Estimating the Independent Effects of Multiple Pollutants in the Presence of Measurement Error: An Application of a Measurement-Error–Resistant Technique

Ariana Zeka and Joel Schwartz

Exposure, Epidemiology, and Risk Program, Environmental Health Department, Harvard School of Public Health, Boston, Massachusetts, USA

Misclassification of exposure usually leads to biased estimates of exposure-response associations. This is particularly an issue in cases with multiple correlated exposures, where the direction of bias is uncertain. It is necessary to address this problem when considering associations with important public health implications such as the one between mortality and air pollution, because biased exposure effects can result in biased risk assessments. The National Morbidity and Mortality Air Pollution Study (NMMAPS) recently reported results from an assessment of multiple pollutants and daily mortality in 90 U.S. cities. That study assessed the independent associations of the selected pollutants with daily mortality in two-pollutant models. Excess mortality was associated with particulate matter of aerodynamic diameter ≤ 10 µm/m³ (PM₁₀), but not with other pollutants, in these two pollutant models. The extent of bias due to measurement error in these reported results is unclear. Schwartz and Coull recently proposed a method that deals with multiple exposures and, under certain conditions, is resistant to measurement error. We applied this method to reanalyze the data from NMMAPS. For PM₁₀, we found results similar to those reported previously from NMMAPS (0.24% increase in deaths per 10-µg/m³ increase in PM₁₀). In addition, we report an important effect of carbon monoxide that had not been observed previously. Key words: air pollution, carbon monoxide, daily mortality, measurement error, particulate matter. Environ Health Perspect 112:1686-1690 (2004). doi:10.1289/ehp.7286 available via http://dx.doi.org/ [Online 7 September 2004]

Growing evidence from published studies has shown increased all-cause and specific-cause mortality from short-term exposures to air pollution (Fairley 1999; Katsouyanni et al. 1997; Pope at al. 1995; Schwartz 1993; Schwartz and Dockery 1992). An important piece of that evidence comes from the National Mortality and Morbidity Air Pollution Study (NMMAPS) conducted across 90 U.S. cities (Dominici et al. 2000a; Samet et al. 2000a, 2000b, 2000c). Recent updates of this study reported excess mortality in association with exposures to particulate matter of aerodynamic diameter \leq 10 µm (PM₁₀), whereas no independent associations with gaseous pollutants were observed (Dominici et al. 2002, 2003). In these previous studies, effects of pollutants were examined using two- and multiple-pollutant models.

From the public health perspective, when considering the evidence of a positive association between air pollution and mortality, it is important to determine whether such an effect is biased due to exposure misclassification and, if so, to correct for that bias.

The magnitude and direction of uncertainty in the observed effects of air pollution due to exposure measurement error have been argued by several investigators to be limitations in making causal inference for the link between air pollution and health outcomes (Lipfert and Wyzga 1997, 1999). In a single-pollutant model, exposure measurement error, due to the nondifferential misclassification,

will underestimate the "true" effects of exposure—response associations (bias toward the null). Because of this, risk assessments based on the findings of observational epidemiologic studies may underestimate the benefits of reducing exposures. This is particularly true for air pollution studies, which, unlike cancer risk assessment, rely on maximum likelihood estimates of risk coefficients and not on upper confidence estimates.

The situation is more complex in the case of multiple correlated pollutants. Here, the measurement error in one pollutant will tend to bias the risk coefficient of that pollutant toward the null. However, measurement error in the second pollutant will contribute some bias to the coefficient of the first pollutant. The direction of the bias will depend on the sign of the correlation between the pollutants. In rare cases, when the correlation is high between the two pollutants and the measurement error in the second is large, this can produce an upward bias in the risk coefficient of the first pollutant. This may lead to an overestimation of exposure effects of the better measured pollutant (bias away from the null) (Schwartz 2000; Zeger et al. 2000). In the context of studies of air pollution, the upward bias has been cited as one reason for the positive associations between air pollutants and health outcomes (Lipfert and Wyuzga 1997, 1999). In recent analysis of this issue, Zeger et al. (2000) demonstrated that in the case of two pollutants measured

with error, the correlation between the two pollutants, the variances of measurement errors of these two pollutants, and the correlation between the two errors would predict the magnitude and direction of bias. The study showed that even with hypothetically large differences in the four parameters, upward bias was unlikely (Zeger et al. 2000). Schwartz and Coull (2003) reported a similar finding in a simulation study, where under certain assumptions such as high correlation between the pollutants and their errors (> 0.95) and/or large difference in the error variances, upward bias was not likely to occur.

