47.0% |
| Total Fats | 3.65E+01 | 5.1% | 4.08E+01 | 4.1% | 4.33E+01 | 2.8% |
| Total Soy | 9.02E+00 | 1.3% | 1.13E+01 | 1.1% | 1.37E+01 | 0.9% |
| Total Nuts | 2.29E+00 | 0.3% | 2.70E+00 | 0.3% | 4.96E+00 | 0.3% |

Table 13I. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 3-5 Years (g/kg/day)

| | Low-end Total Fruit and | d Vegetable consumers | Mid-range Total Fruit an | d Vegetable consumers | High-end Total Fruit and Vegetable consumers | |
|------------------|-------------------------|-----------------------|--------------------------|-----------------------|--|-----------|
| Food Group | Sample S | Size = 380 | Sample S | ize = 409 | Sample S | ize = 504 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 3.99E+01 | 100.0% | 5.79E+01 | 100.0% | 9.54E+01 | 100.0% |
| Total Dairy | 2.10E+01 | 52.7% | 2.22E+01 | 38.2% | 2.46E+01 | 25.8% |
| Total Meats | 3.44E+00 | 8.6% | 4.04E+00 | 7.0% | 4.60E+00 | 4.8% |
| Total Fish | 1.69E-01 | 0.4% | 3.24E-01 | 0.6% | 4.55E-01 | 0.5% |
| Total Eggs | 6.35E-01 | 1.6% | 8.09E-01 | 1.4% | 1.10E+00 | 1.1% |
| Total Grains | 4.95E+00 | 12.4% | 5.95E+00 | 10.3% | 6.53E+00 | 6.8% |
| Total Vegetables | 5.20E+00 | 13.0% | 9.56E+00 | 16.5% | 1.33E+01 | 13.9% |
| Total Fruits | 1.36E+00 | 3.4% | 1.12E+01 | 19.4% | 4.06E+01 | 42.5% |
| Total Fats | 2.44E+00 | 6.1% | 2.83E+00 | 4.9% | 3.10E+00 | 3.3% |
| Total Soy | 7.31E-01 | 1.8% | 9.69E-01 | 1.7% | 1.04E+00 | 1.1% |
| Total Nuts | 2.18E-01 | 0.5% | 3.03E-01 | 0.5% | 1.04E+00 | 1.1% |

Table 13J. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake

Age 3-5 Years (g/day)

| | 7.19000 100.00 | | | | | | | | |
|------------------|-------------------------|-----------------------|---|-----------|----------|-----------|--|--|--|
| | Low-end Total Fruit and | d Vegetable consumers | Mid-range Total Fruit and Vegetable consumers High-end Total Fruit and Vegetable consumer | | | | | | |
| Food Group | Sample S | ize = 408 | Sample S | ize = 398 | Sample S | ize = 464 | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | | | |
| Total Foods | 7.31E+02 | 100.0% | 1.01E+03 | 100.0% | 1.59E+03 | 100.0% | | | |
| Total Dairy | 3.88E+02 | 53.1% | 3.85E+02 | 38.0% | 4.01E+02 | 25.1% | | | |
| Total Meats | 5.97E+01 | 8.2% | 7.42E+01 | 7.3% | 8.07E+01 | 5.1% | | | |
| Total Fish | 3.86E+00 | 0.5% | 7.03E+00 | 0.7% | 9.23E+00 | 0.6% | | | |
| Total Eggs | 1.27E+01 | 1.7% | 1.43E+01 | 1.4% | 2.09E+01 | 1.3% | | | |
| Total Grains | 9.17E+01 | 12.5% | 9.55E+01 | 9.4% | 1.13E+02 | 7.1% | | | |
| Total Vegetables | 9.16E+01 | 12.5% | 1.74E+02 | 17.1% | 2.31E+02 | 14.5% | | | |
| Total Fruits | 2.65E+01 | 3.6% | 1.99E+02 | 19.6% | 6.68E+02 | 41.9% | | | |
| Total Fats | 4.45E+01 | 6.1% | 4.92E+01 | 4.9% | 5.32E+01 | 3.3% | | | |
| Total Soy | 1.37E+01 | 1.9% | 1.66E+01 | 1.6% | 1.82E+01 | 1.1% | | | |
| Total Nuts | 4.20E+00 | 0.6% | 5.42E+00 | 0.5% | 6.33E+00 | 0.4% | | | |

