Planning Sustainable Land-Use: The Experience of Stella, Missouri

Institutionalizing Sustainability Assessment 26 June 2009 1700hours

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Sustainable Sstainable

WILL draw down natural accounts

forests habitat productivity soil depl. erosion runoff

Precentro, EthnoGraphics®

"...accumulated debt...must someday be paid off" (Waclermagel & Rees, 1995)





"...economic development that meets the needs of the present generation without compromising the ability of future generations to meet their own needs." (WCED 1987)



"...development that improves the quality of human life while living within the capacity of supporting ecosystems." IUCN (1991) (Bell and Morse 1998)

"...development that delivers basic environmental, social, and economic services to all without threatening the viability of the natural, built, and social systems upon which these services depend" (ICLEI 1993a) in (Brugmann 1996)

"...economic development to be compatible with constraints set by the natural environment..." (Novartis 2002)

"...maximizing the net benefits of economic development, subject to maintaining the services and quality of natural resources over time." Pearce and Turner (1990) (Bell and Morse 1998)



"...improving the quality of human life while living within the carrying capacity of supporting ecosystems."

(Farrell and Hart 1998)



Systems that human life did not create and can not manage.

CONTEXT



Premise: Natural systems did and would manage without us.

CONTEXT

TION



Hypothesis: Natural systems would manage with us AS-LONG-AS essential attributes of NS remain intact.

CONTEXT



a question of function



a question of value

SUSTAINABILITY CONTEXT

A. Humanity needs goods and services provided by nature

makes us dependent upon intact natural systems





...physical form of socio-physical env. is conditional upon B.

incl. reversion

"...In the end, sustainable development is not a fixed state of harmony, but rather <u>a process of change</u> in which the exploitation of resources, the direction of investments, the orientation of technological development, and institutional change are made consistent with future as well as present needs." (WCED 1987)

Challenge:

How to <u>initiate a process of change (plan)</u> that: exploits resources; invests; develops technologies and institutions consistent with future and present needs?





future and present needs - from the community

RI

- 1. Clean, well-kept community
- 2. Deeply rooted sense of place
- 3. Historical character
- 4. Historic preservation
- 5. Natural history preservation
- 6. Small "country" atmosphere
- 7. Rural setting
- 8. Landscape welcoming look
- 9. Natural beauty
- 10. Indian Creek
- 11. Open space
- 12. Wildlife habitat
- 13. Vegetation
- 14. Not crowded
- 15. No suburban sprawl
- 16. Quiet
- 17. Friendly
- 18. Low population
- 19. Low traffic
- 20. Walkable community
- 21. Clean air without odors
- 22. Clean water
- 23. Vegetation minimal paved areas
- 24. Viewable stars
- 25. Security
- 26. Safe from stray dogs
- 27. Slow pace
- 28. Embracing people from outside
- 29. Embracing people within the community
- 30. Places high value on family
- 31. Flag flying
- 32. Embrace change
- 33. Services
- 34. Health
- 35. Day-care
- 36. Public facilities
- 37. Good schools
- 38. Churches
- 39. Historical society
- 40. Human resources
- 41. Recreation
- 42. Areas for play

- 43. Dancing
- 44. Infrastructures
- 45. Water
- 46. Sewer
- 47. Electric energy
- 48. Telephone, internet, tv
- 49. Security
- 50. Safe from stray dogs
- 51. Slow pa<u>ce</u>
- 52. Embracing people from outside
- 53. Embracing people within the community
- 54. Places high value on family
- 55. Flag flying
- 56. Embrace change
- 57. Health services
- 58. Day-care
- 59. Public facilities
- 60. Good schools
- 61. Churches
- 62. Historical society
- 63. Human resources
- 64. Recreation
- 65. Areas for play
- 66. Dancing
- 67. Infrastructures
- 68. Water
- 69. Sewer
- 70. Electric energy
- 71. Telephone, internet, tv
- 72. Trash collection
- 73. Local businesses
- 74. Retail
- 75. General store
- 76. Gasoline station
- 77. Grocery store
- 78. Restaurant/café
- 79. Institutions
- 80. School as vital part of community
- 31. Library/learning_center
- 82. City council
- 83. Regulations

- 84. Police
- 35. T<u>own hall</u>
- 86. Opportunities
- 87. Social activities
- 88. Networking
- 89. Chance meetings
- 90. Know your neighbors
- 91. Church family
- 92. Community fellowship
- 93. Show off and appreciate good cooks.