Why is there measurement error in air pollution studies? A recent development in air pollution epidemiology, called time-series design, is based on series of air pollution concentrations and health outcomes (events) over a certain period of observation (which may be months or years). Through this, one can estimate the average number of events that occur with changes in air pollution concentrations. The unit of analysis is the day, and the outcome data are the counts of events (mortality, or other health outcomes). Exposure data are usually ambient concentrations of different air pollutants measured continuously (hourly or daily) from fixed-site monitoring stations. However, monitored ambient concentrations of air pollutants are not representative of personal exposures, which are important when evaluating the relation of exposure and health outcome at the individual level. Unfortunately, in time-series studies of air pollution, there are no available calibration data (routinely measured series of personal exposure data) on which to base a measurement error correction. Dominici et al. (2000b) described a method to

Address correspondence to A. Zeka, Exposure, Epidemiology, and Risk Program, Environmental Health Department, Harvard School of Public Health, 401 Park Dr., Suite 415 W, P.O. Box 15698, Boston, MA 02215 USA. Telephone: (617) 998-1001. Fax: (617) 384-8745. E-mail: azeka@hsph.harvard.edu

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estimate a correction factor, using information on ambient and personal exposures in several cities in the United States, addressing only one pollutant (PM₁₀). However, the applicability of that approach to the population-based time series is difficult because a more complex scenario of multiple air pollutants is generally present and usually information on only ambient exposures is available.

In recent reports, Schwartz and Coull (Schwartz 2000; Schwartz and Coull 2003) have developed an approach that uses hierarchical modeling to assess exposure-health outcome associations, which is resistant to exposure measurement error. The method is useful in studies with multiple exposures, such as air pollution time-series studies, and can provide biascorrected estimates for the multiple exposures in the presence of measurement error. In the present study, we had two goals. First, to validate recent findings in air pollution epidemiology, we applied this approach to examine the independent effects of PM₁₀ and several gaseous air pollutants on daily deaths, using recent data and results from NMMAPS. Second, we demonstrated the method with the intention to make it compelling to other researchers as a useful tool in assessing causal relationships.

Materials and Methods

The NMMAPS study analyzed the association between air pollution and daily deaths in 90 U.S. cities. The cities included essentially the entire urban U.S. population living in counties with regular air pollution monitoring. Data on daily deaths in this study were obtained from records of the National Center for Health Statistics (Hyattsville, MD), and air monitoring data were obtained from the U.S. Environmental Protection Agency (Washington, DC), for the period from 1987 to 1994. This study conducted Poisson regressions, relating the daily death counts as a function of each day to air pollution concentrations on the same day, the previous day, and 2 days before the event, controlling for weather and season. Under such model, a Poisson process is assumed to describe the number of deaths per day, with events following a binomial process with low probability of occurrence. The model had the form $\log[E(Y)] = \alpha + \Sigma \beta_i X_i + \Sigma \beta_k Z_k$, where E(Y)was the expected daily death count, β_i represented the coefficients measuring the effects of *j* pollutants, and β_b represented the coefficients measuring the effects of k predictors (weather, season). The study looked at the effects on daily mortality from ambient concentrations of PM₁₀, sulfur dioxide, nitrogen dioxide, carbon monoxide, and ozone. Further details have been published elsewhere (Dominici et al. 2003; Samet et al. 2000b, 2000c).

The hierarchical model. The approach from Schwartz and Coull (2003) applied to

this study was as follows: If an outcome were linearly associated with two exposures—in our case two pollutants $(X_1 \text{ and } X_2)$ —then we would have a model such as

$$E(Y) = \beta_0 + \beta_1 X_1 + \beta_2 X_2,$$
 [1]

where E(Y) is the expected daily mortality and β_1 and β_2 are the unbiased effects of, respectively, X_1 and X_2 . If X_1 and X_2 were correlated with each other, then we could also fit a model like the following:

$$X_2 = \gamma_0 + \gamma_1 X_1 + e.$$
 [2]

If we now substitute X_2 in Equation 1 with Equation 2, then we would obtain

$$E(Y) = (\beta_0 + \beta_2 \gamma_0) + (\beta_1 + \beta_2 \gamma_1) X_1.$$
 [3]

If we were to regress Y against X_1 alone, then

$$E(Y) = \delta_0 + \delta_1 X_1. \tag{4}$$

And by comparing Equations 3 and 4, we would obtain

$$E(\delta_1) = \beta_1 + \beta_2 \gamma_1.$$
 [5]

Hence, as Equation 5 shows, by regressing the coefficient relating X_1 to mortality (δ_1) against the coefficient relating X_2 to X_1 (γ_1) , we can recover β_2 , the coefficient relating X_2 to mortality. If instead of substituting for X_2 we had substituted for X_1 , then we would similarly have obtained an estimate of β_1 .