Table 13K. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 6-11 Years (g/kg/day)

| | Low-end Total Fruit and | d Vegetable consumers | Mid-range Total Fruit an | d Vegetable consumers | High-end Total Fruit and | Vegetable consumers |
|------------------|-------------------------|-----------------------|--------------------------|-----------------------|--------------------------|---------------------|
| Food Group | Sample S | Size = 163 | Sample S | ize = 178 | Sample Size = 202 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 2.11E+01 | 100.0% | 3.63E+01 | 100.0% | 6.20E+01 | 100.0% |
| Total Dairy | 9.76E+00 | 46.2% | 1.34E+01 | 37.0% | 1.70E+01 | 27.4% |
| Total Meats | 2.28E+00 | 10.8% | 3.15E+00 | 8.7% | 3.47E+00 | 5.6% |
| Total Fish | 1.48E-01 | 0.7% | 1.27E-01 | 0.3% | 3.11E-01 | 0.5% |
| Total Eggs | 4.47E-01 | 2.1% | 4.77E-01 | 1.3% | 7.46E-01 | 1.2% |
| Total Grains | 2.91E+00 | 13.8% | 4.47E+00 | 12.3% | 5.16E+00 | 8.3% |
| Total Vegetables | 3.11E+00 | 14.7% | 7.09E+00 | 19.5% | 1.10E+01 | 17.8% |
| Total Fruits | 6.90E-01 | 3.3% | 4.76E+00 | 13.1% | 2.08E+01 | 33.5% |
| Total Fats | 1.37E+00 | 6.5% | 1.95E+00 | 5.4% | 2.46E+00 | 4.0% |
| Total Soy | 4.68E-01 | 2.2% | 7.11E-01 | 2.0% | 8.81E-01 | 1.4% |
| Total Nuts | 8.04E-02 | 0.4% | 1.92E-01 | 0.5% | 8.81E-01 | 1.4% |

Table 13L. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 6-11 Years (g/day)

| | Low-end Total Fruit and | d Vegetable consumers | Mid-range Total Fruit an | d Vegetable consumers | High-end Total Fruit and | Vegetable consumers |
|------------------|-------------------------|-----------------------|--------------------------|-----------------------|--------------------------|---------------------|
| Food Group | Sample S | Size = 187 | Sample S | ize = 186 | Sample Size = 167 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 7.69E+02 | 100.0% | 1.09E+03 | 100.0% | 1.65E+03 | 100.0% |
| Total Dairy | 3.69E+02 | 48.0% | 4.10E+02 | 37.6% | 4.35E+02 | 26.3% |
| Total Meats | 7.72E+01 | 10.0% | 9.13E+01 | 8.4% | 9.41E+01 | 5.7% |
| Total Fish | 4.13E+00 | 0.5% | 7.08E+00 | 0.7% | 8.98E+00 | 0.5% |
| Total Eggs | 1.55E+01 | 2.0% | 1.64E+01 | 1.5% | 1.73E+01 | 1.0% |
| Total Grains | 1.06E+02 | 13.8% | 1.23E+02 | 11.3% | 1.32E+02 | 8.0% |
| Total Vegetables | 1.06E+02 | 13.8% | 2.22E+02 | 20.4% | 3.29E+02 | 19.9% |
| Total Fruits | 2.48E+01 | 3.2% | 1.42E+02 | 13.0% | 5.40E+02 | 32.7% |
| Total Fats | 4.80E+01 | 6.2% | 6.16E+01 | 5.7% | 6.40E+01 | 3.9% |
| Total Soy | 1.64E+01 | 2.1% | 2.19E+01 | 2.0% | 2.35E+01 | 1.4% |
| Total Nuts | 3.26E+00 | 0.4% | 4.86E+00 | 0.4% | 7.39E+00 | 0.4% |

Table 13M. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 12-19 Years (g/kg/day)

| | Low-end Total Fruit and Vegetable consumers Mid-range Total Fruit and Vegetable consumers High-end Total Fruit and Vegetable consume | | | | | | |
|------------------|--|-------------------|----------|-----------|-------------------|---------|--|
| Food Group | Sample S | Sample Size = 138 | | ize = 133 | Sample Size = 124 | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | |
| Total Foods | 1.01E+01 | 100.0% | 1.96E+01 | 100.0% | 3.68E+01 | 100.0% | |
| Total Dairy | 3.89E+00 | 38.6% | 5.69E+00 | 29.0% | 7.18E+00 | 19.5% | |
| Total Meats | 1.26E+00 | 12.5% | 2.26E+00 | 11.5% | 2.96E+00 | 8.1% | |
| Total Fish | 9.69E-02 | 1.0% | 2.33E-01 | 1.2% | 2.19E-01 | 0.6% | |
| Total Eggs | 2.86E-01 | 2.8% | 2.74E-01 | 1.4% | 4.78E-01 | 1.3% | |
| Total Grains | 1.65E+00 | 16.4% | 2.42E+00 | 12.3% | 3.43E+00 | 9.3% | |
| Total Vegetables | 1.80E+00 | 17.9% | 5.14E+00 | 26.2% | 8.96E+00 | 24.4% | |
| Total Fruits | 2.31E-01 | 2.3% | 2.02E+00 | 10.3% | 1.15E+01 | 31.2% | |
| Total Fats | 7.35E-01 | 7.3% | 1.29E+00 | 6.6% | 1.63E+00 | 4.4% | |
| Total Soy | 2.74E-01 | 2.7% | 5.19E-01 | 2.6% | 6.03E-01 | 1.6% | |
| Total Nuts | 3.25E-02 | 0.3% | 6.24E-02 | 0.3% | 6.03E-01 | 1.6% | |