Education and mental stimulation

- 94. Scout meetings/activities
- 95. Growth
- 96. Population growth
- 7. Work/jobs
- 98. Economic expansion
- 99. Family and social ties

Housing variety

Business

104.

105.

106.

107.

108.

110.

111.

112.

B.

Recreation

Areas to fish

Nature viewing

Swimming hole

Baseball field

Parks

Kids play spaces

Dances for youth

and youth

A. Community feel

Clean town

C. Local amenities

D. Safe environment

Youth activities

Outdoor music venue

School-town connection

Walk in the woods

A process of change

- meets future, present needs

- intact natural systems
- intact social systems
- intact economic systems

PRODUCTIVITY Criteria

1. Productive biomass of any land area is nearnatural.

2. Native plants predominate the ecosystem

3. Growing trees and plants bring nutrients from deep soils to surface and decompose.

4. Native wetlands remain intact.

5. Water chemistry remains near natural.

PRODICTIVIT

1. Locate and protect remnants of true native landscapes.

2. Maintain existing forest canopy.

3. Replant forest in native species wherever possible.

4. Eliminate non-native plant species and replace with native species.

5. Avoid monoculture agriculture – mix crops whenever possible.

6. Retain/restore/maintain native pollinator insects.

7. Re-vegetate disturbed land as quickly as possible.

8. Isolate decorative non-native planting from native landscaping.

9. Restore native grassland clearings in forests.

10. Conduct controlled burns to mimic natural disturbance, allow natural successions of plants.

12. Anticipate and plan for inevitable flooding of Indian Creek and Edmondson Hollow.

13. Restore historic flows to Indian Creek.

BIODIVERSITY Criteria

6. Genetic diversity exists.

7. Native and non-native species are isolated from each other.

8. Fragments of truly native environments remain intact.

9. Natural disturbance regimes exist or are simulated.

10. Distribution of redundant species is maintained across multiple time/space scales.

11. Habitats exist to meet needs of native populations.

12. Habitats are renewed with clean water.

13. Native spawning, birthing, and hatching sites exist.

14. Migratory routes are open and seasonal habitats are accessible/available.

15. Habitats exist beyond range of stochastic events.

16. Connectivity between habitats is redundant.

17. Unique environments remain intact.

Responses

and the second

1. Keep 200m wide riparian corridor obstruction free and free of invasive species.

2. Add 200m wide connectivity along drainage between riparian corridors.

3. Restore continuity to tree canopy within riparian structed corridor and to connectivity (see no. 2 above).

4. Constructed wetlands between lagoons and discharge to Indian Creek, to clean water and available to waterbirds, fish, vegetation.

5. Building-free floodplain.

6. Large boulders across creek to create continuous set of pools for fish and water oxidation.

7. Stream bank restoration,

install: a) rootwad revetments; b) imbricated rip-rap; c) boulder revetments; d) lunkers; e) ajacks; and f) vegetative stabilization.

8. Larger dead trees stand as roosts for Eagles.

200m wide Riparian Corridor

> Existing Wastewater Lagoons

Intact Forest -Unbuildable Hillside

> 200m wide Conngctivity Corrido

SOILS Criteria

18. Soil minerals are renewed.

19. Adequate moisture exists to make nutrients soluble.

20. Soil chemistry and ph sustain native soil bacteria, microorganisms, and plants.

21. Organic natural wastes are abundant.

1. Minimize area of land disturbance during development.

2. Use no-till farming practices.

3. Restore stream banks (see BIODIVERSITY).

4. Reduce erosion by slowing velocity of surface flows, maintaining vegetation along stream banks, eliminating livestock from riparian corridors.

5. Use compost from anaerobic landfill to restore vitality to soils. Eliminate chemical fertilizers, pesticides, and herbicides.

6. Use renewable energy – so there are no particulates, heavy metals from mining, sulfur from mining and petroleum, or acid rain.