The advantage of this method is seen when we consider the impact of measurement error. If X_1 and X_2 are both measured with error, then the coefficients γ_1 and δ_1 in Equations 2 and 4 are both biased; however, that bias depends only on the variance of X_1 and its measurement error, which are the same in both equations and cancel out in Equation 5. This results in the estimate of β_2 in Equation 5 being unbiased. The extension of the approach to models with additional predictors, and Poisson regressions, is provided in Schwartz and Coull (2003).

We applied the hierarchical model to the NMMAPS study to estimate the unbiased independent effects of each of the five pollutants (PM₁₀, SO₂, NO₂, CO, and O₃) on daily mortality. One can think of the application of the hierarchical approach of Schwartz and Coull (2003) as a three-step analysis. As an example, we are presenting each step using two pollutants (e.g., SO₂ and PM₁₀). If we were to estimate the "true" effects of each of the two pollutants on daily mortality, then β_1 (in Equation 1) would represent the unbiased effect of SO₂, and β_2 the unbiased effect of PM₁₀. However, we are unable to estimate β_1 and β_2 directly, due to measurement error in

each pollutant. The three-stage method then comes into play.

In the first stage, daily values of the various air pollutants, in each city, were regressed against each other to obtain regression slopes for each pollutant pair, using least-squares linear regression. In this step, we applied Equation 2, which in our example would take the form $PM_{10} = \gamma_0 + \gamma_1 SO_2 + e$. To enhance comparability with the original NMMAPS results, we obtained the daily air pollution data used by the NMMAPS researchers, so that their cleaning and averaging procedures would be reflected in our analysis. These data have been made publicly available as part of the Internet-based Health and Air Pollution Surveillance System (IHAPSS 2003).

The second stage involved fitting singlepollutant models to the mortality data, in each city, for each of the pollutants being examined (Equation 4). In such case, if estimating the effects of SO₂ on daily mortality, then $E(Y) = \delta_0 + \delta_1 SO_2$. The NMMAPS study already provided results for the singlepollutant models in each city, relating daily death counts to daily concentration of each pollutant (PM₁₀, SO₂, NO₂, CO, and O₃) on the day before (lag 1) the event, using Poisson regression modeling (Dominici et al. 2003; Samet et al. 2000b). Therefore, the slopes relating mortality and each of the air pollutants the day before death, by city, as provided by the NMMAPS, were the coefficients (δ_1) of the second stage of the hierarchical approach.

Finally, the slopes (δ_1) obtained from the second stage were regressed against those (γ_1) obtained from the first stage, across the 90 U.S. cities (Equation 5), using least-squares linear regression. The slope of this final regression is, ideally, an unbiased estimate of β_2 , the effect of PM₁₀ on daily mortality, controlling for the effect of SO₂ and of measurement error.

The method allows one to recover the independent effect of each pollutant, controlling for any other pollutant, using an approach that is, in principle, unbiased by measurement error and that, in simulations, appears to be relatively unbiased under moderate violations of the model assumptions (Schwartz and Coull 2003). Obviously, for this approach to work, the independent variable (γ_1) in Equation 5 must vary across the cities.

In the application of the three-stage analyses, the five pollutants were paired with each other. That is, for each pollutant, four unbiased independent estimates relating that pollutant to daily mortality were obtained, each estimate controlling for the effects of the other four pollutants. One limitation of the hierarchical modeling is loss in precision in these estimates, because the last regression (Equation 5) has only 90 observations. This is reflected in the confidence limits of the estimates. We could

$$\overline{\beta}_j = \frac{\sum_{i=1}^k w_{ji} \beta_{ji}}{\sum_{i=1}^k w_{ii}},$$

where $\overline{\beta}_j$ is the weighted average slope (metaslope) for pollutant j (i.e., PM_{10}) defined over k number slopes (obtained from third-stage regressions), and β_{ji} is the unbiased slope of pollutant j (i.e., PM_{10}) controlling for pollutant i (i.e., SO_2), where i=1 to k. Weights for the slopes were defined as follows:

$$w_{ji} = \frac{1}{v_{ii}},$$

where v_{ji} is the variance of β_{ji} . The variance of β_j is calculated as

$$\overline{\boldsymbol{v}}_j = \sum_{i=1}^k \boldsymbol{v}_{ji}$$
 .