| Table 13N. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake |
| Age 12-19 Years (g/day) |

| | | | 3 | | | | |
|------------------|-------------------------|-----------------------|--|-----------|----------|-----------|--|
| | Low-end Total Fruit and | d Vegetable consumers | Mid-range Total Fruit and Vegetable consumers High-end Total Fruit and Vegetable consumers | | | | |
| Food Group | Sample S | ize = 141 | Sample S | ize = 142 | Sample S | ize = 125 | |
| | Intake | Percent | Intake | Percent | Intake | Percent | |
| Total Foods | 6.55E+02 | 100.0% | 1.07E+03 | 100.0% | 2.20E+03 | 100.0% | |
| Total Dairy | 2.58E+02 | 39.4% | 2.92E+02 | 27.2% | 4.67E+02 | 21.3% | |
| Total Meats | 8.37E+01 | 12.8% | 1.19E+02 | 11.1% | 1.94E+02 | 8.8% | |
| Total Fish | 5.36E+00 | 0.8% | 1.03E+01 | 1.0% | 1.23E+01 | 0.6% | |
| Total Eggs | 1.75E+01 | 2.7% | 1.70E+01 | 1.6% | 2.91E+01 | 1.3% | |
| Total Grains | 1.03E+02 | 15.7% | 1.37E+02 | 12.8% | 1.88E+02 | 8.6% | |
| Total Vegetables | 1.15E+02 | 17.6% | 2.92E+02 | 27.2% | 5.46E+02 | 24.9% | |
| Total Fruits | 1.65E+01 | 2.5% | 1.21E+02 | 11.3% | 6.29E+02 | 28.6% | |
| Total Fats | 4.82E+01 | 7.4% | 6.58E+01 | 6.1% | 1.06E+02 | 4.8% | |
| Total Soy | 1.83E+01 | 2.8% | 2.75E+01 | 2.6% | 4.03E+01 | 1.8% | |
| Total Nuts | 1.31E+00 | 0.2% | 4.06E+00 | 0.4% | 7.14E+00 | 0.3% | |

| Table 14A. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake |
| All Age Groups Combined (g/kg/day) |
| |

| | Low-end Total Dairy consumers | | Mid-range Total Dairy consumers | | High-end Total Dairy consumers | |
|------------------|-------------------------------|-----------|---------------------------------|---------|--------------------------------|---------|
| Food Group | Sample Si | ze = 1608 | Sample Size = 1436 | | Sample Size = 5473 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.09E+01 | 100.0% | 1.63E+01 | 100.0% | 6.51E+01 | 100.0% |
| Total Dairy | 1.44E-01 | 1.3% | 3.01E+00 | 18.5% | 3.00E+01 | 46.1% |
| Total Meats | 1.65E+00 | 15.0% | 1.79E+00 | 11.0% | 3.50E+00 | 5.4% |
| Total Fish | 1.91E-01 | 1.7% | 2.06E-01 | 1.3% | 2.67E-01 | 0.4% |
| Total Eggs | 2.78E-01 | 2.5% | 3.33E-01 | 2.0% | 7.96E-01 | 1.2% |
| Total Grains | 1.57E+00 | 14.3% | 1.98E+00 | 12.1% | 5.24E+00 | 8.1% |
| Total Vegetables | 3.81E+00 | 34.8% | 4.57E+00 | 28.0% | 8.75E+00 | 13.4% |
| Total Fruits | 2.51E+00 | 22.9% | 3.18E+00 | 19.5% | 1.28E+01 | 19.7% |
| Total Fats | 6.67E-01 | 6.1% | 9.35E-01 | 5.7% | 2.86E+00 | 4.4% |
| Total Soy | 2.82E-01 | 2.6% | 3.61E-01 | 2.2% | 8.53E-01 | 1.3% |
| Total Nuts | 4.23E-02 | 0.4% | 6.88E-02 | 0.4% | 2.39E-01 | 0.4% |

| Table 14B. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake |
| All Age Groups Combined (g/day) |