WATER Criteria

22. Ground water recharge \geq withdrawals.

23. Surface water recharge \geq all combined water uses.

24. Wetlands exist to purify water.

25. Avenues for groundwater recharge are clean.

26. Air and water must be clean enough for autotrophs to live.

27. Water quality and speed of surface flows meet historic cycles, durations, and intensities.

28. Soil compaction, impermeability, and cover do not increase runoff above nearnatural levels.

29. Trees/plants break the force of falling rain and loosen soils to allow absorption and slow runoff.

WATER

1. Retain infiltration by: a) reduce street paving width to 22 feet; b) use of turf-block for driveways; c) houses with greater floor area/roof ratio.

2. Install wet ponds for stormwater retention and water quality improvement.

3. Install dry ponds for stormwater surges from residential areas.

4. Install bio-retention planting between parking lot bays.

5. Install rain gardens on residential sites and landscaping on commercial sites.

6. Restore water quality to Indian Creek.

7. Restore public access to natural spring sites.

8. Install constructed wetlands to purify discharge water.

9. Promote best management practices in agricultural areas.

10. Use gray-water for irrigation.



AIR/ATMOSPHERE Criteria

30. Sufficient forests exist to generate Hydroxyl radicals to process pollutant levels in the atmosphere.

31. New deciduous forests and crops exist in higher latitutes and old forests exist to consume CO₂.

AIR/APMOS PHE Responses

1.Reduce generated pollutants by using renewable energy, lower need for transport.

2. Retain and restore forest canopy.

3. Use compact development to reduce the need for forest encroachment.

4.Increase forest connectivity and decrease forest fragmentation.

ENERGY Criteria

32. Forests exist in sufficient contiguous sizes to translate and moderate energy influx.

NERGY Responses

1.Retain and restore forest canopy.

2. Use compact development to reduce the need for forest encroachment.

3.Increase forest connectivity and decrease forest fragmentation.

4.Use energy that comes from renewable sources – so there are no emissions.

5.Reduce the need for air conditioning by: highly insulated buildings, deep porches, roof overhangs, deciduous shade on East, South, and West sides of buildings, add shade pergolas to public spaces.

6.Create walkable community with low reliance upon automobiles.

7.Minimize outdoor lighting during evenings and eliminate through most of the night to reduce light pollution and increase visibility of night sky.

Note: Energy Consumption is addressed under economic criteria.

SOCIAL Criteria

33. A history and progression of how people faced problems is evident and transparent.

34. Places that provoke spiritual feelings remain intact.

35. Plant and animal taxonomy is documented.

36. People are able to freely interact and share ideas, labor, and resources.

37. Individuals have a voice in matters that affect them.

38. Risks to human life/health are known.

39. Human life is isolated from stochastic events.

40. Institutions exist to serve collective society.

41. Health risks are monitored and potential risks are made public.

SOCIAL Responses

No buildings in floodplain

 Well-defined neighborhoods
Honor historic town
New neighborhoods on NS-EW axis for solar access
Forested backdrop to SW

5. Forested backdrop to 5 w 6. Windbreak forest <u>at N</u>

7. Ranch development planned to retain contiguous open range.

SOCIAL Responses (continued)

8. Central activity space with attractive people-spaces.

9. Integrate school-community

10. Enable school to evolve and develop to meet educational needs.

11. Narrow streets to reduce paving and runoff.

12. Grid block pattern to provide multiple routes through town.

13. Walkable community – short distances, multiple routes, sidewalks, shade.

14. Well-defined urban boundary within existing agricultural landscape.

15. Retain character of the agricultural landscape.

16. Use landscaping to screen large buildings. **15**

10.8

5

Normal walking speed ~ 3.6 km/h (2.24mph) ~ 15min per ¹/₂ mile Brisk walking speed ~ 5.6-8.9km/h (3.5-5.5mph) ~ 5.5-8.6min per ¹/₂ mile

12

SOCIAL Responses (continued)

17. Congregate commercial, institutional, and public activities in one





SOGIAL Residence

(continued)

21. Housing variety to meet different individual/family needs.

22. Houses around auto-courts to reduce infrastructure, maintenance, retain open space, and create close-knit neighbors.

23. Infill development within old town.

24. New parts of town on NS-EW axis for solar access.

25. Heavily insulated –deep eave buildings to reduce heating/cooling loads.

26. Landscape to shelter from summer sun and winter winds.

27. Approximate density of 12 dwelling units per acre.

28. Housing at perimeter of block leaving open and secure green space for children play and neighbor gatherings.



SOCIAL Responses (com

29. Gateway Gardens (see other) 30. Dogwood trees (see other)

31. Restore Architectural Heritage of

Stella: a) lapboard siding; b) white color; c) deep porches; d) gable roofs & variations; e) double-hung/4 pane windows; f) gabled dormers with windows cutting through eaves; g) approx 12" overhangs; h) native stone or concrete block stone foundation; i) without decoration and minimal mouldings; and j) wooden posts with chamfered corners.