Results

The relationship between pollutant pairs differed across the 90 cities (Table 1). The heterogeneity in the pollutant-pollutant regression slopes (γ_1) among all the cities, as shown in Table 1, assured sufficient variability in the independent variable of the third-stage regression to proceed with the analysis. Power in a linear regression is increased by increasing the variability in the independent variable (γ_1 in this case) and by reducing variability in the residuals. Table 1 indicates that at least the first condition is met. The range of variability in slopes relating PM₁₀ to other pollutants was lower for traffic-related pollutants (CO and NO₂) than for SO₂ or O₃. This likely reflects traffic particles always being a substantial component of PM₁₀, whereas the correlation with SO₂ is more varied because it depends on the sulfur content of fuel. SO2 is poorly correlated with O₃, resulting in a very small mean slope and large range of variation. The range of variation in the slope relating NO2 to SO2 was smaller than for the other pollutants. It is possible that this reflects the importance of diesel emissions for NO₂ concentrations in urban areas. Diesel fuel has much higher sulfur content than does gasoline, and this may contribute to a tighter spread of the association between the two pollutants across cities.

The bias-corrected estimates from the third-stage analysis are presented in Table 2. The results presented are percent increase in daily deaths for a 10-µg/m 3 increase in PM $_{10}$, or a 10-ppb increase in each of the gaseous air pollutants, except CO (100 ppb). For PM $_{10}$, the percent increase in daily mortality ranged from 0.14 to 0.35% (controlling for other pollutants), with an overall estimate of 0.24% [95% confidence interval (CI), 0.05–0.42%]. In contrast, we found small and nonsignificant associations of daily deaths with SO $_2$, NO $_2$, and O $_3$.

We found increased daily mortality in association with CO in the present analyses, with an overall relative excess daily mortality of 0.06% per increments of 100 ppb of CO, estimated with fair precision (95% CI, 0.02–0.10%).

Discussion

The validity of exposure-response associations in epidemiologic studies depends on the precision of exposure measurements (Dominici et al. 2000b; Schwartz and Coull 2003; Zeger et al. 2000). Environmental studies of air pollution often lack precisely measured exposures, which can lead to exposure misclassification and biased estimates of exposure-response associations (Dominici et al. 2000b; Schwartz and Coull 2003; Zeger et al. 2000). Usually, an exposure measured with error will bias the association toward the null. A more complicated problem occurs when two or more exposures are measured with error and are correlated with each other. Zeger et al. (2000) reported that, in such a case, the better measured exposure may, rarely, capture some of the effect of the other exposure, which could bias away from the null. In any event, the extent of downward bias in each pollutant effect still depends on the measurement error in the other exposure. Hence, environmental studies of multiple air pollutants may inherit bias

Table 1. Mean \pm SD of the distribution of pollutant–pollutant regression slopes (γ_1) , and their coefficients of variation (CV), across 90 U.S. cities, for each pollutant pair.

Pollutant-pollutant	regression variables	Pollutant-pollutant regression slopes					
Dependent pollutant	Independent pollutant	Mean ± SD	CV (%)				
PM ₁₀	SO ₂	1.31 ± 1.45	110.3				
	NO_2	0.83 ± 0.64	77.2				
	CO	0.01 ± 0.01	62.7				
	O_3	0.27 ± 0.38	143.6				
SO_2	PM ₁₀	0.09 ± 0.08	87.9				
	NO_2	0.22 ± 0.20	91.6				
	CO	0.003 ± 0.003	92.0				
	O_3	-0.03 ± 0.10	377.6				
NO_2	SO_2	2.64 ± 5.09	192.8				
	PM ₁₀	-0.22 ± 1.83	831.1				
	CO	-0.01 ± 0.08	1030.7				
	O_3	0.19 ± 2.03	1064.6				
CO	SO_2	61.58 ± 74.64	121.2				
	NO_2	34.19 ± 19.39	56.7				
	PM ₁₀	13.73 ± 9.26	67.4				
	O_3	-9.58 ± 9.47	98.8				
O_3	SO_2	136.66 ± 535.82	392.1				
	NO_2	24.76 ± 95.82	387.0				
	CO	-0.59 ± 3.26	550.6				
	PM ₁₀	-63.99 ± 292.61	457.2				

The slopes were obtained from first-stage regressions (Equation 2), pairing each of the five pollutants with the other four (pollutant pairs), for each U.S. city.