| | | All A | Age Groups Combine | d (g/day) | | |
|------------------|-----------------|-----------------|--------------------|--|----------|----------------|
| | Low-end Total D | Dairy consumers | Mid-range Total | Mid-range Total Dairy consumers Sample Size = 1803 | | airy consumers |
| Food Group | Sample S | ize = 1790 | Sample Si | | | ze = 2425 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 7.21E+02 | 100.0% | 1.05E+03 | 100.0% | 1.80E+03 | 100.0% |
| Total Dairy | 1.03E+01 | 1.4% | 1.93E+02 | 18.4% | 8.22E+02 | 45.7% |
| Total Meats | 1.15E+02 | 16.0% | 1.16E+02 | 11.1% | 1.32E+02 | 7.4% |
| Total Fish | 1.31E+01 | 1.8% | 1.25E+01 | 1.2% | 1.38E+01 | 0.8% |
| Total Eggs | 1.91E+01 | 2.6% | 2.16E+01 | 2.1% | 2.15E+01 | 1.2% |
| Total Grains | 1.07E+02 | 14.9% | 1.31E+02 | 12.5% | 1.61E+02 | 8.9% |
| Total Vegetables | 2.46E+02 | 34.1% | 2.96E+02 | 28.3% | 3.06E+02 | 17.0% |
| Total Fruits | 1.60E+02 | 22.2% | 1.96E+02 | 18.7% | 2.29E+02 | 12.7% |
| Total Fats | 4.25E+01 | 5.9% | 6.19E+01 | 5.9% | 8.49E+01 | 4.7% |
| Total Soy | 1.79E+01 | 2.5% | 2.41E+01 | 2.3% | 2.72E+01 | 1.5% |
| Total Nuts | 2.89E+00 | 0.4% | 3.97E+00 | 0.4% | 6.15E+00 | 0.3% |

| Table 14C. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake |
| Age 20+ Years (g/kg/dav) |

| | Low-end Total Dairy consumers | | Mid-range Total | Mid-range Total Dairy consumers | | High-end Total Dairy consumers | |
|------------------|-------------------------------|-----------|-------------------|---------------------------------|-------------------|--------------------------------|--|
| Food Group | Sample S | ize = 910 | Sample Size = 935 | | Sample Size = 862 | | |
| | Intake | Percent | Intake | Percent | Intake | Percent | |
| Total Foods | 1.02E+01 | 100.0% | 1.42E+01 | 100.0% | 2.46E+01 | 100.0% | |
| Total Dairy | 1.19E-01 | 1.2% | 2.10E+00 | 14.8% | 1.01E+01 | 41.0% | |
| Total Meats | 1.62E+00 | 15.8% | 1.75E+00 | 12.3% | 1.80E+00 | 7.3% | |
| Total Fish | 2.18E-01 | 2.1% | 2.22E-01 | 1.6% | 2.53E-01 | 1.0% | |
| Total Eggs | 2.79E-01 | 2.7% | 3.22E-01 | 2.3% | 3.42E-01 | 1.4% | |
| Total Grains | 1.53E+00 | 15.0% | 1.78E+00 | 12.5% | 2.34E+00 | 9.5% | |
| Total Vegetables | 3.52E+00 | 34.5% | 4.20E+00 | 29.5% | 4.78E+00 | 19.4% | |
| Total Fruits | 2.23E+00 | 21.9% | 2.76E+00 | 19.4% | 3.49E+00 | 14.2% | |
| Total Fats | 5.66E-01 | 5.5% | 8.35E-01 | 5.9% | 1.10E+00 | 4.5% | |
| Total Soy | 2.39E-01 | 2.3% | 3.23E-01 | 2.3% | 3.74E-01 | 1.5% | |
| Total Nuts | 4.19E-02 | 0.4% | 5.14E-02 | 0.4% | 7.45E-02 | 0.3% | |

Table 14D. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake

Age 20+ Years (g/day)

| | | | Age 20+ Years (g/a | ay) | | |
|------------------|-------------------------------|-----------|---------------------------------|-----------|--------------------------------|---------|
| | Low-end Total Dairy consumers | | Mid-range Total Dairy consumers | | High-end Total Dairy consumers | |
| Food Group | Sample S | ize = 924 | Sample S | ize = 911 | Sample Size = 877 | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 7.41E+02 | 100.0% | 1.03E+03 | 100.0% | 1.81E+03 | 100.0% |
| Total Dairy | 8.88E+00 | 1.2% | 1.55E+02 | 15.1% | 7.25E+02 | 40.1% |
| Total Meats | 1.17E+02 | 15.8% | 1.29E+02 | 12.6% | 1.56E+02 | 8.6% |
| Total Fish | 1.60E+01 | 2.2% | 1.60E+01 | 1.6% | 1.92E+01 | 1.1% |
| Total Eggs | 1.97E+01 | 2.7% | 2.34E+01 | 2.3% | 2.60E+01 | 1.4% |
| Total Grains | 1.13E+02 | 15.2% | 1.30E+02 | 12.6% | 1.76E+02 | 9.7% |
| Total Vegetables | 2.58E+02 | 34.8% | 3.04E+02 | 29.6% | 3.61E+02 | 20.0% |
| Total Fruits | 1.59E+02 | 21.4% | 1.89E+02 | 18.4% | 2.26E+02 | 12.5% |
| Total Fats | 4.18E+01 | 5.6% | 6.19E+01 | 6.0% | 8.90E+01 | 4.9% |
| Total Soy | 1.81E+01 | 2.4% | 2.41E+01 | 2.3% | 2.98E+01 | 1.7% |
| Total Nuts | 2.82E+00 | 0.4% | 4.45E+00 | 0.4% | 5.91E+00 | 0.3% |

