

# Evaluating the efficacy of Cu and Ag ions for the inactivation of *Legionella pneumophila*

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#### Legionella

- Opportunistic drinking water pathogen
  - > 50 species of *Legionella*
  - Legionella pneumophila (Lp) most infections, specifically serogroup 1
  - Infection through inhalation of contaminated aerosols
  - Legionnaires Disease, Pontiac Fever
  - First discovered in 1977 after an outbreak at an American Legion conference in Philadelphia, PA
- Ideal growing temperatures: 25 42°C
- Gram-negative bacteria
- Planktonic or in biofilms



Garrison et al., 2016

Legionella Control in Premise Plumbing Systems			
Chemical treatment technologies: Chlorine-based disinfection Coppor silver ionization (CSI)	<ul> <li>Physical treatment technologies:</li> <li>Thermal inactivation</li> <li>Filtration</li> <li>Ozonation</li> </ul>		
Emerging treatment technologies: Ultraviolet (UV) irradiation UV light emitting diodes (LEDs) Innovative point-of-use (POU) filters	Other strategies: • Superheat-and-flush disinfection • Shock hyperchlorination		
Carlson et al 2020	2		

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#### **Audience Questions**

- 1. When was *Legionella* first discovered?
  - a) 1977 after an outbreak at an American Legion conference in Philadelphia, PA
  - b) 1776 at an American Legion conference in Philadelphia, PA
  - c) 1884 in the one of the first microbiology labs

- *2. Legionella* is Gram-negative bacteria.
  - a) True
  - b) False

#### Using copper-silver ionization (CSI) to control Legionella

- CSI: the use of positively-charged copper (Cu) and silver (Ag) ions as a bactericidal agent
  - Use of copper and silver salts (for example CuSO<sub>4</sub> and AgNO<sub>3</sub>, respectively)
  - Electrolytic production of Cu and Ag ions via CSI units



Triantafyllidou et al., 2016

• Suggested mechanisms of action:

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- Cu destroys cell wall permeability.
- Ag disrupts protein and enzyme synthesis.

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#### **CSI** in buildings

- Often installed in hot water loops.
- Evaluated in hospitals or nursing homes with Cu and Ag ions being produced electrolytically (picture on top right).
- Levels of Cu and Ag ions produced through these units can vary.
  - Target levels set by manufacturer and literature.
  - Cu: MCL of 1.3 mg  $L^{-1}$ , SMCL of 1.0 mg  $L^{-1}$
  - Ag: SMCL of 0.1 mg  $L^{-1}$
- Various levels of success.
  - Controlling Lp vs eradicating Lp.
- Aesthetic concerns.





Triantafyllidou et al., 2016

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#### CSI in buildings (cont.)

- Control of ion levels is difficult (Triantafyllidou et al., 2016, States et al., 1998).
- Regular monitoring may be needed for ion levels and voltage output.
- Importance of maintaining electrodes to prevent scaling.
- Other secondary treatments (e.g. water softeners) can affect ion concentration.

Sample Month	Mean Concentration µg/L Copper Silver	
1994 January* January* February March April May June July August September October November December 1995 January February March April May June July 1996 January	<100 <100 140 156 91 91 210 121 372 259 502 711 348 369 155 183 198 183 854 422 121	<1 <1 12 26 3 4 15 50 14 65 909 195 324 41 39 35 16 229 37 30
*Samples collected befor †Calculated from spread-		

#### Adapted from States et al., 1998



 Reduction of *Lp* positive sites but not eradication (States et al., 1998, Liu et al., 1994).

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	L. pneumophila		Moon Concentration	
Sample	Positive	Mean Concentration	µg/L	
Month	percent	cfu/mL <b>†</b>	Copper	Silver
1994 January* January* February March April May June July August September October November December 1995 January February March April May June July 1996 January	100 100 30 14 9 26 35 30 23 14 4 23 18 9 13 9 13 9 18 5 17 13 9 9	30 57 1 <1 1 2 4 4 1 1 2 5 2 1 1 2 2 1 2 2 1	<100 <100 140 156 91 210 121 372 259 502 711 348 369 155 183 198 183 854 422 121	<1 <1 12 26 3 4 15 50 14 65 909 195 324 41 39 35 16 229 37 30
*Samples collected before a conner-silver insization system was activated				

\*Samples collected before a copper-silver ionization system was activated †Calculated from spread-plate samples

States et al., 1998

- Reduction of *Lp* positive sites but not eradication (States et al., 1998, Liu et al., 1994).
- Reduction of *Lp* positive sites relatively quick (<1 month).</p>

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 Size and complexity of building water systems influences ion concentrations (Liu et al., 1994).



Liu et al., 1994

• Long-term success is difficult to achieve (e.g. years).

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*Lp* resistance to Cu and Ag ions (Rohr et al., 1999).

- Building/municipal water chemistry influences effectiveness (Lin et al., 2002).
  - Effectiveness negatively influenced by high pH (>8.5).



Buildings have seen reduction in Lp positive sites at various levels of Cu and Ag.

Cu (ppm)	Ag (ppm)	Result	Study
0.14	0.012	Reduction in <i>Lp</i> positive sites	States et al., 1998
0.4	0.04	Reduction in <i>Lp</i> positive sites	Liu et al., 1994
0.2	0.006	$3.8 \log_{10}$ but decreased over time	Rohr et al., 1999
0.27	0.03	Saw no reduction in <i>Lp</i>	Lin et al., 2002
0.36	0.033	Reduction in <i>Lp</i> positive sites	Walraven et al., 2016

\*Mean or median ion values reported.