Table 2. Percent increase in daily deaths associated with each pollutant, controlling for measurement error in other pollutants, based on data and results from the NMMAPS study, including the period between 1987 and 1994.

	Independent effects of pollutants on daily mortality ^a														
	PM ₁₀			SO ₂			NO ₂		CO		03				
Paired pollutant ^b	R^{2c}	Slope ^d	Te	R^2	Slope	T	R^2	Slope	T	R^2	Slope	T	R^2	Slope	T
PM ₁₀	NA	NA	NA	0.048	1.14	1.77	0.008	0.033	0.69	0.029	0.078	1.56	0.008	0.0003	0.77
SO_2	0.047	0.28	1.73	NA	NA	NA	< 0.001	-0.004	0.06	0.154	0.086	3.25	0.012	-0.0004	0.83
NO_2	0.012	0.16	0.83	0.007	-0.29	0.54	NA	NA	NA	0.007	0.032	0.64	0.024	-0.0019	1.15
CO	0.006	0.14	0.69	0.030	0.65	1.33	0.001	-0.004	0.27	NA	NA	NA	0.045	0.0011	1.87
O_3	0.036	0.35	1.70	0.039	-0.76	1.52	0.007	-0.025	0.63	0.002	-0.018	0.34	NA	NA	NA
Meta-slope ^f	NA	0.24	2.80	NA	0.10	0.34	NA	-0.004	0.27	NA	0.062	3.16	NA	0.0002	0.74

NA. nonapplicable

^aCorrected slopes (effects) removing the effect of each pollutant shown in the first column. ^bThe independent pollutant of first-stage regression. ^cAdjusted R² from regressions of the third stage (see text for details). ^dSlope for PM₁₀ presented as percent increase per 10 µg/m³. Slopes for other pollutants are presented as percent increase per 10 ppb (100 ppb for CO). ^ct-Statistic from regressions of the third stage. ^fMeta-slope of the four alternative estimates.

in both directions and with varying degrees. Underestimating the public health consequences of air pollution exposure can result in suboptimal measures to reduce these health consequences, particularly when cost—benefit or cost-effectiveness analysis is used as part of the decision process. Uncertainties about upward bias in the effect estimates can undermine the credibility of observed associations, raising questions about the appropriateness of proposed air quality standards. Hence, reducing both potential errors can improve environmental health.

Schwartz and Coull (2003) recently described a method that uses hierarchical modeling to deal with confounding and measurement error bias in epidemiologic studies. Their approach yielded an exposure–response estimate that was unbiased under certain assumptions and showed small downward biases when those assumptions were not met—for example, when the measurement errors among the multiple exposures were correlated. Although not entirely eliminated, the bias effect in this case was much less than the one produced by the two-pollutant model under the same circumstances (Schwartz and Coull 2003).

In the present study we applied the method of Schwartz and Coull (2003) to data and results from NMMAPS to estimate the independent effects of air pollutants on daily mortality. The application of this approach to the NMMAPS results was used in the case of two concurrent pollutants, both assumed to be measured with error. The method provided minimally biased independent effect estimates for each pollutant–daily mortality association. The price of this reduced bias was a reduction in precision. However, when we averaged over the results for each different pollutant, important associations appeared for PM_{10} and CO.

Recent results of NMMAPS had shown positive associations between PM_{10} and daily mortality for 90 U.S. cities (Dominici et al. 2003; Samet et al. 2000b, 2000c). The relative increase \pm SE in daily mortality was 0.21 \pm 0.06% per 10-µg/m³ increase of PM_{10} concentration 1 day before the event. The presence of other pollutants in the model did not change this effect (Dominici et al. 2003). Our estimate for this pollutant was slightly greater after reducing measurement error bias (0.24 \pm 0.09% increase in mortality).