| Table 14E. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake |
| Age <1 Year (g/kg/day) |

| | Low-end Total Dairy consumers Sample Size = 141 | | Mid-range Total Dairy consumers Sample Size = 147 | | High-end Total Dairy consumers Sample Size = 134 | |
|------------------|---|---------|--|---------|---|---------|
| Food Group | | | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.72E+01 | 100.0% | 3.82E+01 | 100.0% | 9.67E+01 | 100.0% |
| Total Dairy | 0.00E+00 | 0.0% | 7.66E+00 | 20.0% | 5.83E+01 | 60.3% |
| Total Meats | 2.58E-01 | 1.5% | 1.43E+00 | 3.7% | 2.90E+00 | 3.0% |
| Total Fish | 0.00E+00 | 0.0% | 1.02E-01 | 0.3% | 3.10E-02 | 0.0% |
| Total Eggs | 1.92E-02 | 0.1% | 5.88E-01 | 1.5% | 6.39E-01 | 0.7% |
| Total Grains | 9.13E-01 | 5.3% | 2.56E+00 | 6.7% | 3.77E+00 | 3.9% |
| Total Vegetables | 6.51E+00 | 38.0% | 6.90E+00 | 18.1% | 7.70E+00 | 8.0% |
| Total Fruits | 6.99E+00 | 40.8% | 1.54E+01 | 40.2% | 1.65E+01 | 17.1% |
| Total Fats | 1.90E+00 | 11.1% | 3.51E+00 | 9.2% | 6.54E+00 | 6.8% |
| Total Soy | 7.07E-01 | 4.1% | 9.14E-01 | 2.4% | 1.26E+00 | 1.3% |
| Total Nuts | 0.00E+00 | 0.0% | 2.44E-02 | 0.1% | 3.47E-02 | 0.0% |

Table 14F. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake

Age <1 Year (g/day)

Low-end Total Dairy consumers Mid-range Total Dairy consumers High-end Total Dairy consumers Food Group Sample Size = 141 Sample Size = 150 Sample Size = 138 Percent Intake Percent Intake Percent Intake Total Foods 1.27E+02 100.0% 2.76E+02 100.0% 9.79E+02 100.0% 0.00E+00 0.0% 6.14E+01 22.2% Total Dairy 5.28E+02 53.9% **Total Meats** 2.18E+00 1.7% 9.99E+00 3.6% 3.74E+01 3.8% Total Fish 0.00E+00 0.0% 4.34E-02 0.0% 3.55E-01 0.0% 2.25E+00 Total Eggs 1.82E-01 0.1% 0.8% 1.07E+01 1.1% **Total Grains** 7.37E+00 5.8% 1.62E+01 5.9% 4.59E+01 4.7% Total Vegetables 4.75E+01 37.4% 4.85E+01 17.5% 1.04E+02 10.6% Total Fruits 1.11E+02 5.33E+01 42.0% 40.0% 2.08E+02 21.2% Total Fats 4.2% 1.29E+01 10.1% 2.71E+01 9.8% 4.16E+01 Total Soy 4.64E+00 3.7% 7.07E+00 2.6% 7.50E+00 0.8% Total Nuts 0.00E+00 0.0% 5.80E-02 0.0% 3.68E-01 0.0%