Electrolytic production of ions.

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 Cu and Ag levels are not reported but success of CSI is, often as the reduction in Lp positive sites (Mietzner et al., 1997, Stout et al., 2003).

#### Individual effects of Cu and Ag

- Both Cu and Ag are independently effective against Lp
- Cu is faster (hours vs days)

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Deionized water buffered to pH 7 and Cu/Ag salts



#### **Combined effects of Cu and Ag**

#### Additive and synergistic effects have been observed

• 0.02 ppm Cu, 0.02 ppm Ag  $\rightarrow$  additive

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• 0.02 ppm Cu, 0.04 ppm Ag  $\rightarrow$  additive

- 0.04 ppm Cu, 0.02 ppm Ag  $\rightarrow$  synergistic
- 0.04 ppm Cu, 0.04 ppm Ag  $\rightarrow$  synergistic



Lin et al., 1996

#### **Combined effects of Cu and Ag**

- With levels of 0.4 and 0.04 ppm of Cu and Ag, respectively, a 3-log<sub>10</sub> reduction was observed after 24 hours of contact (0 ppm Cl-) (Landeen et 1989).
- Chlorine works synergistically with Cu and Ag ions (panels on right) (Landeen et 1989).
- Test solution: well water

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• Cu and Ag ions produced electrolytically



FIG. 4. Reduction of *L. pneumophila* by exposure to electrolytically generated copper and silver (400 and 40  $\mu$ g/liter) and/or free chlorine (0.4 mg/liter).



FIG. 3. Reduction of *L. pneumophila* by exposure to electrolytically generated copper and silver (400 and 40  $\mu$ g/liter) and various concentrations of free chlorine.

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# Strengths and weaknesses of CSI

#### Strengths

- Not influenced by temperature.
- No harmful DBPs.
- Relatively affordable.
- Easy installation.
- Quick and effective in some studies.
- Effective against other bacteria.

#### Weaknesses

- Less effective at higher pH.
- Possible corrosion.
- Can form complexes (and hence reduces effectiveness).
- Control of electrolytically-produced ion levels is difficult.
- Lp resistance to Cu and Ag ions has been suggested.
- Aesthetic problems (color, taste, odor, staining).
- Scale build-up.
- Monitoring ion levels in real-time is difficult.

#### Current knowledge gaps

 In case studies, electrolytically-produced Cu and Ag levels fluctuate making it difficult to isolate what Cu and Ag levels are effective.

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- Cu and Ag ions have rarely been evaluated alone (i.e. they are always evaluated in conjunction with one another).
- For lab studies, test solutions are inconsistent across studies making results comparisons of needed Cu and Ag ions difficult.
- Little is known regarding how other water chemistry parameters influence the effectiveness of Cu ang Ag ions.
- Variability across *Lp* serogroups in response to Cu ang Ag ions?



#### **Research question**

- What individual concentrations of Cu and Ag are required for *Lp* inactivation?
  - Isolate the effects of Cu and Ag on the inactivation of *Lp*.
  - Test different Lp strains and serogroups.

#### Longer-term goals:

- Scaling these bench-scale experiments up to a pilot study in drinking water test loop.
  - Applying optimized Cu and Ag concentrations to control L. pneumophila.
- Characterize the effects of the Cu and Ag ions on various drinking water quality parameters.
  - pH, chlorine, and phosphate.

#### **Experimental conditions**

- Test strain: *L. pneumophila* sg-1 strain
  - Drinking water isolate
- Test media: "DIC10" buffer

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- → 10 mg/L inorganic carbon, pH 8, filtersterilized
- Ion solutions filtered at 0.22 um to obtain total and dissolved concentrations
  - Start and end ion concentrations via ICP analysis
- 22°C
- Timepoints: 0, 2, 5, and 24 hours



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Neutralizer: combination of 14% sodium thiosulfate and 10% sodium thioglycolate (Landeen 1989)

lon	Target Concentration	Actual Concentration
Cu	0.1 ppm	0.097 ppm
Ag	0.01 ppm	0.009 ppm

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Timepoint (h)

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0.009 ppm

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Ag

0.01 ppm

#### From this experiment:

- Toxicity of neutralizer?
  - Previous work has not shown a neutralizer control.
- Ion levels too low to see inactivation within 24 hours



#### **Results – Holding Experiment**

• Two timepoints: 0 and 48 h

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- Combination of sodium thiosulfate and sodium thioglycolate is toxic.
- No toxic effects when used independently.
- → Sodium thiosulfate as neutralizer.





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Neutralizer: 10% sodium thiosulfate

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#### **Results – Experiment II**



Neutralizer: 10% sodium thiosulfate









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#### **Summary of results**

- Successfully achieved and maintained target concentrations of Cu and Ag.
- Cu and Ag successfully inactivated Lp after 5 hours (green and red lines).
- Sodium thiosulfate successfully neutralized Cu and Ag ions (blue and yellow lines).
- Sodium thiosulfate did not negatively impact Lp (purple line).



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# What's next for this research?

- Evaluate earlier timepoints.
- Evaluate different independent concentrations of Cu and Ag.
- Look at combined effects of Cu and Ag at various concentrations and and synergistic effects with different disinfectants, e.g. chlorine, monochloramine.
- Evaluate the effects of Cu and Ag on different *Legionella pneumophila* strains and serogroups.

- Pilot study using Cu and Ag in a drinking water test loop.
- Biofilm-associated Lp

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#### THANK YOU

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L. pneumophila sg1 drinking water isolate grown on BCYE agar plates



Agar art courtesy of Helen Buse

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