The NMMAPS had reported no independent associations between daily mortality and concentration of other air pollutants 1 day before the event, including SO₂, NO₂, CO, and O₃ (Dominici et al. 2003). The findings for gaseous pollutants from that study were based on two- and multiple-pollutant models. For comparison with our results, we report the estimates from this previous study for increments in concentration of 10 ppb. The estimates for SO₂ from the two- and multiple-

pollutant models from the NMMAPS ranged between 0.4 and 0.5% increase in daily mortality. NO₂ showed relative increases in daily mortality from 0.3 to about 0.4%. Relative increase in daily mortality for O₃ varied between 0.08 and 0.2%. Percent increases of 0.02–0.06 in daily mortality were associated with increments of 100 ppb in CO concentrations. None of these reported effects was estimated precisely, which resulted in the summary of the evidence from this previous study of no association between any of the gaseous pollutants and daily mortality (Dominici et al. 2003).

We found the effects for SO₂, controlling for other pollutants, to vary greatly, with an overall estimate of 0.1% increase in daily mortality. For NO₂, we found essentially no effect on daily mortality (estimate = -0.004%). O₃ effects in our study were found to be between two and three orders of magnitude smaller than the observed effects for the same pollutant from the NMMAPS. However, none of these estimates was precise, which made our summary finding for these pollutants qualitatively similar to the one reported from the NMMAPS study.

Unlike in the NMMAPS finding, we observed an association between CO and daily mortality. The estimates, controlling for other pollutants, ranged from –0.02 to 0.09%, with the greater effects being estimated fairly precise. The pooled effect of CO showed a 0.06% increase in mortality with a tight confidence interval (95% CI, 0.02–0.10% per 100 ppb).

One explanation for the different finding for CO in our study, compared with that of NMMAPS, could be related to the high degree of measurement error in this pollutant. There is a possibility that the spatial heterogeneity in ambient concentrations of CO is greater than that of any other air pollutant. This would produce a greater amount of measurement error when monitoring ambient concentrations of CO from a central monitoring site. Whether the greater effect seen using the hierarchical modeling approach reflects a true association with CO per se, or whether CO is a surrogate for traffic particles or some other component of vehicular exhaust (Sarnat et al. 2001), is not clear. Nevertheless, the results for CO indicate the potential use of the approach and suggest that attention should be focused on CO or on traffic pollution. The similar results of this study with those of NMMAPS for PM₁₀ were

Several limitations in the application of the Schwartz and Coull (2003) approach must be acknowledged. First, because the third-stage regression had only 90 observations, the power of the method was reduced. The power depends in part on the R^2 values of the third-stage models. In our case, these were low (Table 2), forcing us to apply meta-analysis as an ad hoc

approach to improve power. In other applications, R^2 may be larger, and this approach may be unnecessary. We are currently developing a multivariate version of the approach that is less ad hoc in improving power, by using multiple predictors at the last-stage regression.

Second, we did not have season-specific regression coefficients relating air pollution to mortality in the NMMAPS. The use of this approach with season-specific relationships offers increased power because of the increased number of risk coefficients by pollutant, and also because the relationship between many pollutants varies seasonally. We expect these to be available from NMMAPS in the future.

Third, in the present analyses we assumed that the concentration–response relation between air pollution and daily deaths is linear. This question has been subject to a number of investigations using splines and smoothing in single-city studies and combining splines or smooth curves in multicity studies (Schwartz and Zanobetti 2000; Schwartz et al. 2002). At least for PM₁₀, linear associations were seen in concentration ranges similar to those of the present study.

Finally, our model implies that each pollutant, as measured at a central site in each city, is a surrogate for exposure to the same pollutant. However, Sarnat et al. (2001) have proposed recently that ambient concentrations of gaseous air pollutants may be serving as surrogates not for exposure to those gases but for exposure to particles or particles from particular sources. For example, in Baltimore, CO was a good surrogate for exposure to particles from traffic (Sarnat et al. 2001). This suggests that there must be caution in interpreting the present results for CO. We think that personal exposure studies of intermediate outcomes may be necessary to resolve the question.

Despite these limitations, the approach of Schwartz and Coull (2003) is useful to studies of air pollution and mortality. In our study, it provided evidence of a slightly greater effect of PM₁₀ than that reported previously by NMMAPS, when controlling for measurement error in other pollutants, and suggested that greater attention be paid to CO and possibly traffic pollution.

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