Table 14G. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake Age 1-2 Years (g/kg/day)

| | Low-end Total Dairy consumers Sample Size = 190 | | Mid-range Total Dairy consumers Sample Size = 204 | | High-end Total Dairy consumers Sample Size = 201 | |
|------------------|---|---------|---|---------|---|---------|
| Food Group | | | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 5.10E+01 | 100.0% | 7.90E+01 | 100.0% | 1.38E+02 | 100.0% |
| Total Dairy | 3.41E+00 | 6.7% | 2.98E+01 | 37.8% | 9.20E+01 | 66.7% |
| Total Meats | 4.16E+00 | 8.2% | 4.74E+00 | 6.0% | 3.86E+00 | 2.8% |
| Total Fish | 1.42E-01 | 0.3% | 3.02E-01 | 0.4% | 2.84E-01 | 0.2% |
| Total Eggs | 1.51E+00 | 3.0% | 1.27E+00 | 1.6% | 1.22E+00 | 0.9% |
| Total Grains | 5.34E+00 | 10.5% | 5.75E+00 | 7.3% | 5.48E+00 | 4.0% |
| Total Vegetables | 1.16E+01 | 22.8% | 1.07E+01 | 13.5% | 9.76E+00 | 7.1% |
| Total Fruits | 2.15E+01 | 42.2% | 2.26E+01 | 28.6% | 2.03E+01 | 14.7% |
| Total Fats | 2.58E+00 | 5.1% | 3.12E+00 | 4.0% | 4.62E+00 | 3.4% |
| Total Soy | 1.04E+00 | 2.0% | 8.90E-01 | 1.1% | 7.62E-01 | 0.6% |
| Total Nuts | 2.34E-01 | 0.5% | 2.38E-01 | 0.3% | 1.35E-01 | 0.1% |

| Table 14H. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake |
| Age 1-2 Years (g/day) |

| | | | Age 1-2 rears (g/u | ay) | | |
|------------------|-------------------------------|-----------|---------------------------------|-----------|--------------------------------|-----------|
| | Low-end Total Dairy consumers | | Mid-range Total Dairy consumers | | High-end Total Dairy consumers | |
| Food Group | Sample S | ize = 214 | Sample S | ize = 207 | Sample S | ize = 199 |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 6.38E+02 | 100.0% | 1.05E+03 | 100.0% | 1.60E+03 | 100.0% |
| Total Dairy | 5.00E+01 | 7.8% | 3.92E+02 | 37.3% | 1.06E+03 | 66.1% |
| Total Meats | 5.30E+01 | 8.3% | 5.99E+01 | 5.7% | 4.76E+01 | 3.0% |
| Total Fish | 3.01E+00 | 0.5% | 5.11E+00 | 0.5% | 3.14E+00 | 0.2% |
| Total Eggs | 1.91E+01 | 3.0% | 1.52E+01 | 1.4% | 1.58E+01 | 1.0% |
| Total Grains | 6.75E+01 | 10.6% | 7.66E+01 | 7.3% | 6.84E+01 | 4.3% |
| Total Vegetables | 1.53E+02 | 23.9% | 1.36E+02 | 12.9% | 1.18E+02 | 7.4% |
| Total Fruits | 2.51E+02 | 39.4% | 3.16E+02 | 30.1% | 2.29E+02 | 14.3% |
| Total Fats | 3.31E+01 | 5.2% | 4.02E+01 | 3.8% | 5.53E+01 | 3.5% |
| Total Soy | 1.31E+01 | 2.0% | 1.20E+01 | 1.1% | 9.89E+00 | 0.6% |
| Total Nuts | 2.89E+00 | 0.5% | 2.55E+00 | 0.2% | 2.50E+00 | 0.2% |

| Table 14I. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake |
| Age 3-5 Years (g/kg/day) |

| | Low-end Total Dairy consumers Sample Size = 371 | | Mid-range Total Dairy consumers Sample Size = 423 | | High-end Total Dairy consumers Sample Size = 455 | |
|------------------|---|---------|---|---------|--|---------|
| Food Group | | | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 4.08E+01 | 100.0% | 5.79E+01 | 100.0% | 9.65E+01 | 100.0% |
| Total Dairy | 3.58E+00 | 8.8% | 1.98E+01 | 34.2% | 5.21E+01 | 54.0% |
| Total Meats | 4.33E+00 | 10.6% | 3.80E+00 | 6.6% | 4.22E+00 | 4.4% |
| Total Fish | 2.20E-01 | 0.5% | 2.87E-01 | 0.5% | 3.02E-01 | 0.3% |
| Total Eggs | 1.08E+00 | 2.6% | 8.71E-01 | 1.5% | 9.88E-01 | 1.0% |
| Total Grains | 4.93E+00 | 12.1% | 5.75E+00 | 9.9% | 6.97E+00 | 7.2% |
| Total Vegetables | 9.72E+00 | 23.8% | 9.43E+00 | 16.3% | 1.10E+01 | 11.3% |
| Total Fruits | 1.39E+01 | 34.0% | 1.43E+01 | 24.7% | 1.59E+01 | 16.5% |
| Total Fats | 2.32E+00 | 5.7% | 2.73E+00 | 4.7% | 3.83E+00 | 4.0% |
| Total Soy | 9.31E-01 | 2.3% | 9.48E-01 | 1.6% | 1.03E+00 | 1.1% |
| Total Nuts | 2.02E-01 | 0.5% | 2.72E-01 | 0.5% | 4.16E-01 | 0.4% |