32. Rebuild and maintain Lentz-Carter building, post office building, and churches. Obtain 'Nistoric Landmark' status for applicable buildings.

33. <u>Develop places where people want to be.</u>

34. Provide activities.



The former home of Dr. Dan Cullers, one of the hospital's first doctors. Cullers, his will Ida, and sons Cecil and Noah were Stella residents for many years. Current photo/Nin



SOCIAL Responses (cont

35. Green necklace to honor and delimit the old town of Stella.

36. Forested hillside backdrop for town.

37. View corridors through the trees to experience Indian Creek.

38. Widening of Indian Creek at the core area and at the park as a water feature for the town and backdrop for the core area.

SOCIAL Response

39. Retain urban development within 'blue-line' = Retain agricultural economy and character, and a greenbelt for the town.







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ECONOMIC Criteria

42. Materials are efficiently used and reused as much as possible.

A STATE

43. Waste is attenuated by environmental processes.

44. Resource use is linked with investment in resource renewal.

45. Qualitative community resources are improved.

46. Net economic effects > costs incurred to natural systems.

47. Net economic effects > costs incurred to social systems.

48. Consumption of natural resources is counted as a cost.

49. All costs are calculated before being incurred.

50. Financial resources are sufficient to maintain community infrastructures, institutions, and services.

ECONOMIC Respon

1. Keep money in the community for as long as possible.

2. Citizen co-ops contract with local farmers to grow food and supply farmers market.

3. School is enabled to develop to its maximum potential.

4. Expand manufacturing space.

5. Golf course provides local activity and attracts golfers to town.

6. Golf clubhouse doubles as local restaurant, venue for receptions/parties.

7. Restored Lentz-Carter building 5 provides, café, laundry, stores, commercial space, and gasoline station

8. Central-cohesive shopping area.

9. Business/professional/medical and residential building to replace Cardwell Hospital.

10. Local services: machine and auto parts/repair.

11. Local energy production.

12. Bed and Breakfast(s)

13. Value added to home sites.

14. Activities provide opportunities to spend locally.

ECONOMIC Response (continued)

1. New neighborhoods on NS-EW axis to enable passive solar collection.

2. Well insulated existing and new homes and buildings.

3. Solar collection panels on large buildings.

4. Greenhouse horticulture.

5. Wind turbine farm for generating electricity.

6. Winter wind breaks on north side of town and buildings.

7. Walkable community plan to minimize the need to drive.

8. Solar lighting for all signage and exterior lighting.

9. Recycling

10. Anaerobic compost landfill.

11. Local food production



11

2

ACTIVITIES

1. Park.

- 2. Baseball/Softball field.
- 3. Football/Soccer fields
- 4. Skateboard park.
- 5. Disk/'birdie-ball' golf.
- 6. Walking
- 7. Bicycling
- 8. Equestrian riding
- 9. Fishing and hunting
- 10. Sledding
- 11. Golf
- 12. Monitored, protected outdoor play spaces.
- 13. Neighborhood gathering
- 14. Outdoor theater for concerts, plays, movies.
- 15. Parades
- 16. School-related activities
- 17. Historic society
- 18. Library
- 19. Swimming hole
- 20. Bird watching
- 21. Star gazing



1. Extensive trail network predominantly protected with tree cover.

2. Multiple access points.

3. Provide access to natural springs as destination sites and place for refreshment.

4 Provide for hunting in forests and grasslands away from trails.

























Lessons

- 1. Protect/Sustain = BUILDING COMMUNITY
- 2. Greatest resource is PEOPLE
- 3. Sustainability is A PROCESS OF CHANGE achieved daily and spanning decades
- 4. Imperative to create 'PLACE'
- MEASURE of planning responses is community's ability to: (a) meet human needs; (b) endure over time; and (c) evolve in place

Thank you!

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