Table 14J. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake

Age 3-5 Years (g/day)

| | | | Age 3-5 Years (g/da | ay) | | |
|------------------|---|---------|---|---------|---|---------|
| | Low-end Total Dairy consumers Sample Size = 385 | | Mid-range Total Dairy consumers Sample Size = 418 | | High-end Total Dairy consumers Sample Size = 426 | |
| Food Group | | | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 7.25E+02 | 100.0% | 1.05E+03 | 100.0% | 1.61E+03 | 100.0% |
| Total Dairy | 6.44E+01 | 8.9% | 3.55E+02 | 33.9% | 8.86E+02 | 55.0% |
| Total Meats | 7.53E+01 | 10.4% | 7.21E+01 | 6.9% | 6.96E+01 | 4.3% |
| Total Fish | 4.00E+00 | 0.6% | 5.66E+00 | 0.5% | 5.74E+00 | 0.4% |
| Total Eggs | 1.91E+01 | 2.6% | 1.51E+01 | 1.4% | 1.76E+01 | 1.1% |
| Total Grains | 8.74E+01 | 12.1% | 1.04E+02 | 9.9% | 1.16E+02 | 7.2% |
| Total Vegetables | 1.68E+02 | 23.2% | 1.73E+02 | 16.5% | 1.83E+02 | 11.3% |
| Total Fruits | 2.53E+02 | 34.9% | 2.57E+02 | 24.5% | 2.51E+02 | 15.6% |
| Total Fats | 4.03E+01 | 5.6% | 4.87E+01 | 4.7% | 6.32E+01 | 3.9% |
| Total Soy | 1.60E+01 | 2.2% | 1.62E+01 | 1.6% | 1.78E+01 | 1.1% |
| Total Nuts | 3.47E+00 | 0.5% | 5.38E+00 | 0.5% | 7.24E+00 | 0.4% |

Table 14K. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake Age 6-11 Years (g/kg/day)

| | Low-end Total Dairy consumers Sample Size = 162 | | Mid-range Total Dairy consumers Sample Size = 171 | | High-end Total Dairy consumers Sample Size = 217 | |
|------------------|---|---------|---|---------|--|---------|
| Food Group | | | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 2.36E+01 | 100.0% | 3.55E+01 | 100.0% | 6.53E+01 | 100.0% |
| Total Dairy | 1.78E+00 | 7.6% | 1.18E+01 | 33.4% | 3.35E+01 | 51.3% |
| Total Meats | 3.01E+00 | 12.8% | 2.93E+00 | 8.3% | 3.34E+00 | 5.1% |
| Total Fish | 1.62E-01 | 0.7% | 1.28E-01 | 0.4% | 2.65E-01 | 0.4% |
| Total Eggs | 5.24E-01 | 2.2% | 5.49E-01 | 1.5% | 5.77E-01 | 0.9% |
| Total Grains | 3.11E+00 | 13.2% | 3.94E+00 | 11.1% | 5.93E+00 | 9.1% |
| Total Vegetables | 6.81E+00 | 28.9% | 6.82E+00 | 19.2% | 9.14E+00 | 14.0% |
| Total Fruits | 6.31E+00 | 26.7% | 6.65E+00 | 18.7% | 8.65E+00 | 13.2% |
| Total Fats | 1.50E+00 | 6.4% | 1.82E+00 | 5.1% | 2.79E+00 | 4.3% |
| Total Soy | 6.40E-01 | 2.7% | 6.71E-01 | 1.9% | 8.73E-01 | 1.3% |
| Total Nuts | 1.14E-01 | 0.5% | 1.49E-01 | 0.4% | 2.70E-01 | 0.4% |

| Table 14L. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake |
| Age 6-11 Years (g/day) |

| | | | Age 6-11 Years (g/d | lay) | | |
|------------------|---|---------|---|---------|--|---------|
| | Low-end Total Dairy consumers Sample Size = 169 | | Mid-range Total Dairy consumers Sample Size = 197 | | High-end Total Dairy consumers Sample Size = 168 | |
| Food Group | | | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 7.89E+02 | 100.0% | 1.05E+03 | 100.0% | 1.71E+03 | 100.0% |
| Total Dairy | 6.03E+01 | 7.6% | 3.63E+02 | 34.6% | 8.79E+02 | 51.4% |
| Total Meats | 9.50E+01 | 12.0% | 8.29E+01 | 7.9% | 8.72E+01 | 5.1% |
| Total Fish | 5.12E+00 | 0.6% | 5.93E+00 | 0.6% | 6.09E+00 | 0.4% |
| Total Eggs | 1.74E+01 | 2.2% | 1.36E+01 | 1.3% | 1.65E+01 | 1.0% |
| Total Grains | 1.06E+02 | 13.4% | 1.15E+02 | 10.9% | 1.51E+02 | 8.8% |
| Total Vegetables | 2.28E+02 | 28.9% | 2.15E+02 | 20.5% | 2.41E+02 | 14.1% |
| Total Fruits | 2.15E+02 | 27.3% | 1.74E+02 | 16.6% | 2.32E+02 | 13.6% |
| Total Fats | 4.90E+01 | 6.2% | 5.66E+01 | 5.4% | 6.94E+01 | 4.1% |
| Total Soy | 2.09E+01 | 2.6% | 2.01E+01 | 1.9% | 2.17E+01 | 1.3% |
| Total Nuts | 3.63E+00 | 0.5% | 3.65E+00 | 0.3% | 5.63E+00 | 0.3% |

Table 14M. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake Age 12-19 Years (g/kg/day)

| | Low-end Total Dairy consumers Sample Size = 137 | | Mid-range Total Dairy consumers Sample Size = 150 | | High-end Total Dairy consumers Sample Size = 128 | |
|------------------|---|---------|--|---------|--|---------|
| Food Group | | | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 1.18E+01 | 100.0% | 1.79E+01 | 100.0% | 3.81E+01 | 100.0% |
| Total Dairy | 1.94E-01 | 1.6% | 4.25E+00 | 23.7% | 1.84E+01 | 48.3% |
| Total Meats | 1.94E+00 | 16.5% | 2.04E+00 | 11.4% | 2.46E+00 | 6.4% |
| Total Fish | 1.09E-01 | 0.9% | 1.07E-01 | 0.6% | 2.22E-01 | 0.6% |
| Total Eggs | 2.18E-01 | 1.8% | 3.95E-01 | 2.2% | 4.06E-01 | 1.1% |
| Total Grains | 1.73E+00 | 14.7% | 2.27E+00 | 12.7% | 3.49E+00 | 9.1% |
| Total Vegetables | 4.00E+00 | 34.0% | 4.49E+00 | 25.0% | 6.29E+00 | 16.5% |
| Total Fruits | 2.78E+00 | 23.6% | 2.99E+00 | 16.7% | 4.30E+00 | 11.3% |
| Total Fats | 7.17E-01 | 6.1% | 1.16E+00 | 6.5% | 1.88E+00 | 4.9% |
| Total Soy | 3.19E-01 | 2.7% | 4.46E-01 | 2.5% | 6.44E-01 | 1.7% |
| Total Nuts | 4.24E-02 | 0.4% | 7.41E-02 | 0.4% | 1.35E-01 | 0.4% |

| Table 14N. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake |
|--|
| for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake |
| Aαe 12-19 Years (α/day) |

| | | | Age 12-19 Years (g/d | day) | | |
|------------------|---|---------|---|---------|--|---------|
| | Low-end Total Dairy consumers Sample Size = 140 | | Mid-range Total Dairy consumers Sample Size = 149 | | High-end Total Dairy consumers Sample Size = 121 | |
| Food Group | | | | | | |
| | Intake | Percent | Intake | Percent | Intake | Percent |
| Total Foods | 7.17E+02 | 100.0% | 1.09E+03 | 100.0% | 2.22E+03 | 100.0% |
| Total Dairy | 1.26E+01 | 1.8% | 2.58E+02 | 23.7% | 1.04E+03 | 46.9% |
| Total Meats | 1.18E+02 | 16.5% | 1.22E+02 | 11.2% | 1.69E+02 | 7.6% |
| Total Fish | 8.47E+00 | 1.2% | 9.99E+00 | 0.9% | 1.09E+01 | 0.5% |
| Total Eggs | 1.40E+01 | 2.0% | 2.06E+01 | 1.9% | 2.71E+01 | 1.2% |
| Total Grains | 1.03E+02 | 14.3% | 1.29E+02 | 11.9% | 2.03E+02 | 9.2% |
| Total Vegetables | 2.46E+02 | 34.4% | 2.79E+02 | 25.7% | 3.95E+02 | 17.8% |
| Total Fruits | 1.65E+02 | 23.0% | 1.91E+02 | 17.6% | 2.33E+02 | 10.5% |
| Total Fats | 4.50E+01 | 6.3% | 6.51E+01 | 6.0% | 1.12E+02 | 5.0% |
| Total Soy | 2.04E+01 | 2.8% | 2.55E+01 | 2.4% | 3.71E+01 | 1.7% |
| Total Nuts | 2.31E+00 | 0.3% | 2.55E+00 | 0.2% | 7.22F+00 | 0.3% |

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